



OFFENSIVE LINEMEN - EVALUATION



MUSTS:

**TOUGH
SMART**

**ATHLETIC ENOUGH
GOOD QUICKNESS**

FIND OUT:

1. LEVEL OF DRIVE TO BE HIS BEST.
2. NEVER MISSES PRACTICE.
3. IS THIS SOMETHING HE DOES, OR DOES HE ATTACK IT?
4. DOES HE LOVE TO TRAIN & WANTS TO MEET WITH THE STRENGTH COACH?
5. WHAT IS IMPORTANT TO HIM?
 - THE NUMBER OF OFFERS/PUBLICITY
 - FINDING THE BEST SCHOOL – ACADEMICS & FOOTBALL
6. HAS HE HAD TO OVERCOME ANY ADVERSITY?
7. DO HIS PARENTS PUSH HIM OR MAKE EXCUSES?

FILM:

PHYSICAL

DO YOU SEE HIM HIT WHEN HE HAS THE OPPORTUNITY, OR DOES HE FIT INTO CONTACT? IS HE A HITTER?

ATHLETIC

WHEN HE RUNS, DOES HE LOOK ATHLETIC? CANNOT BE STIFF/SLOW. SEE HIM STAY ON A BLOCK & FINISH. STAYS OFF THE GROUND.

QUICKNESS

MOVEMENT OUT OF STANCE – DOES HE GET THERE? CAN HE GET IN FRONT?

LEVERAGE

SEE HIM GET PADS LOWER THAN THE DEFENDER'S AND USE THEM. MUST BEND HIS KNEES.

HANDS

DOES HE HAVE AN IDEA ON HOW TO GET HIS HANDS INSIDE?

ASK COACH:

1- POOR | 2 – BELOW AVERAGE | 3 – AVERAGE | 4 – ABOVE AVERAGE | 5 - EXCELLENT

1. COACHABLE: _____

2. TOUGHNESS: _____

3. TEAMMATE: _____