

# Iowa Hawkeyes Offensive Actions

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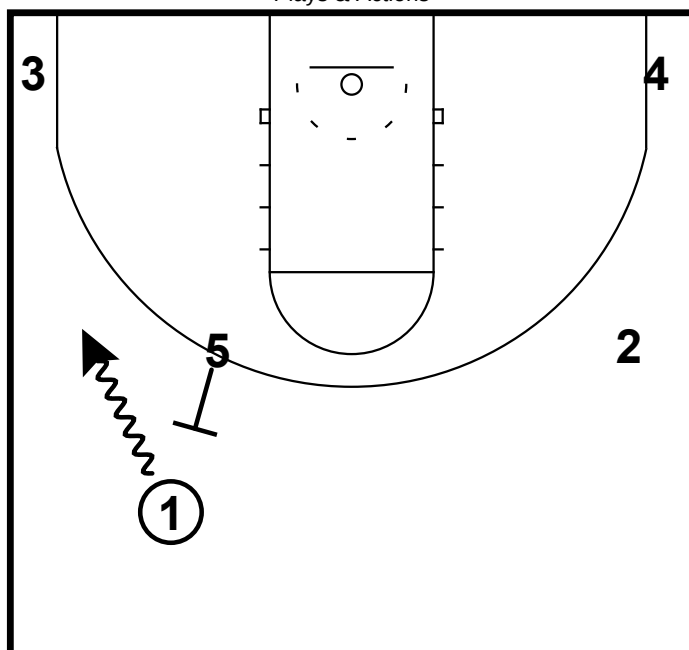
|      |                                                    |    |
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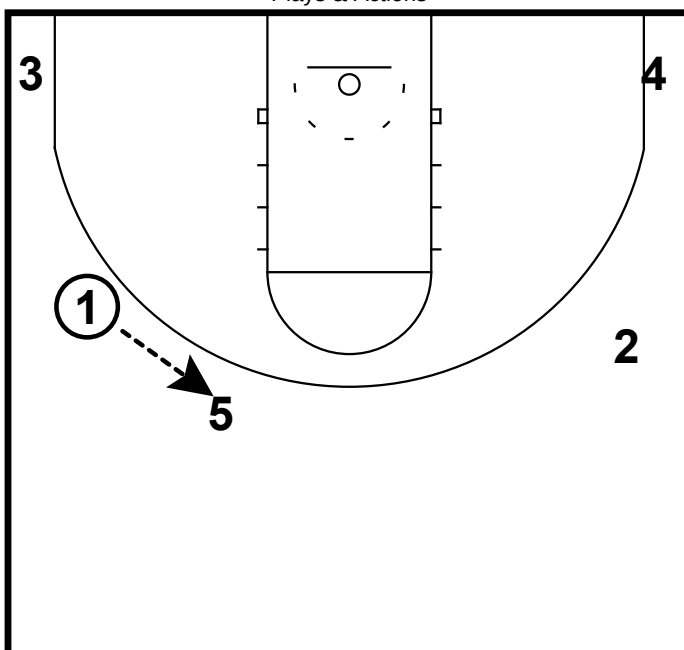
# Plays & Actions

Blood Action(short roll) 1  
Plays & Actions



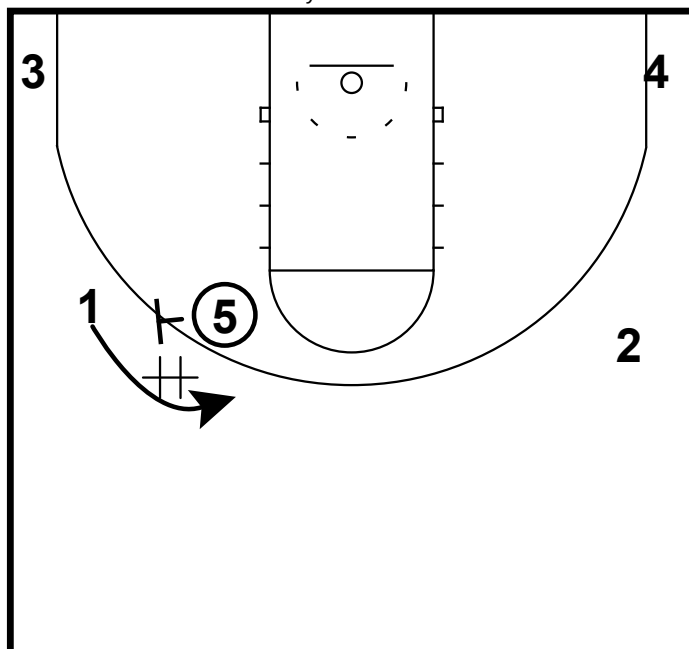
1. 5 sets touch screen for 1.

Blood Action(short roll) 1  
Plays & Actions



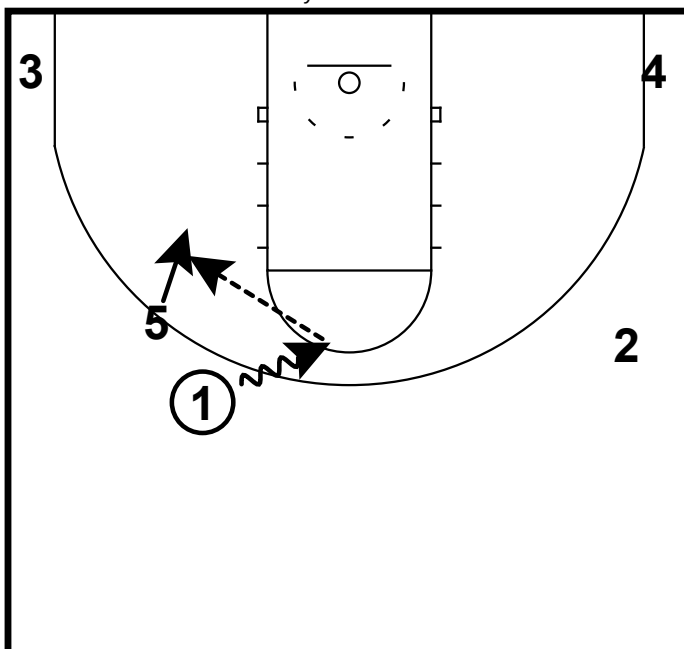
1.1 hits 5 on a pop.

Blood Action(short roll) 1  
Plays & Actions



1.1 chases for handoff  
2. 5 flips and sets ball screen.

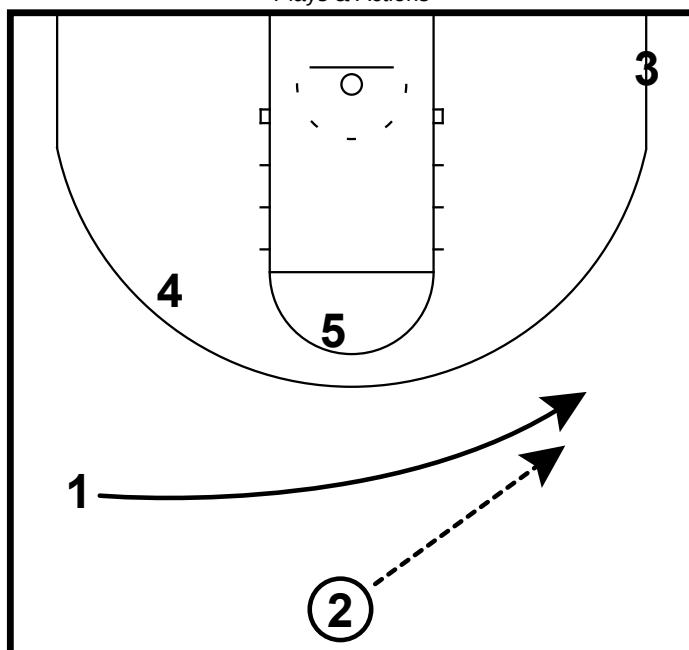
Blood Action(short roll) 1  
Plays & Actions



1. 5 short rolls  
2. 1 hits 5 on short roll

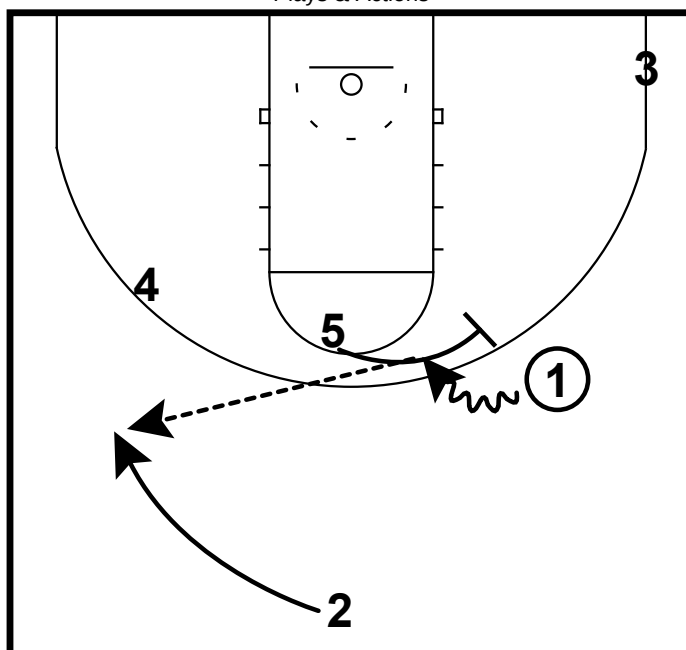
# Plays & Actions

Blood Action (Short Roll) 2  
Plays & Actions



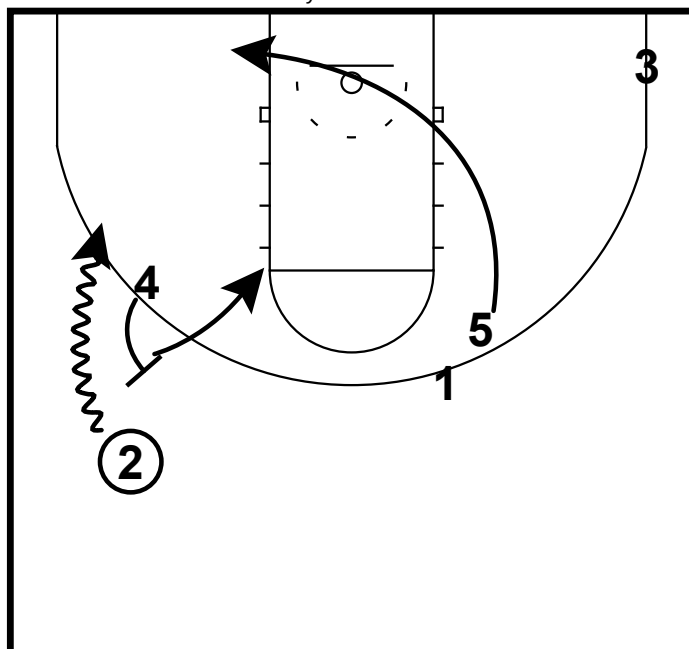
1. 2 enters to 1 on right slot
2. 5 sets inside ball screen.
3. 2 spaces out to left slot area

Blood Action (Short Roll) 2  
Plays & Actions



1. 1 uses ball screen and passes to 2.

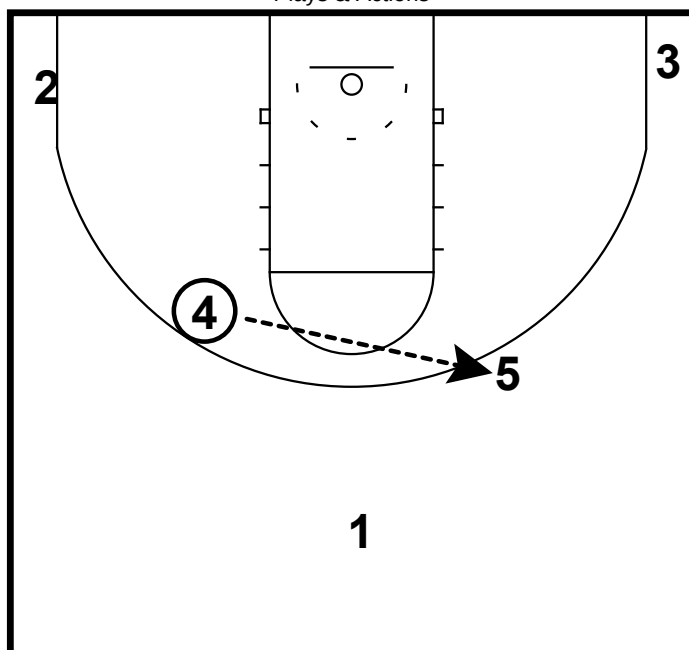
Blood Action (Short Roll) 2  
Plays & Actions



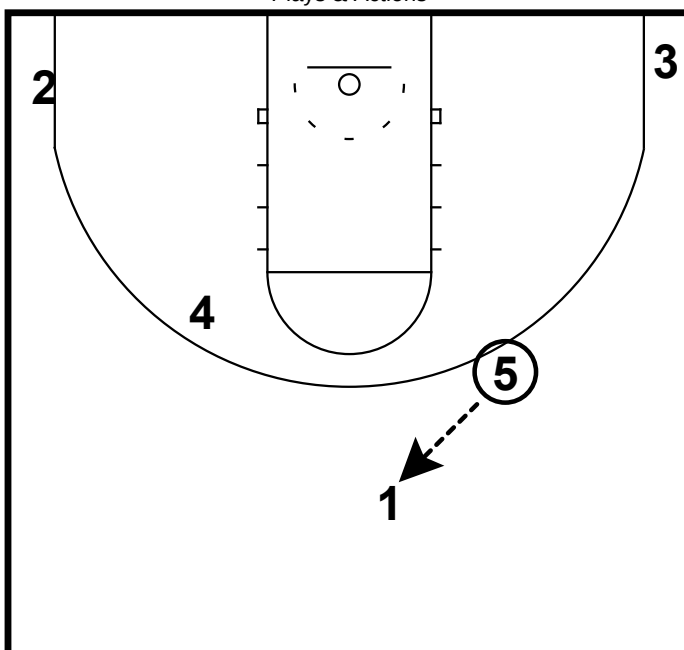
1. 5 rolls to opposite block.
2. 2 comes off ball screen from 4.
3. 4 short rolls

# Plays & Actions

Blood Action (Short Roll) 3  
Plays & Actions

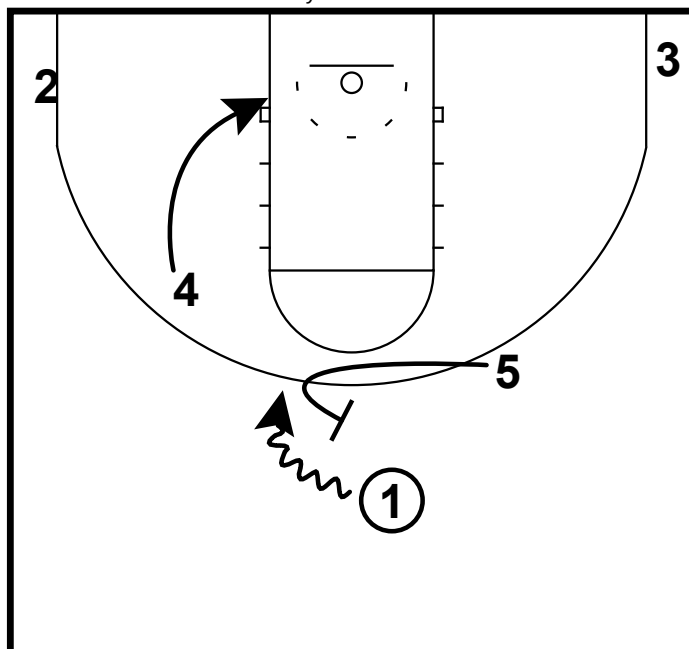


Blood Action (Short Roll) 3  
Plays & Actions



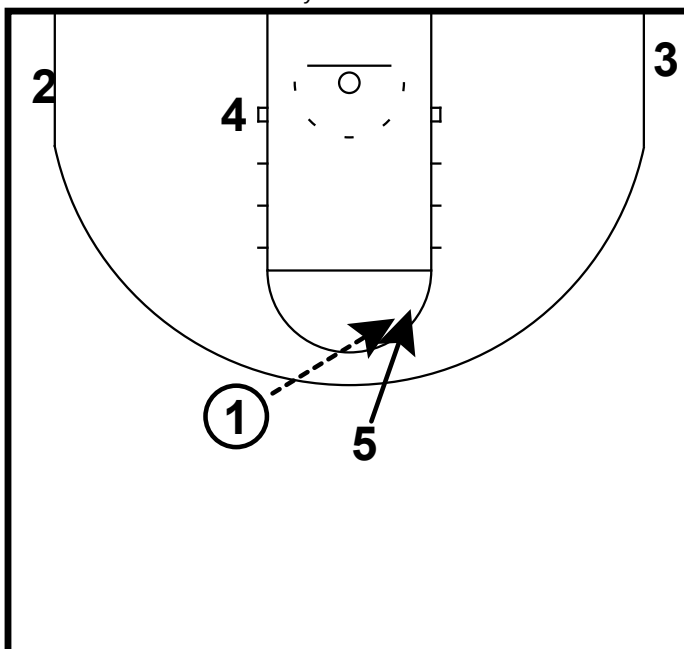
1. 5 passes to 1.

Blood Action (Short Roll) 3  
Plays & Actions



1. 5 sets inside ball screen for 1
2. 4 dives to weakside block

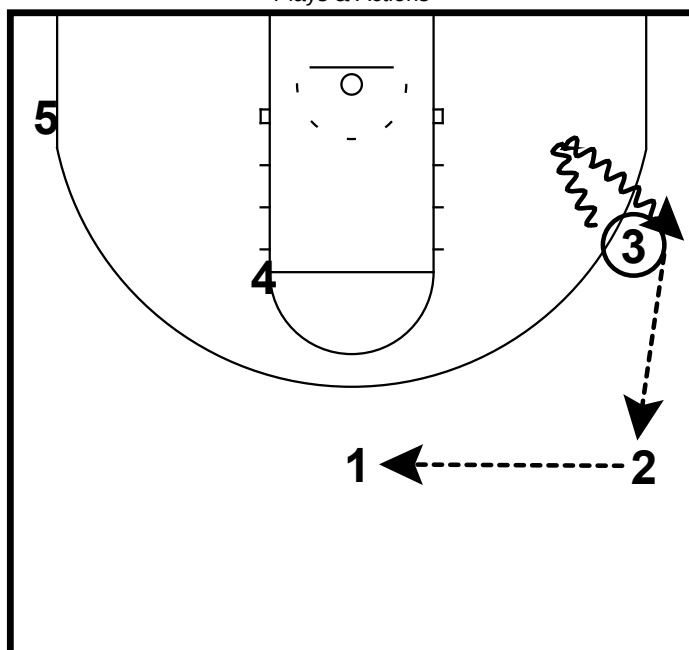
Blood Action (Short Roll) 3  
Plays & Actions



1. 5 short rolls

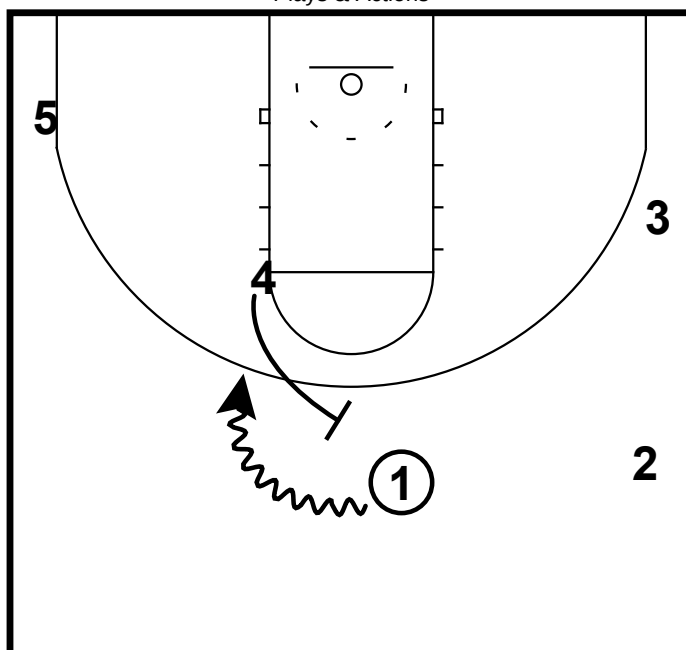
# Plays & Actions

Blood Action Short Roll 4  
Plays & Actions



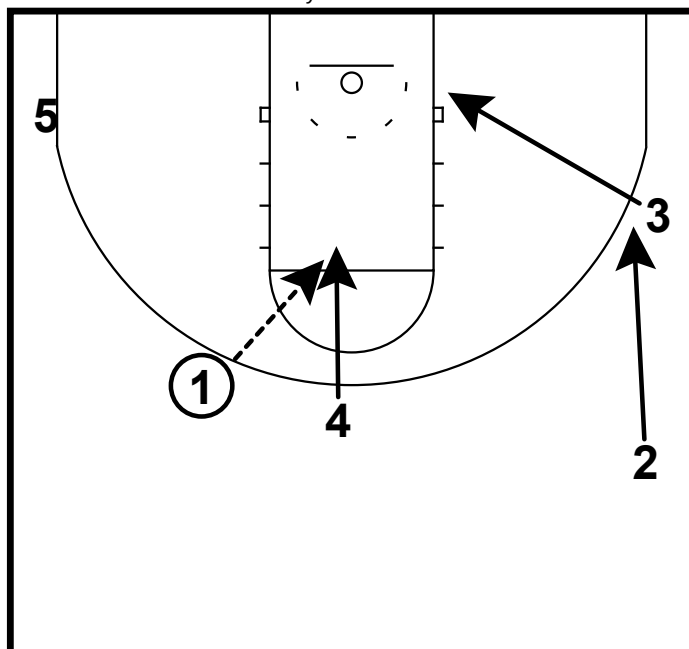
1. 3 attacks and passes back to 2.
2. 2 swings to 1 at the top of key

Blood Action Short Roll 4  
Plays & Actions



1. 4 sets immediate ball screen for 1.

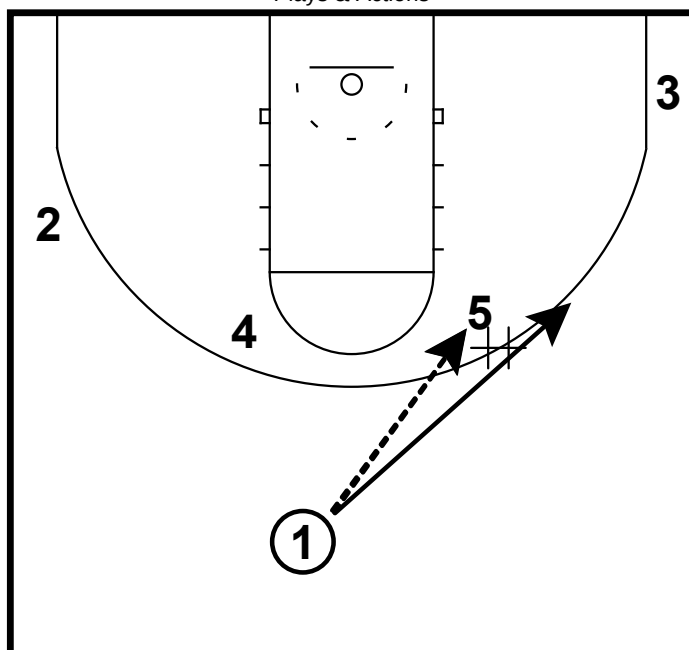
Blood Action Short Roll 4  
Plays & Actions



1. 4 short rolls to foul line

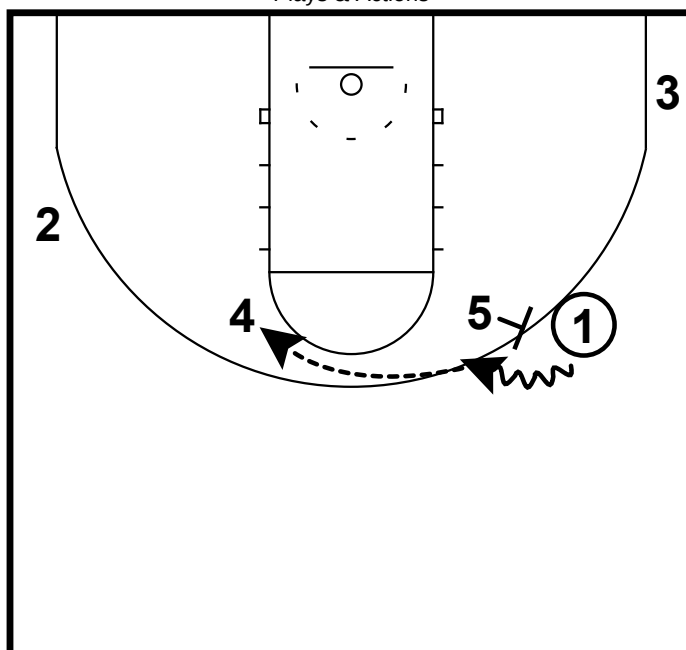
# Plays & Actions

Chase Action 1  
Plays & Actions



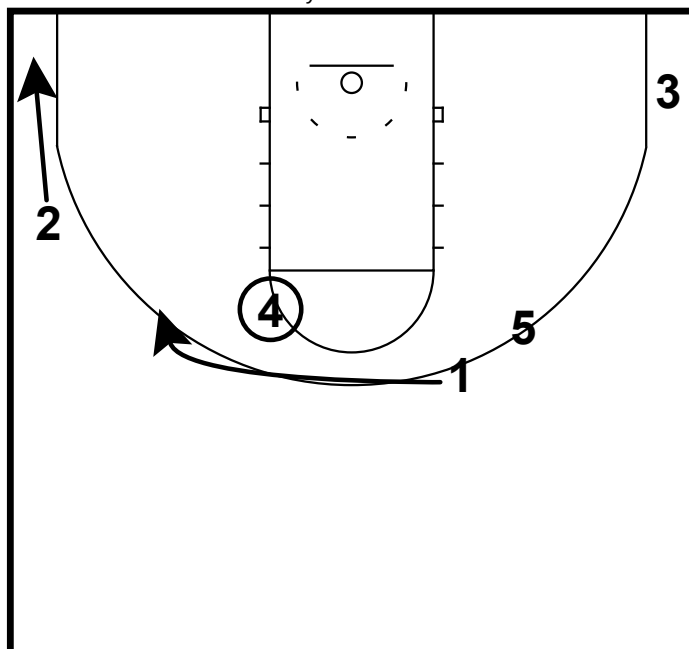
1. 1 passes to 5 and chases

Chase Action 1  
Plays & Actions



1. 5 sets inside ball screen for 1  
2. 1 uses ball screen and throws to 4.

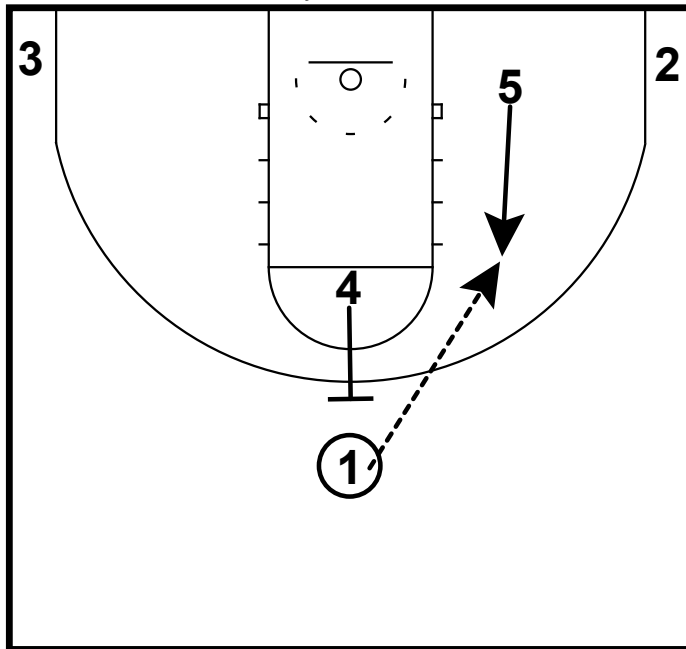
Chase Action 1  
Plays & Actions



1. 1 chases ball from the 4.

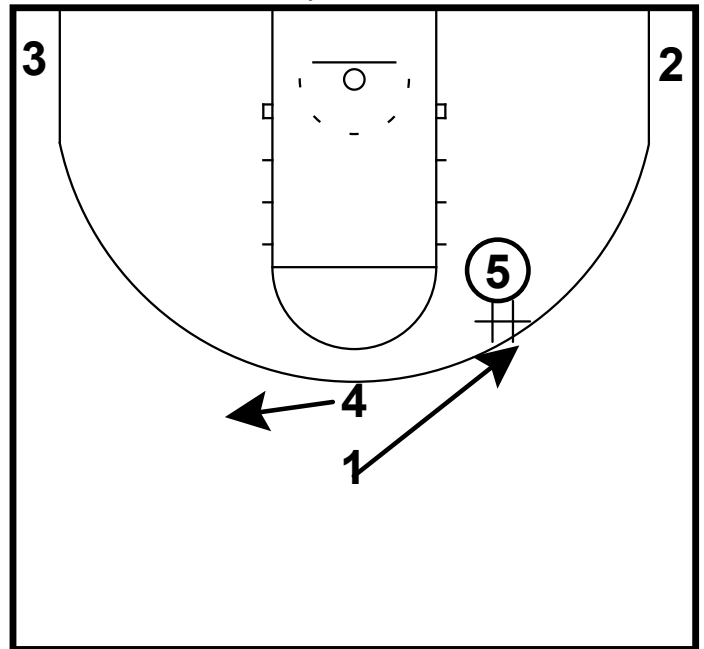
# Plays & Actions

Chase Action 2  
Plays & Actions



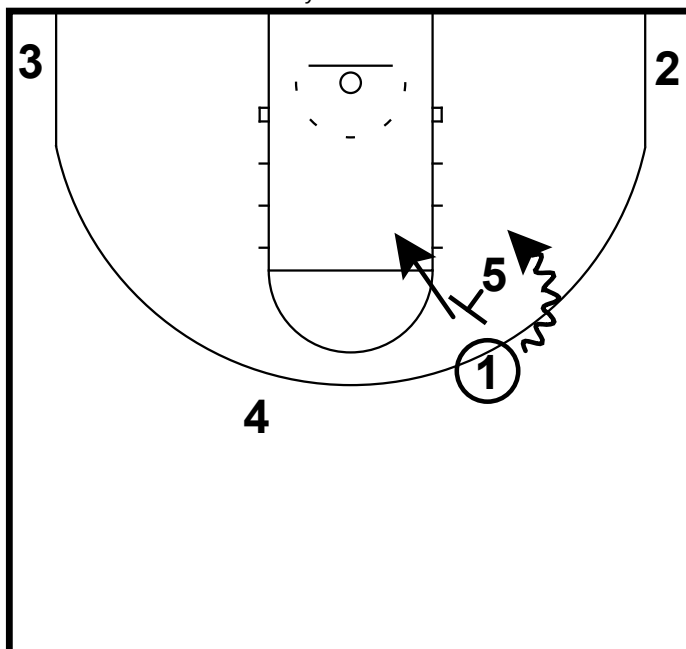
1. 4 sets flat ball screen for 1
2. 1 passes to flashing 5

Chase Action 2  
Plays & Actions



1. 4 spaces out
2. 1 chases for throwback from 5

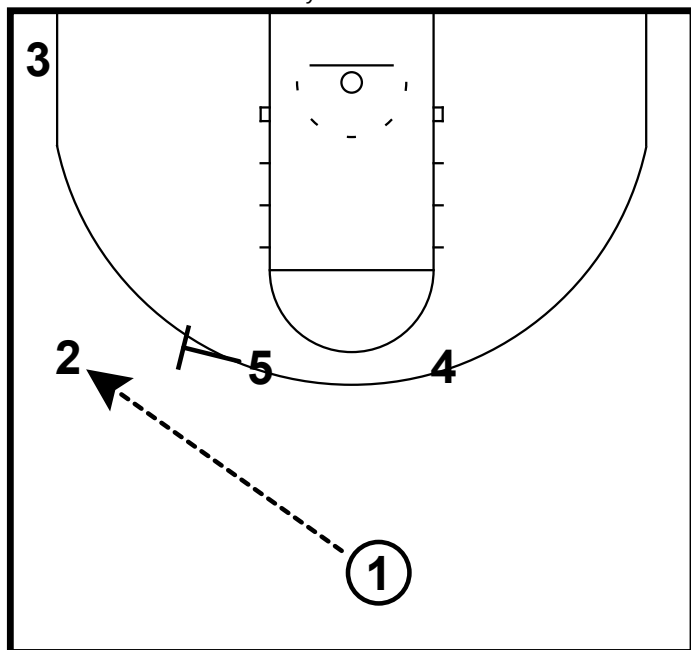
Chase Action 2  
Plays & Actions



1. 5 sets immediate ball screen for 1.

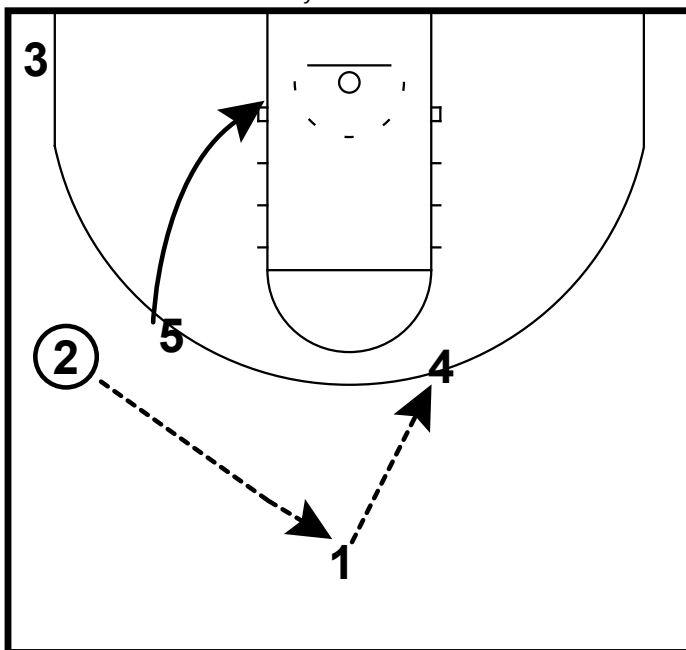
# Plays & Actions

Chase Action 3  
Plays & Actions



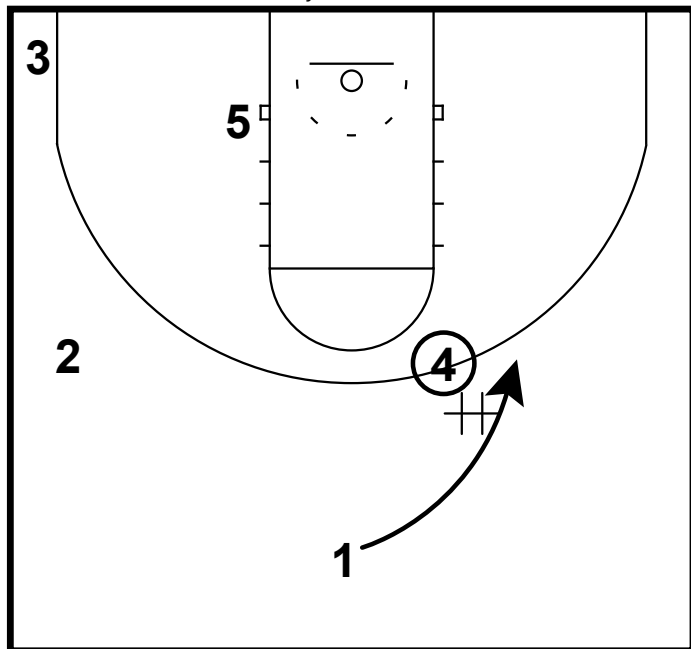
1. 1 passes to 2 on wing
2. 5 sets fake ball screen
3. 2 passes back to 1.

Chase Action 3  
Plays & Actions



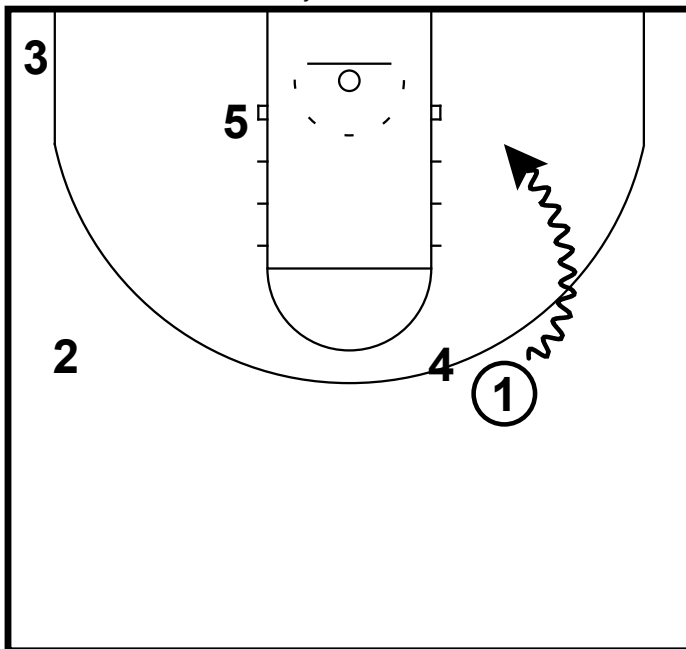
1. 5 rolls to weakside block
2. 1 enters to 4

Chase Action 3  
Plays & Actions



1. 1 chases pass and receives ball back

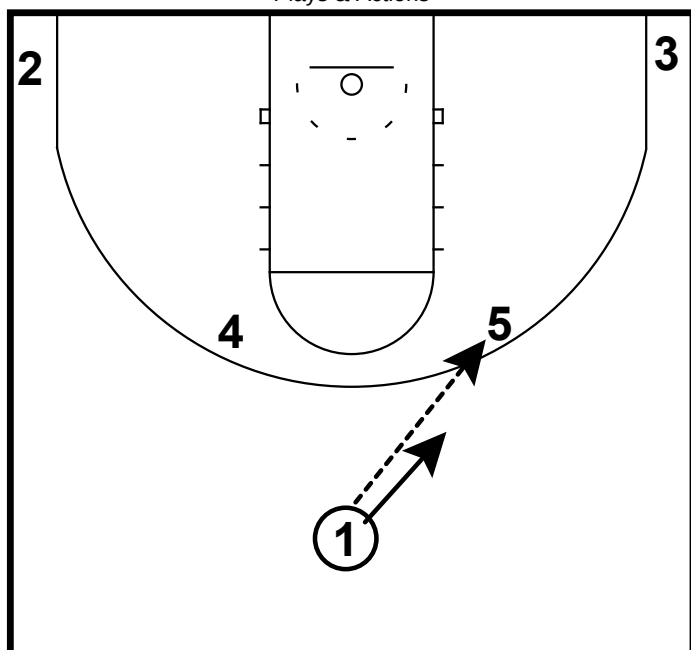
Chase Action 3  
Plays & Actions



1. 1 attacks off the the throw back

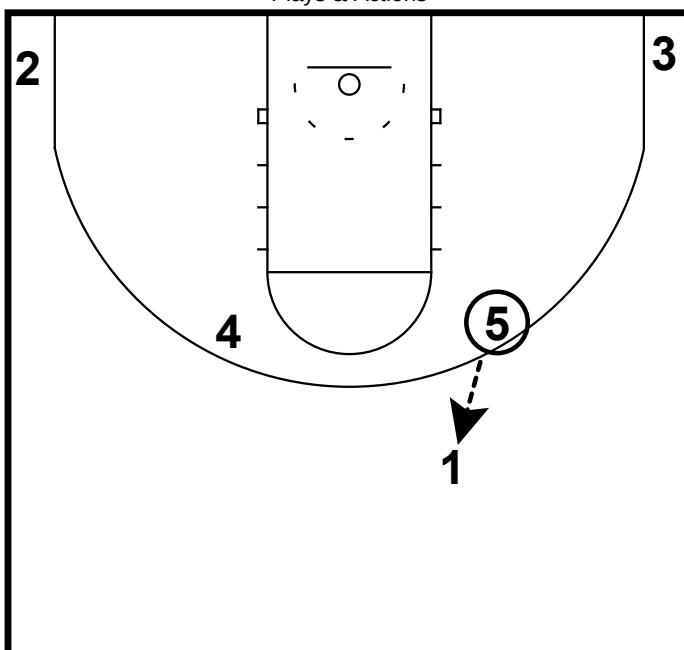
# Plays & Actions

Chase Action 4  
Plays & Actions



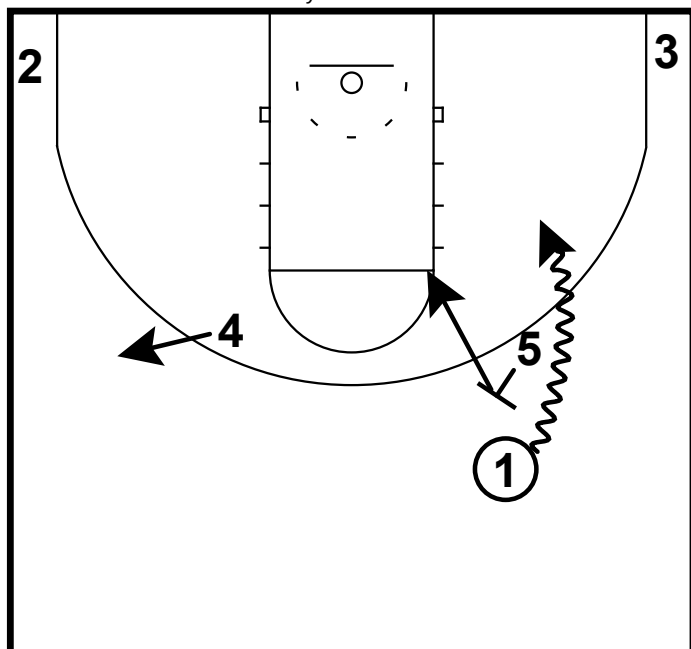
1. 1 passes to 5 and initiates chase action

Chase Action 4  
Plays & Actions



1. 5 passes back to 1.

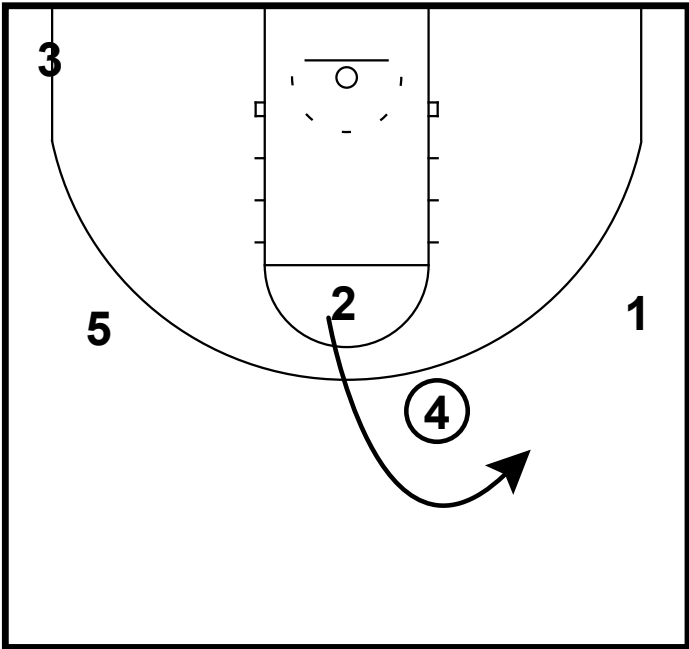
Chase Action 4  
Plays & Actions



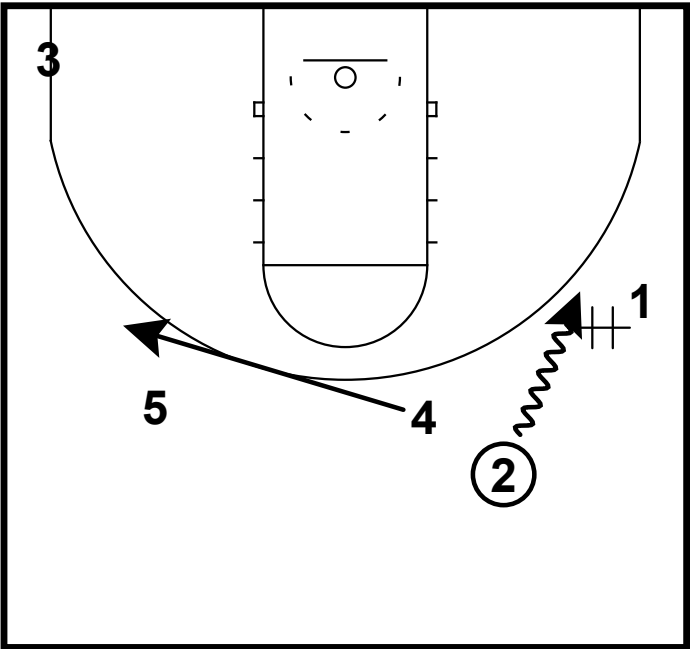
1. 5 sets immediate ball screen for 1.
2. 1 attack off ball screen.
3. 5 short rolls.

# Plays & Actions

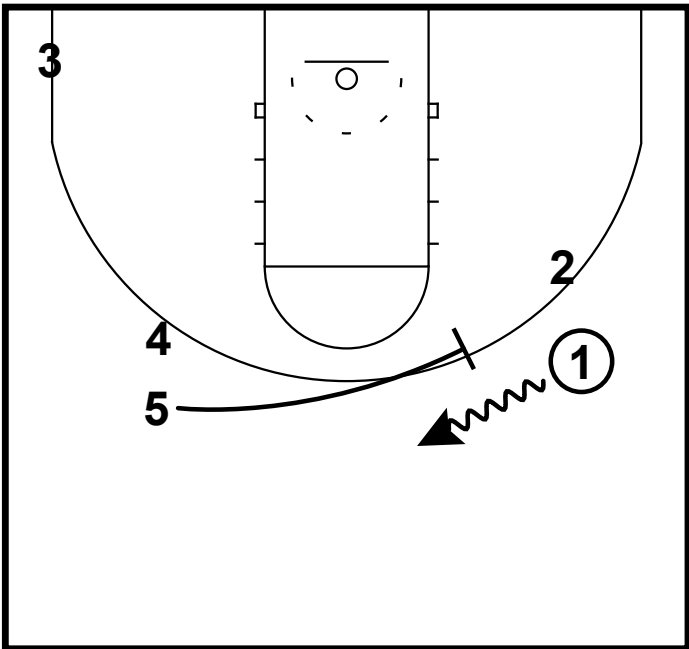
Continous Nova Action 1  
Plays & Actions



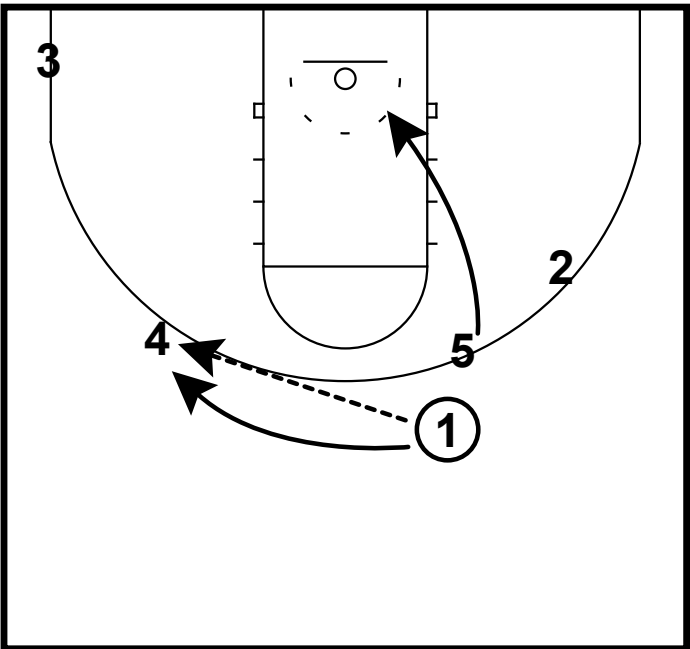
Continous Nova Action 1  
Plays & Actions



Continous Nova Action 1  
Plays & Actions

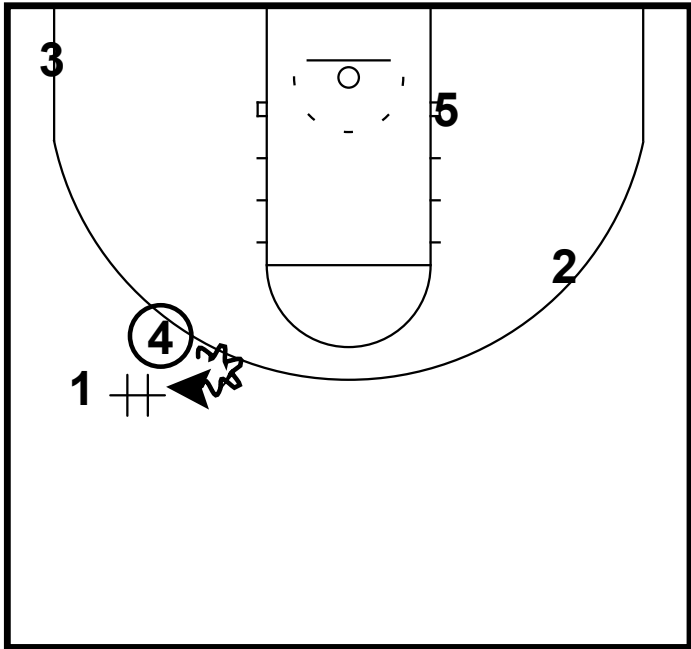


Continous Nova Action 1  
Plays & Actions

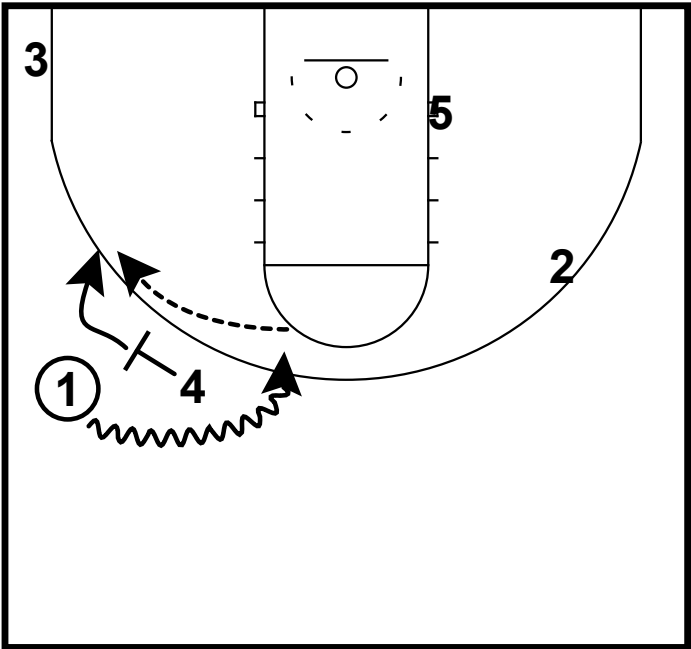


# Plays & Actions

Continous Nova Action 1  
Plays & Actions

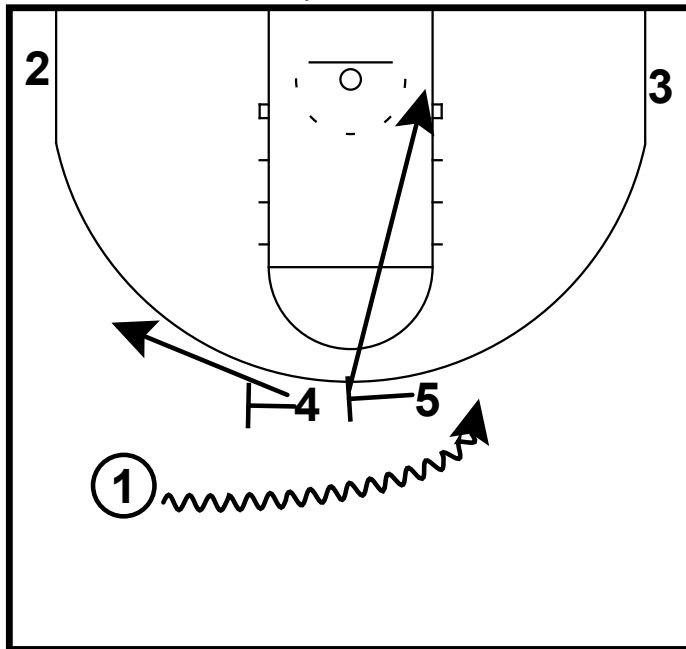


Continous Nova Action 1  
Plays & Actions



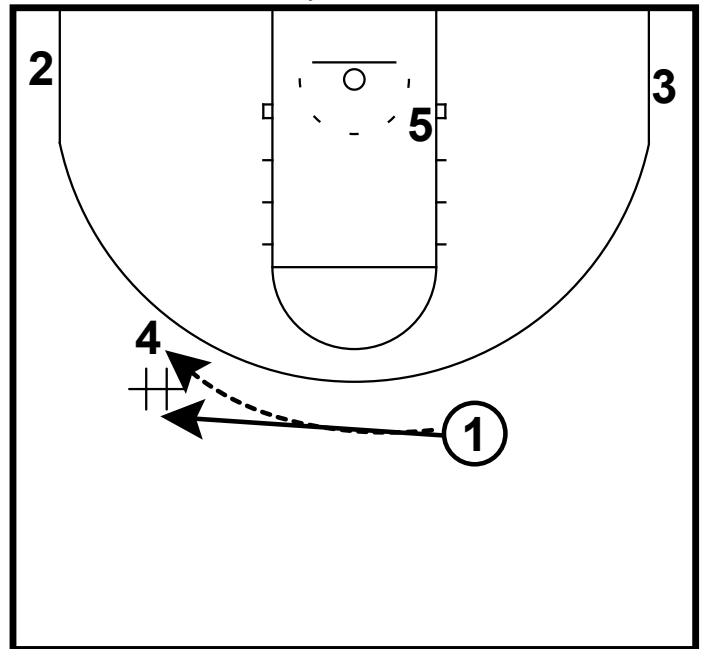
# Plays & Actions

Double BS Chase Open 1-1  
Plays & Actions



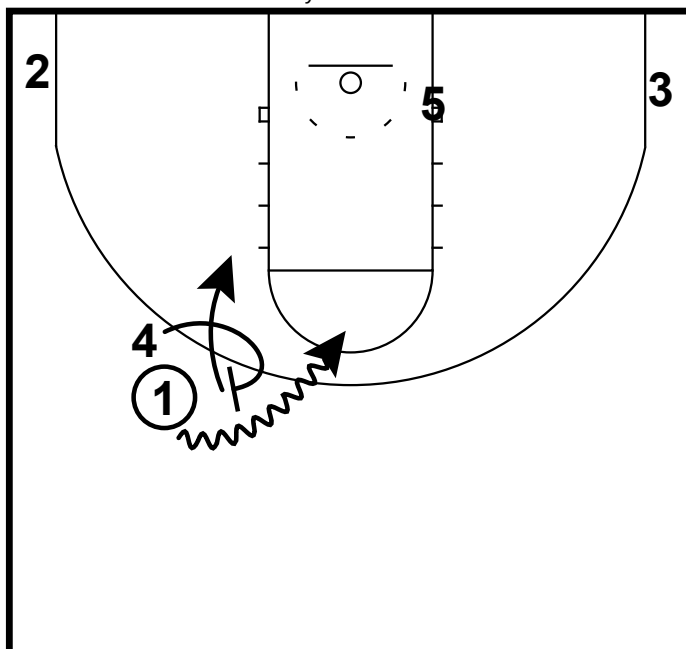
1. 4 and 5 set double ball screen for 1
2. 4 pops to wing and 5 rolls to ball side block

Double BS Chase Open 1-1  
Plays & Actions



1. 1 pass to 4 the sprints for toss back.

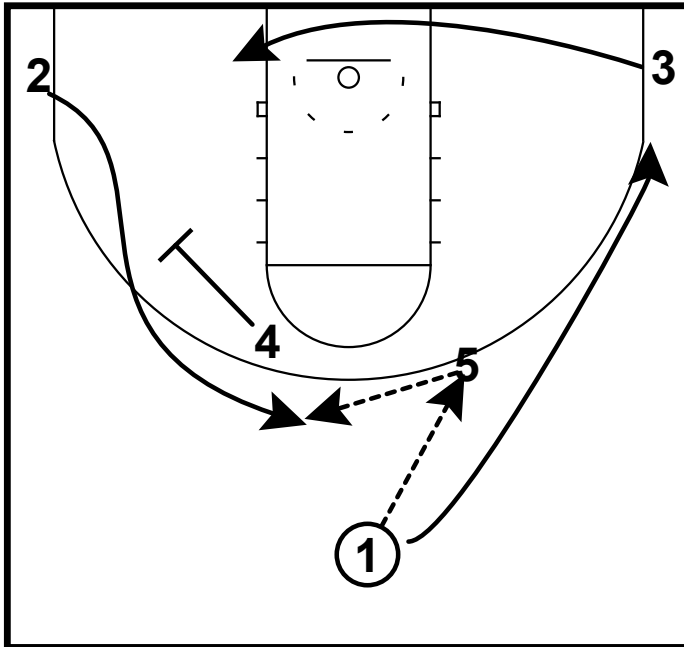
Double BS Chase Open 1-1  
Plays & Actions



1. 4 flips to set ball screen for 1.
2. 4 rolls

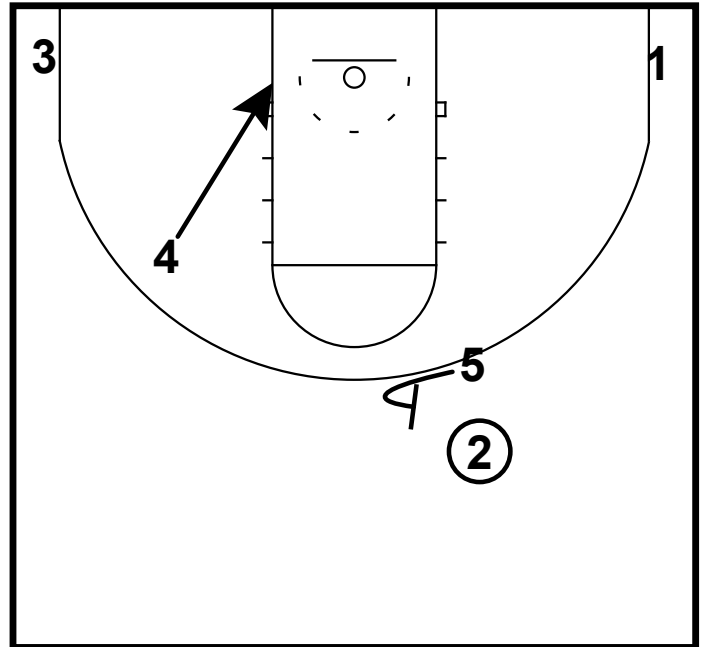
# Plays & Actions

Horns Elbow - Over - Oppo Zoom- Swivel  
Plays & Actions



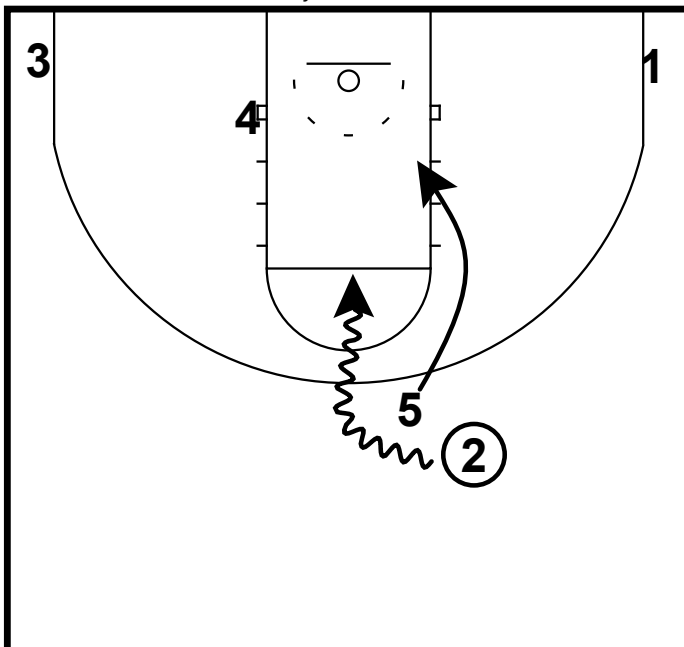
1. 1 enters to 5 and cuts over the top
2. 4 sets away screen for 2.
3. 3 clears to opposite corner

Horns Elbow - Over - Oppo Zoom- Swivel  
Plays & Actions



1. 4 dives to opposite block
2. 5 flips and sets inside ball screen

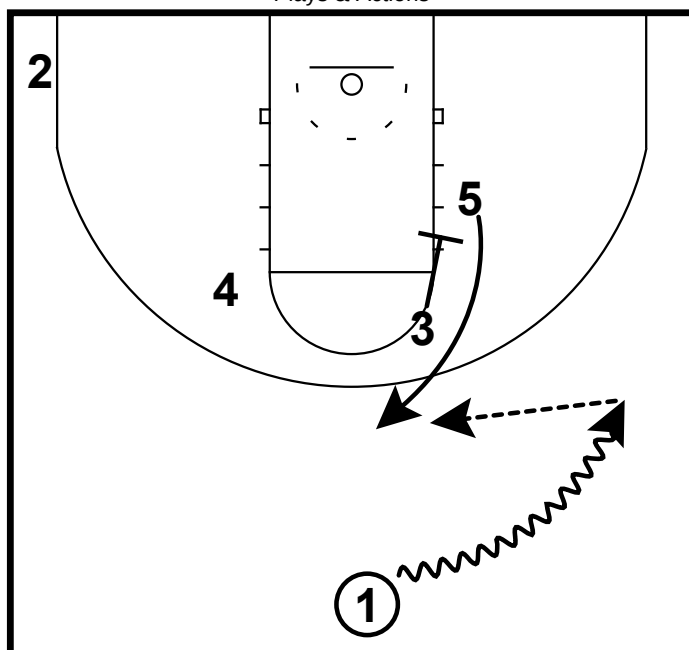
Horns Elbow - Over - Oppo Zoom- Swivel  
Plays & Actions



1. 2 uses inside ball screen
2. 5 rolls

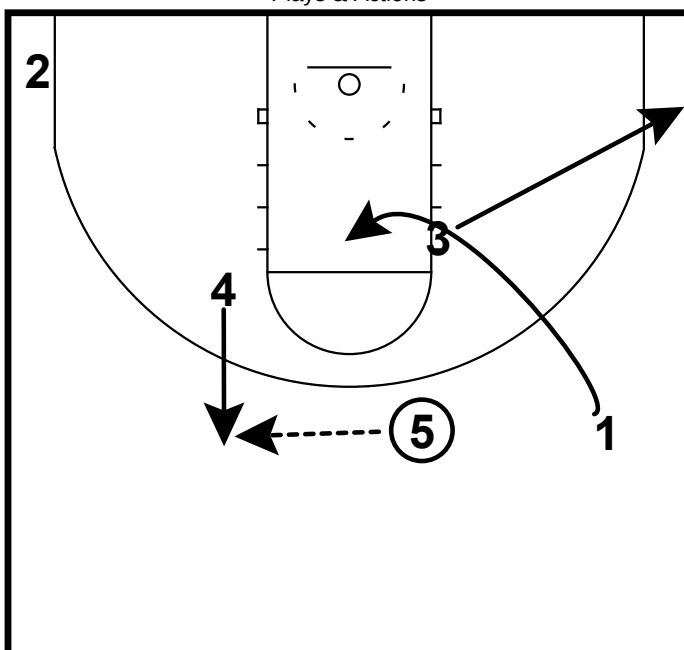
# Plays & Actions

Interference Swing Fake Pin Seal & Drive 1  
Plays & Actions



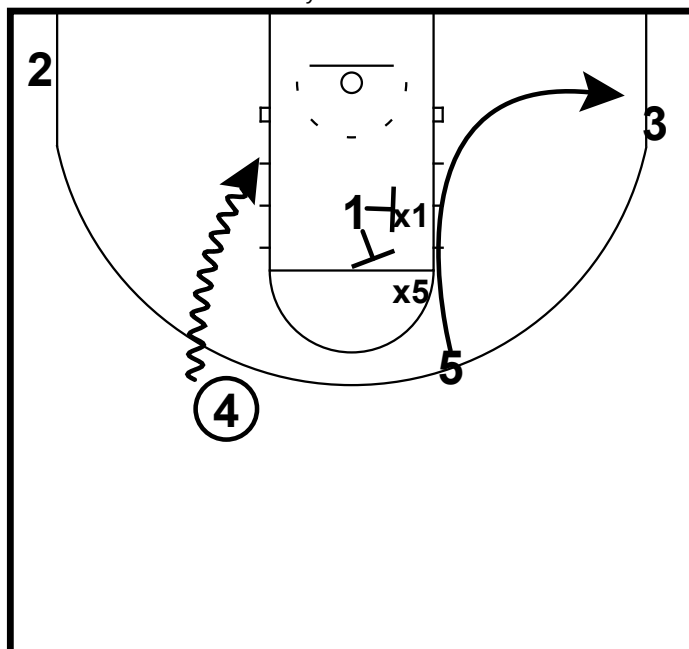
1. 1 dribbles to slot
2. 3 pin downs 5 for entry

Interference Swing Fake Pin Seal & Drive 1  
Plays & Actions



1. 1 cuts into paint.
2. 3 clears to corner
3. 5 passes to 4

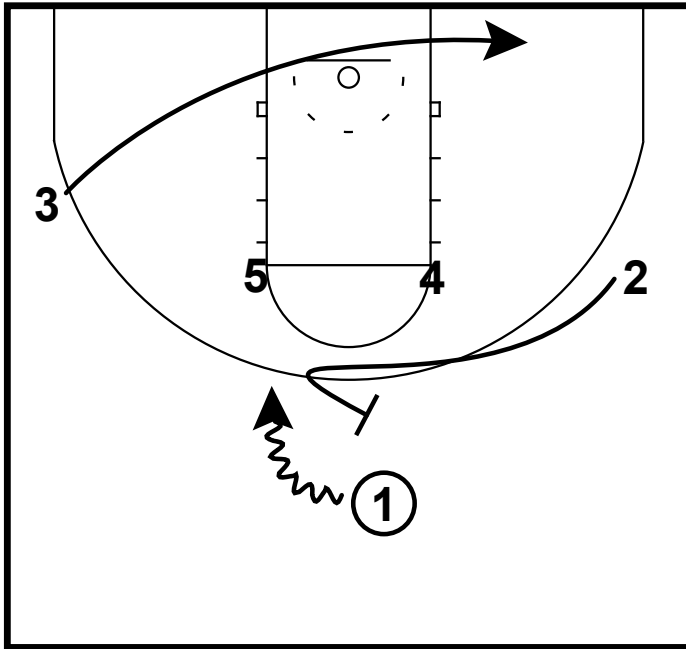
Interference Swing Fake Pin Seal & Drive 1  
Plays & Actions



1. 1 back screens 5 while also sealing his own defender.
2. 5 cuts and clears.
3. 4 drives hard from slot.

# Plays & Actions

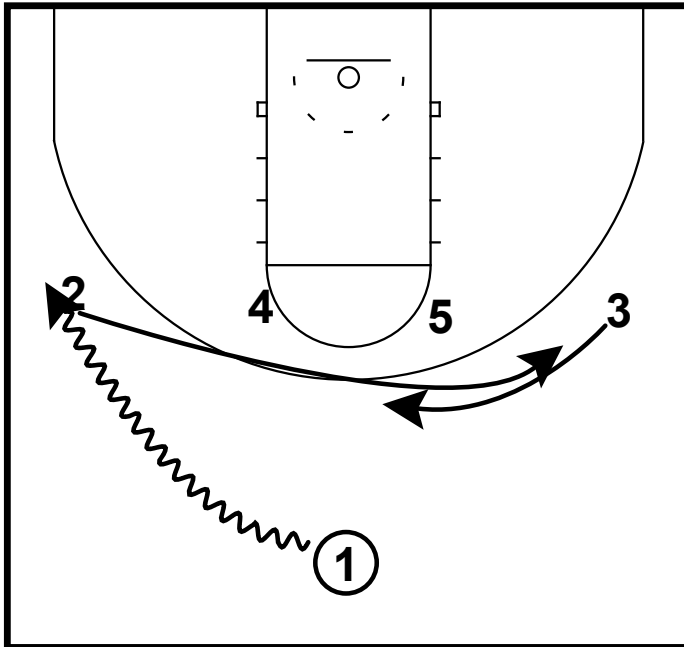
Iverson Hook 1  
Plays & Actions



- 1.3 cuts baseline
2. 2 cuts over the top and hooks into ball screen for 1.

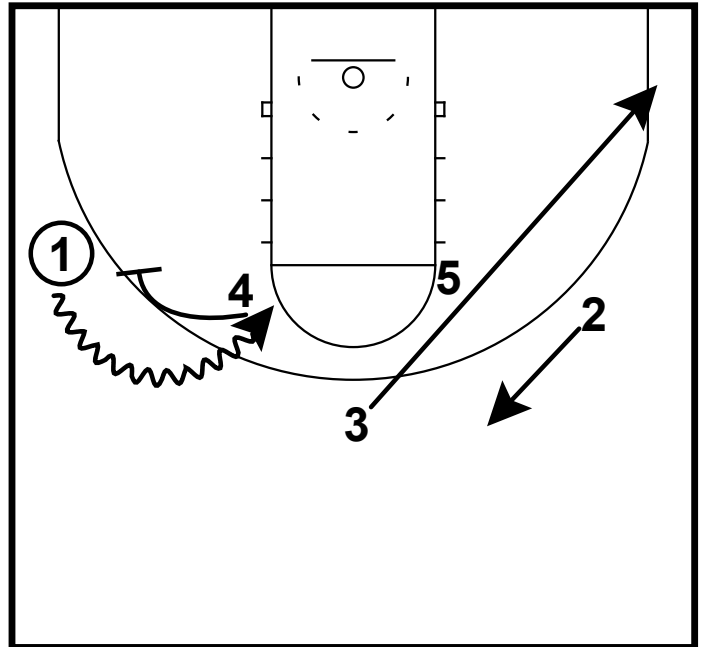
# Plays & Actions

Iverson Open 1  
Plays & Actions



- 1.2 Cuts over the top.
2. 3 cuts to top of key
3. PG drives ball to wing.

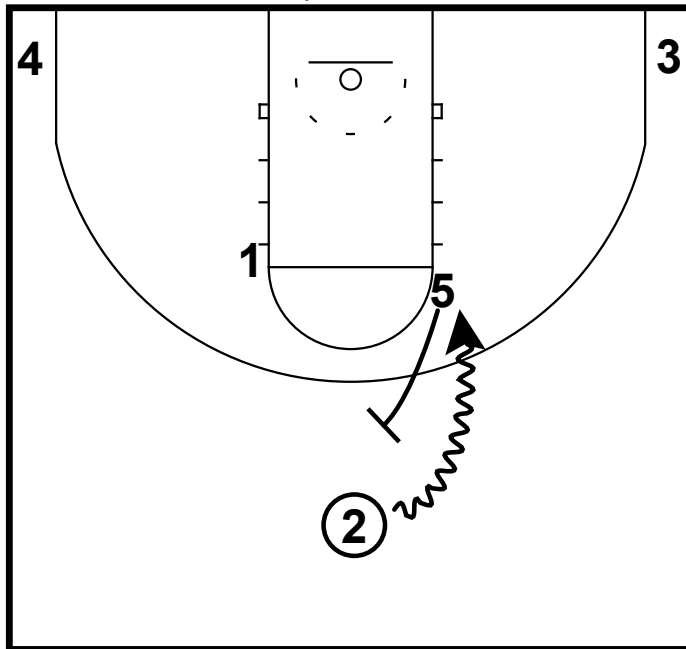
Iverson Open 1  
Plays & Actions



1. 1 uses ball screen from 4
2. 3 cuts to opposite corner.
- 3.2 2 lifts up to slot

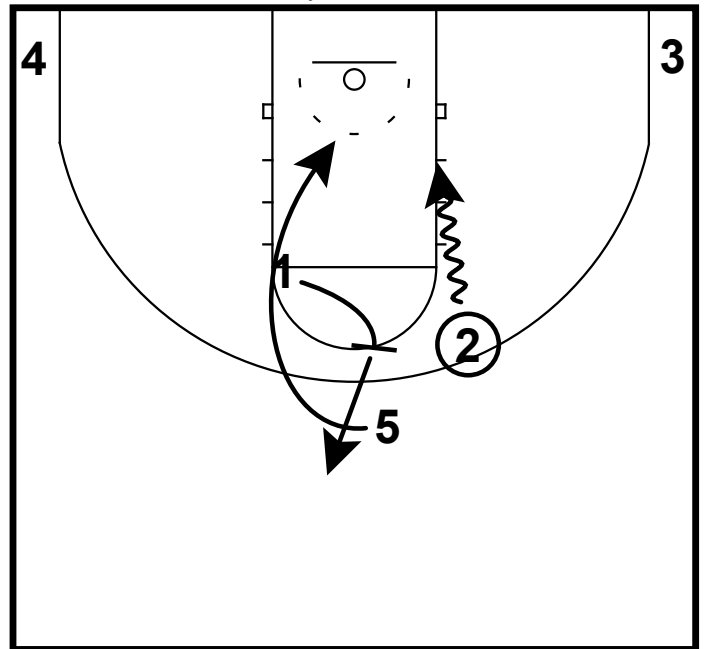
# Plays & Actions

Spain Action 1  
Plays & Actions



1. 5 sets ball screen for 2

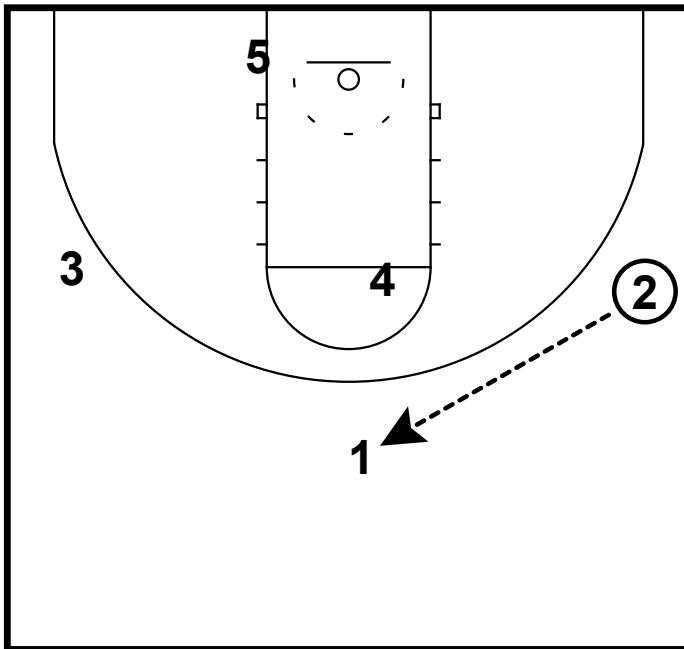
Spain Action 1  
Plays & Actions



1. 1 initiates Spain action with back screen.
2. 5 rolls opposite lane line.
3. 1 pops.

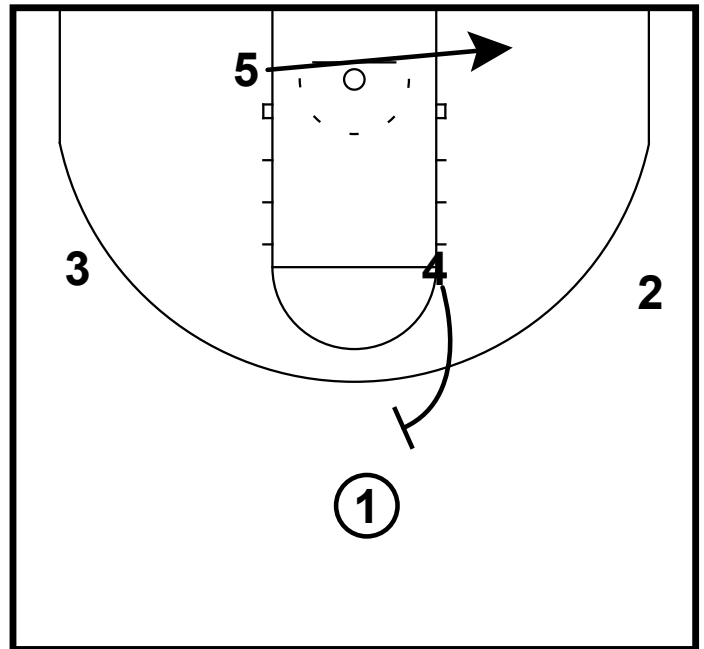
# Iowa Ball Screen Offense

Open 1-1  
Iowa Ball Screen Offense



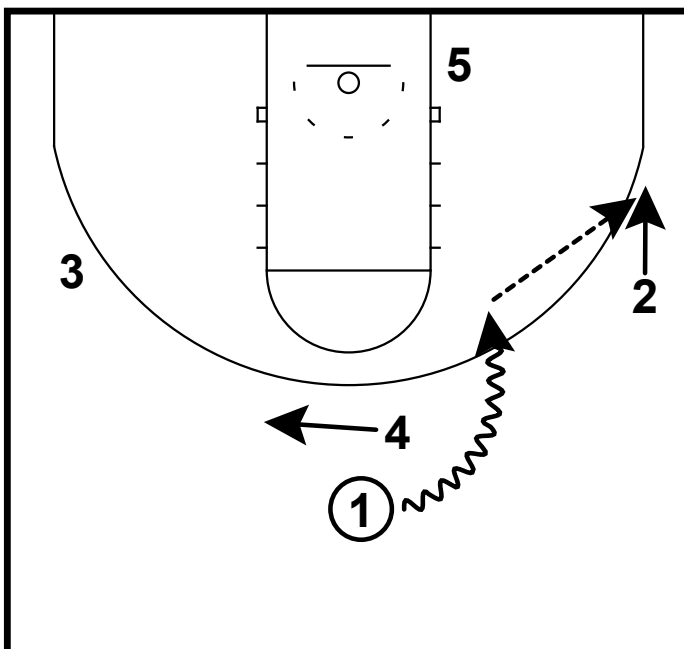
1. Ball is swung to the 1 at the top.

Open 1-1  
Iowa Ball Screen Offense



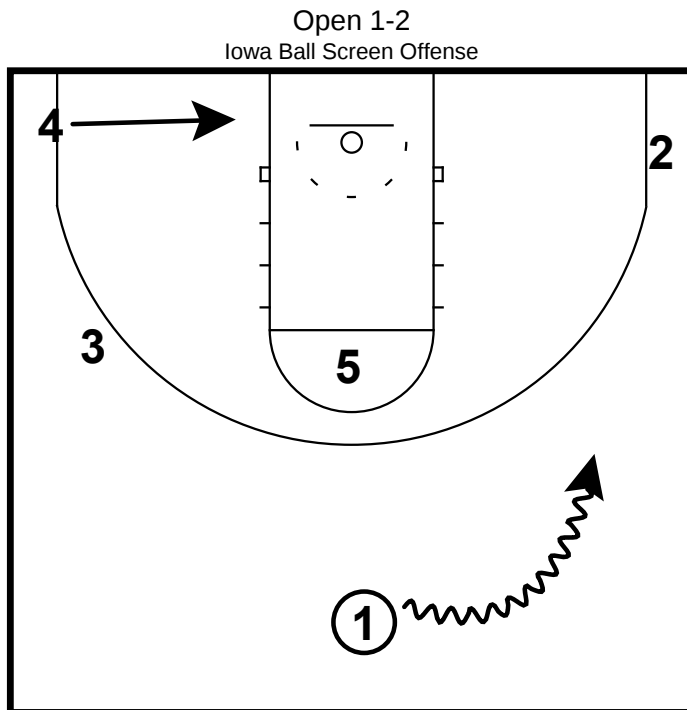
1. 4 sets high ball screen for 1.
2. 5 slide to ball side.

Open 1-1  
Iowa Ball Screen Offense

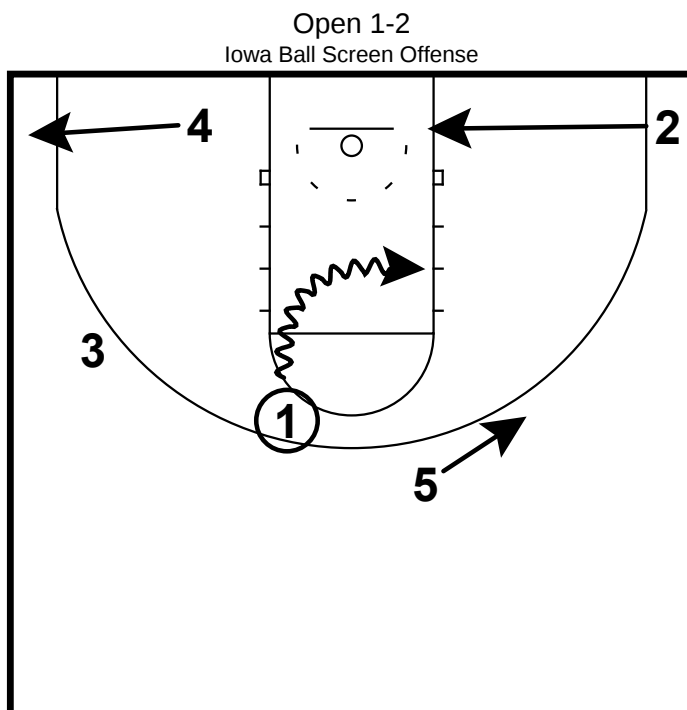
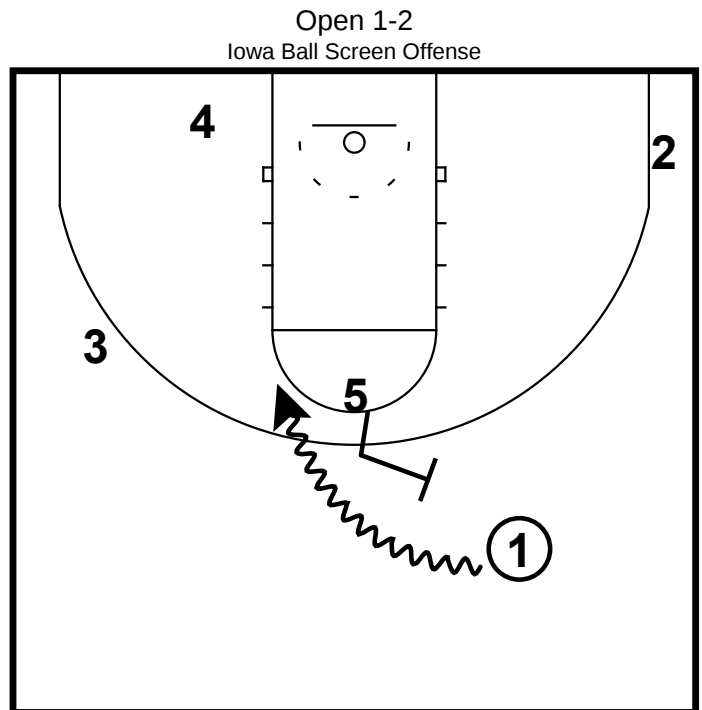


1. 1 attacks and kicks to 2.
2. 4 pops on the ball screen

# Iowa Ball Screen Offense



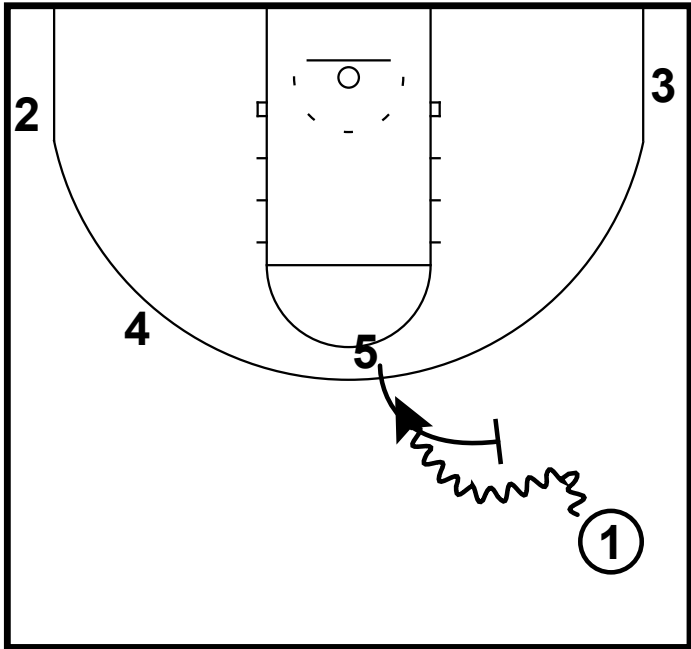
1. 1 sets up the high ball screen.
2. 4 gets to short corner.



1. When 1 gets on other side of the floor, ball side corner cuts.
2. weakside clears out.
3. 5 who set the ball screen pops.

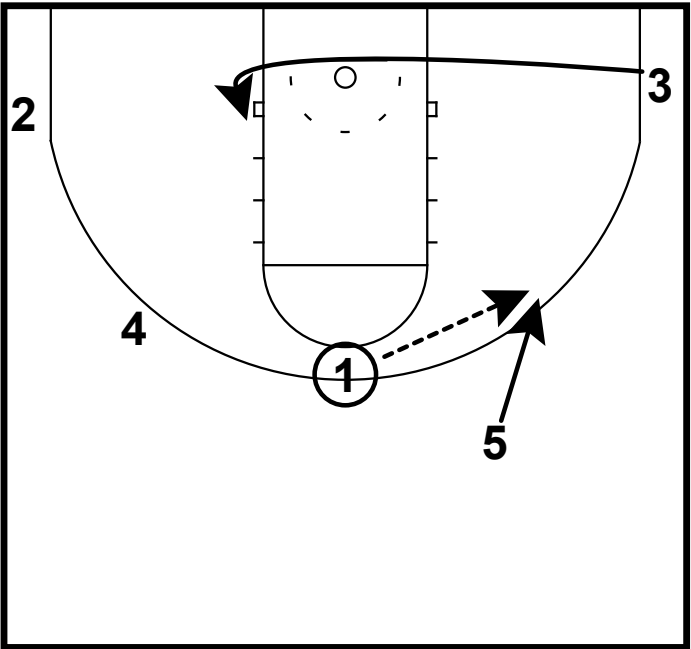
# Iowa Ball Screen Offense

Open 1-3  
Iowa Ball Screen Offense



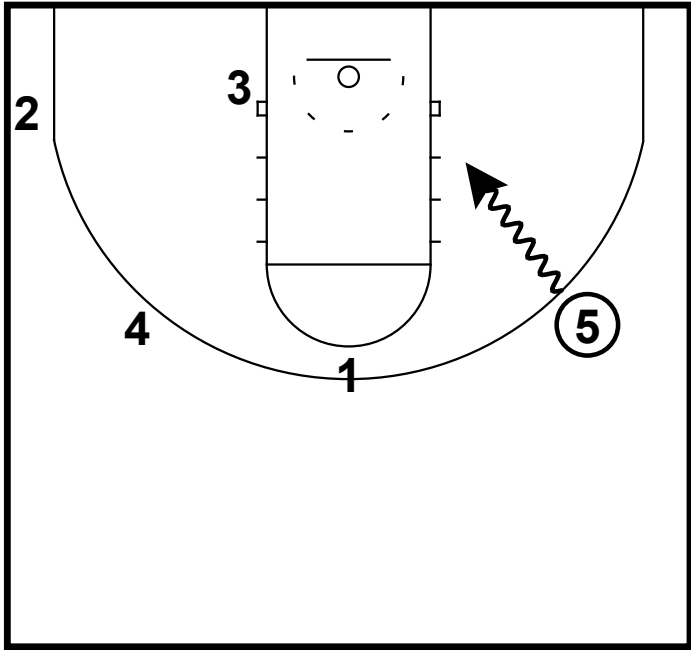
- 1. Spacing is 5 out.
- 2. 5 sets ball screen for 1.

Open 1-3  
Iowa Ball Screen Offense



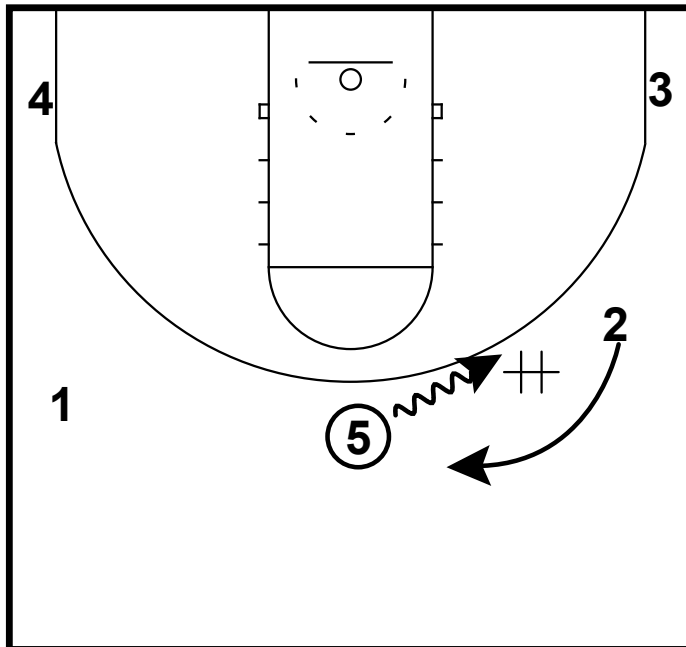
- 1. 5 short rolls.
- 2. Ball side corner cuts through on 5's catch.

Open 1-3  
Iowa Ball Screen Offense



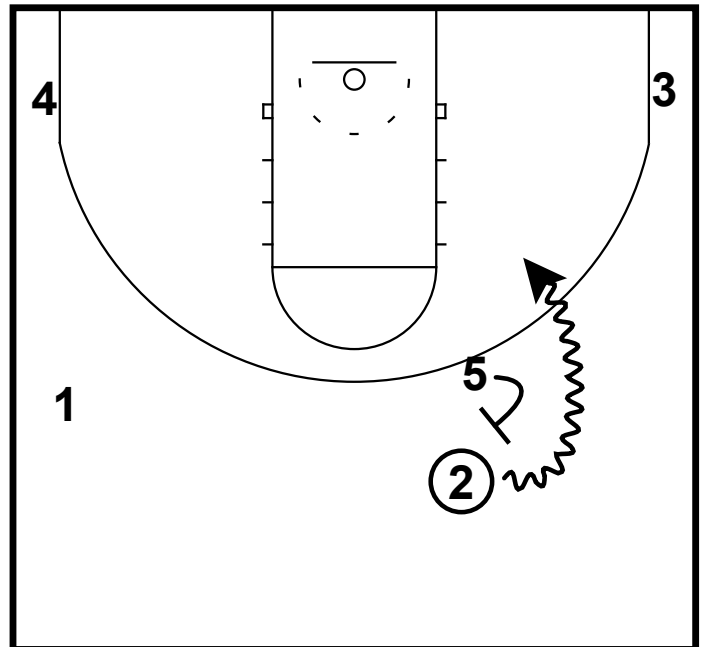
# Iowa Ball Screen Offense

Open 2-1  
Iowa Ball Screen Offense



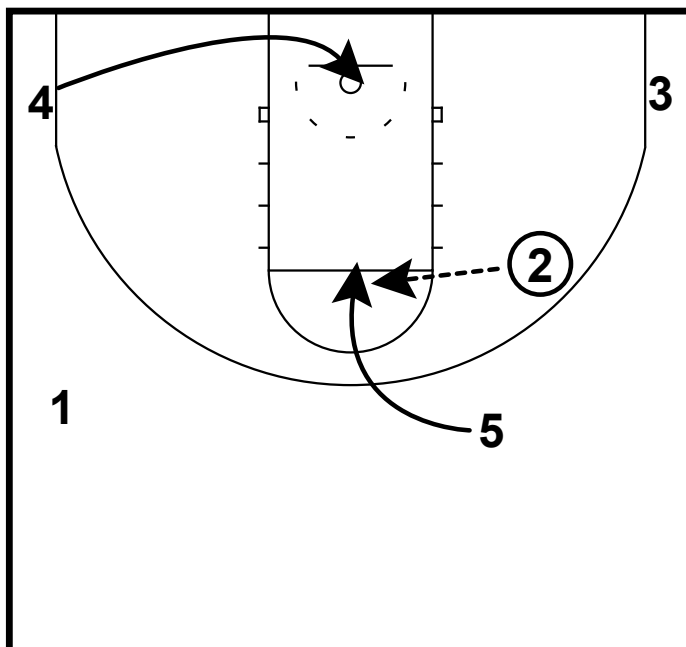
1. 5 out spacing
2. 2 gets soft hand off from 5.

Open 2-1  
Iowa Ball Screen Offense



1. 5 flips into ball screen fro 2.

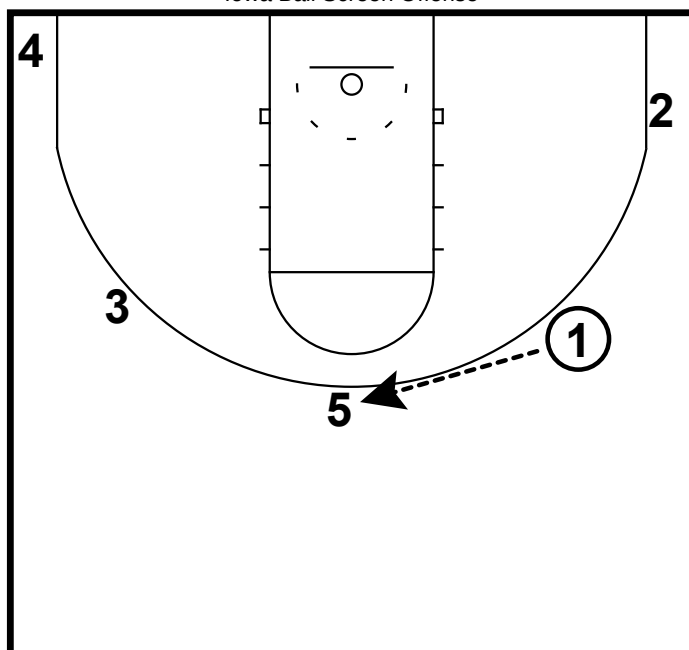
Open 2-1  
Iowa Ball Screen Offense



1. 5 short rolls to free throw line.
2. 4 cuts to rim.

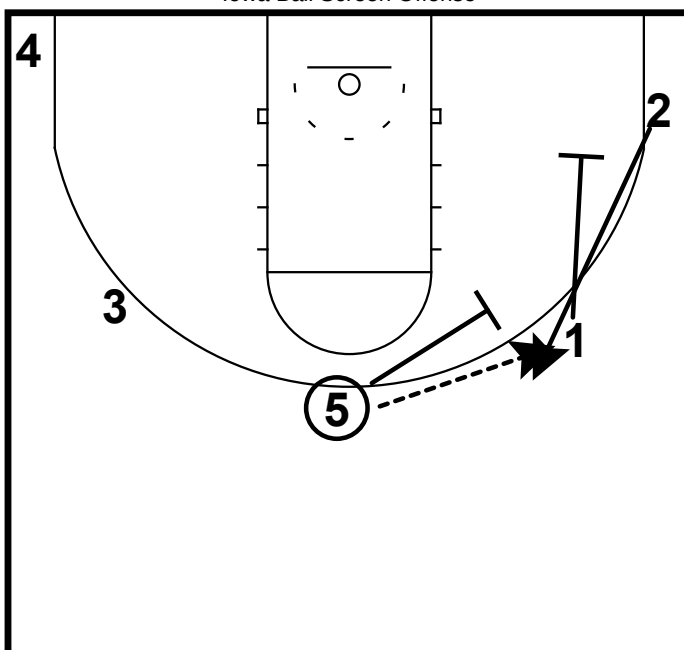
# Iowa Ball Screen Offense

Open 2-2  
Iowa Ball Screen Offense



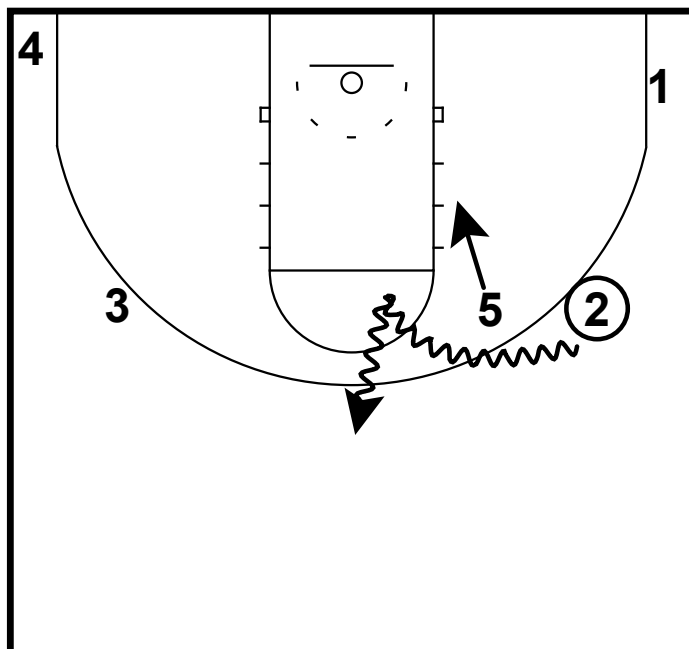
1. 1 initiates with entry to 5.

Open 2-2  
Iowa Ball Screen Offense



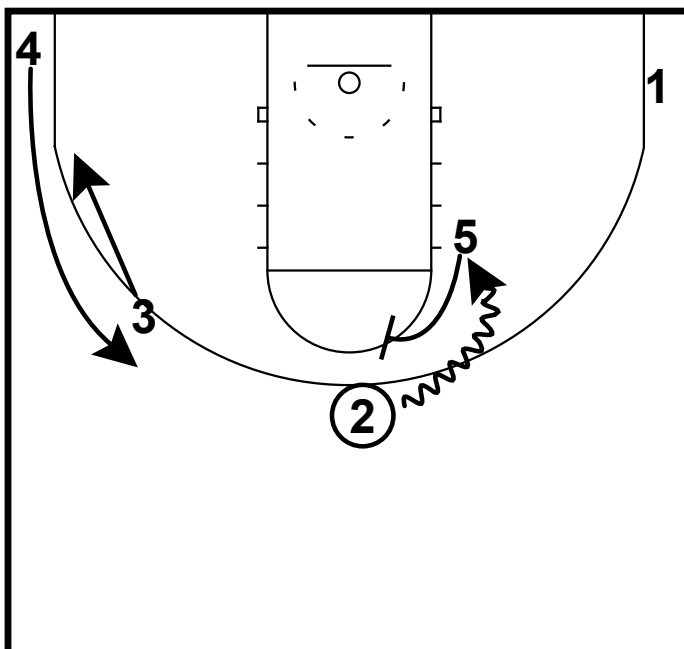
1. 1 pin downs for 2.
2. 5 hits 2 and follows into ball screen.

Open 2-2  
Iowa Ball Screen Offense



- 2 attacks off ball screen.
- 5 short rolls to elbow.
3. When there is no scoring options, 2 retreats.

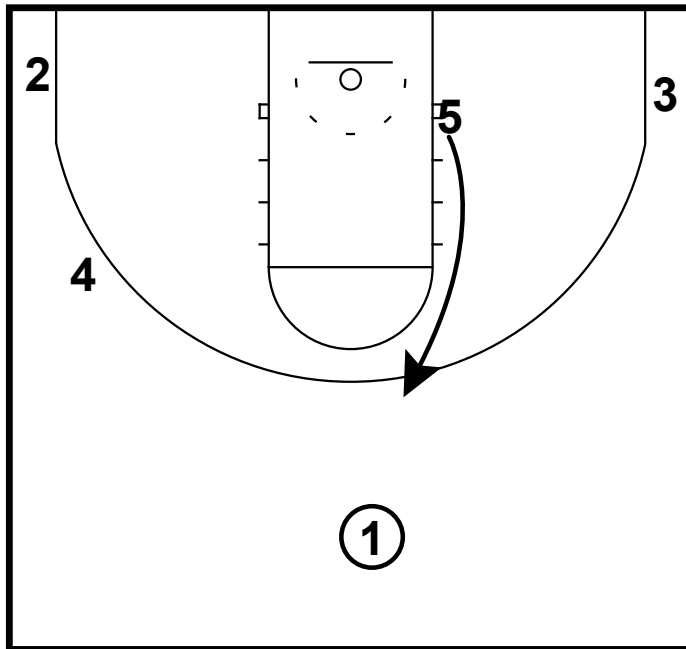
Open 2-2  
Iowa Ball Screen Offense



- 5 steps into another ball screen.
- 4 and 3 on weak side exchange.

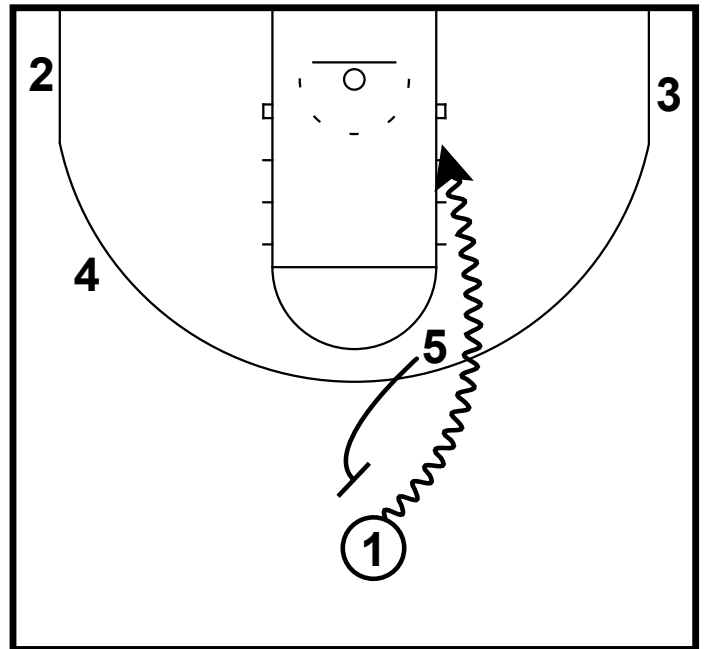
# Iowa Ball Screen Offense

High Ball Screens-1  
Iowa Ball Screen Offense



1. 5 initiates high ball screen for 1.

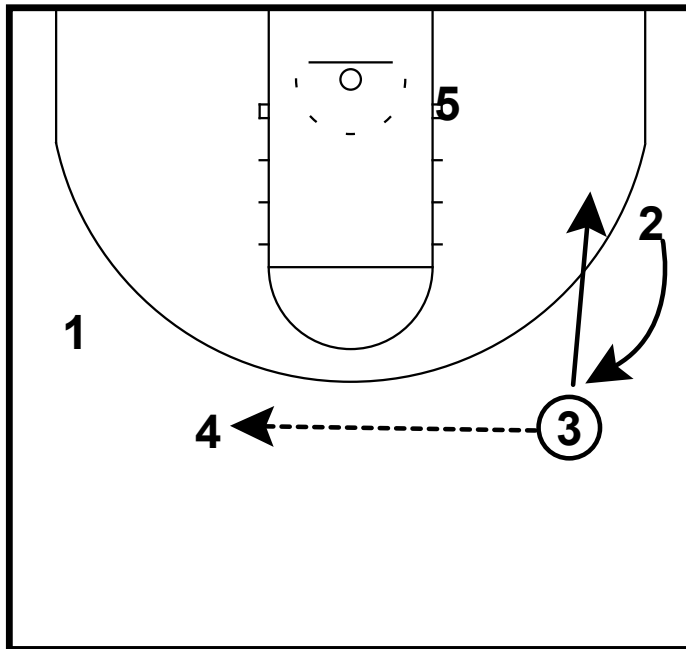
High Ball Screens-1  
Iowa Ball Screen Offense



1. 5 flips ball screen.
2. 1 attacks against the ball screen.
3. 5 pops to 3 point line.

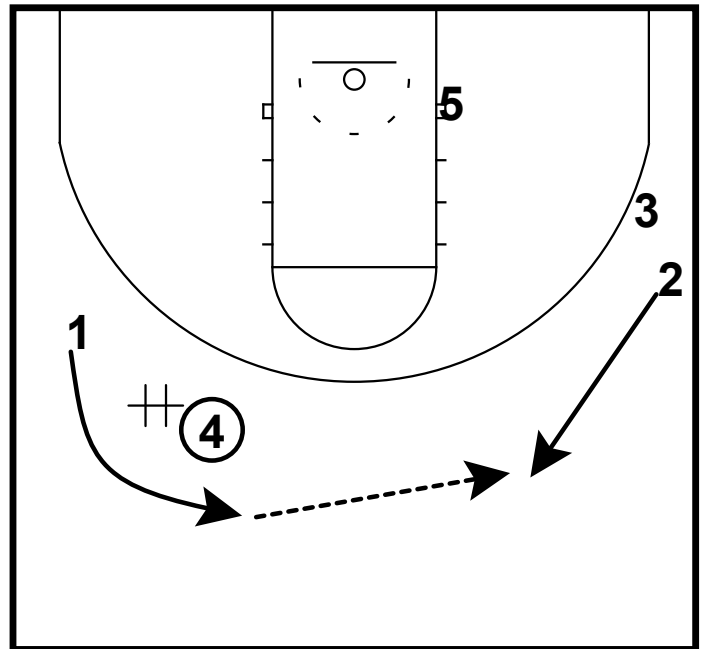
# Iowa Ball Screen Offense

High Ball Screens-2  
Iowa Ball Screen Offense



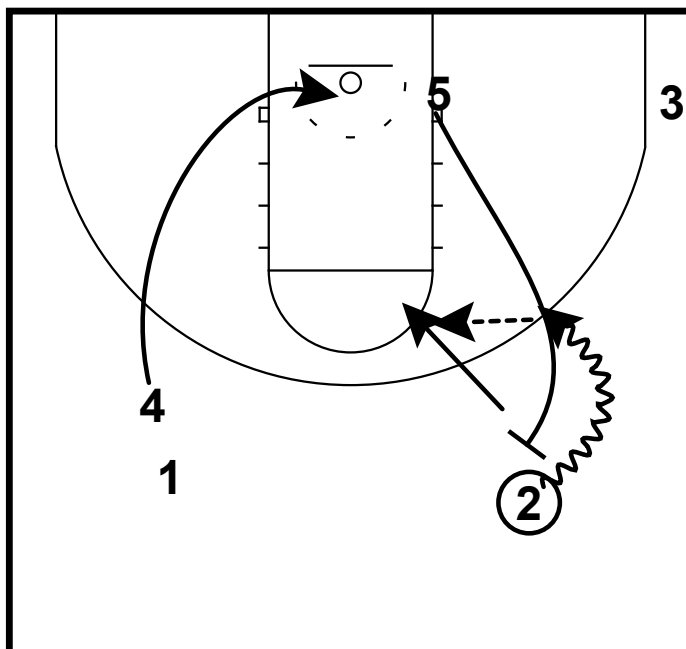
1. Action initiates with reversal and exchange.

High Ball Screens-2  
Iowa Ball Screen Offense



1. 4 hands off to 1.  
2. 1 immediately reverses ball back to 2.

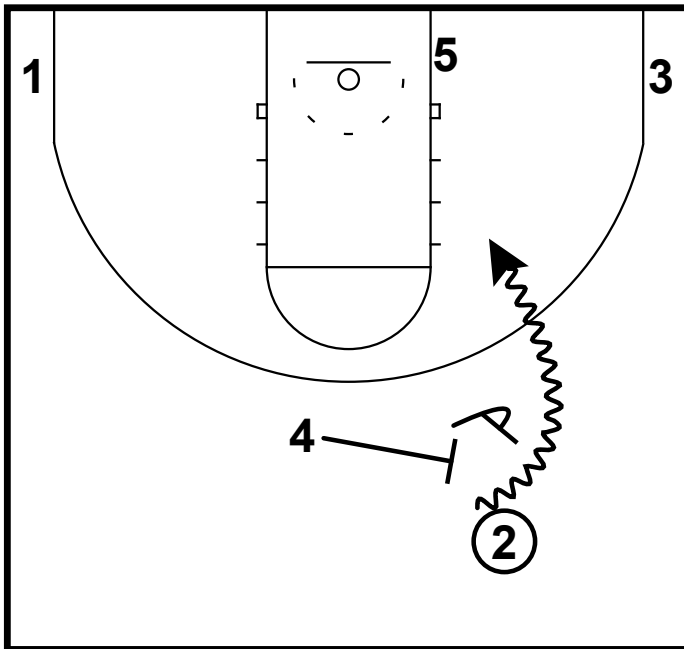
High Ball Screens-2  
Iowa Ball Screen Offense



1. 4 cuts to rim for spacing on ball screen.  
2. 5 sprints into high ball screen for 2.  
3. 2 attacks, 5 short rolls.

# Iowa Ball Screen Offense

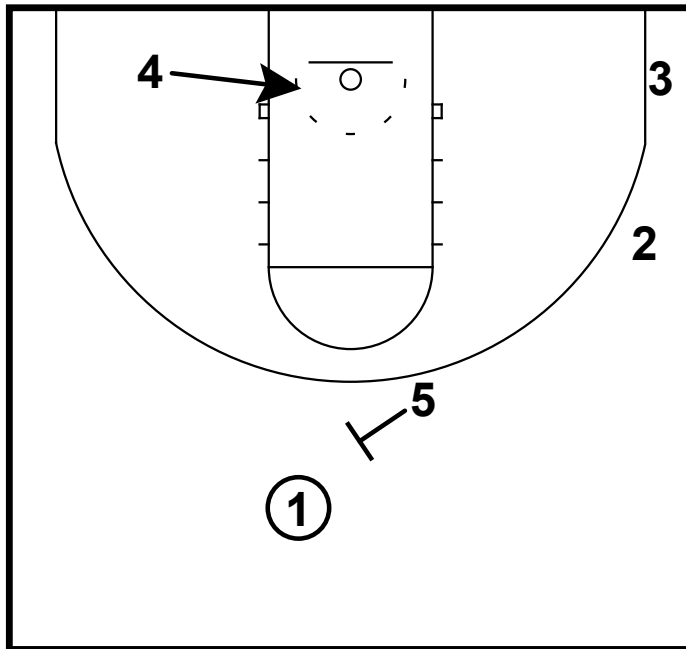
Swivel Ball Screens-1  
Iowa Ball Screen Offense



1. 4 follows ball screen.
2. 4 touches on the ball screen defender and then flips to set ball screen to other side.

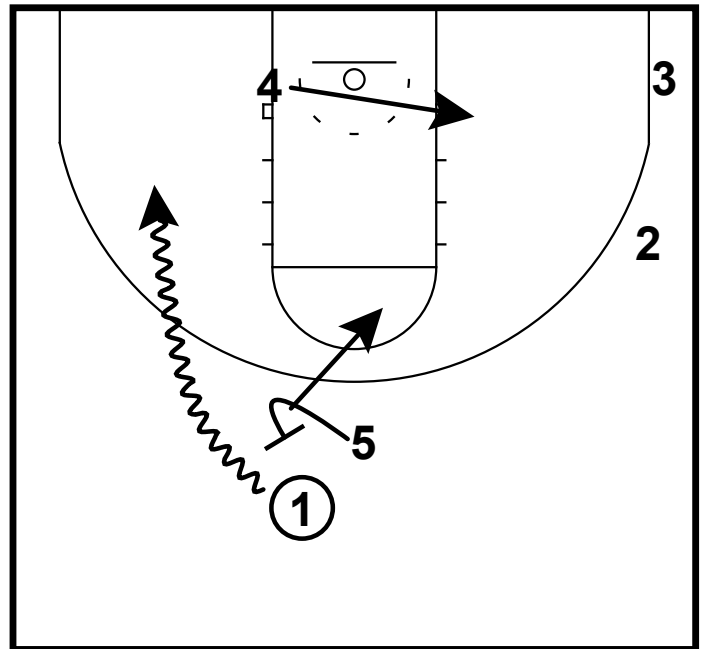
# Iowa Ball Screen Offense

Swivel Ball Screens-2  
Iowa Ball Screen Offense



1. 5 sets ball screen to middle of the floor for 1.
2. 4 clears to dunker spot

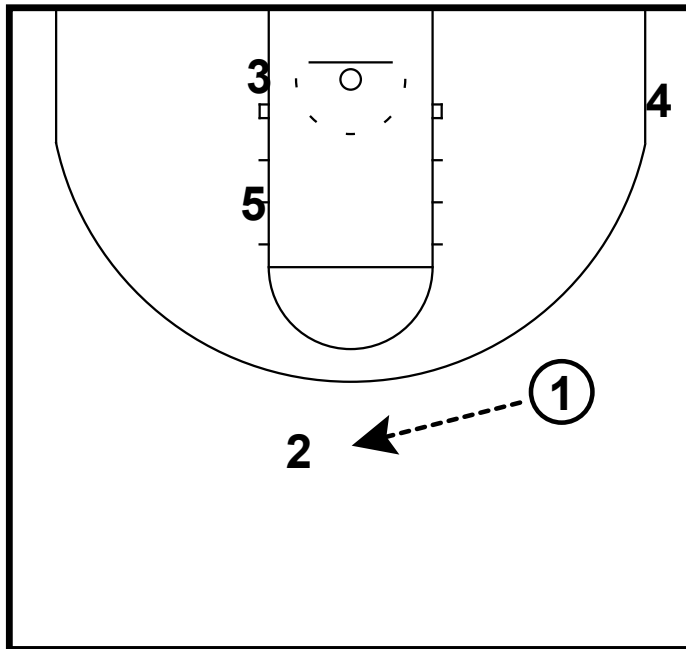
Swivel Ball Screens-2  
Iowa Ball Screen Offense



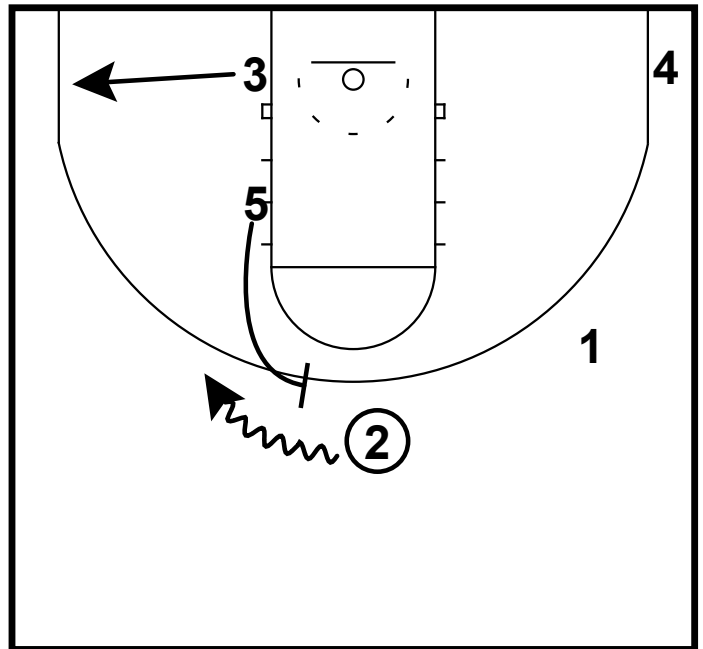
1. 5 swivels ball screen to other side.
2. 4 clears to opposite.
3. 5 short rolls to free throw line.

# Iowa Ball Screen Offense

Swivel Ball Screens-3  
Iowa Ball Screen Offense

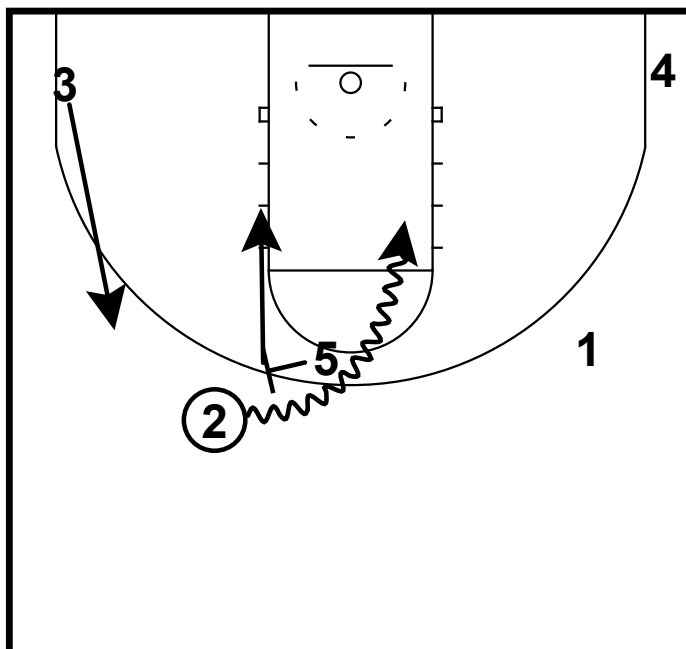


Swivel Ball Screens-3  
Iowa Ball Screen Offense



1. 5 sets ball screen for 2 at the top.
2. 3 begins to clear to corner.

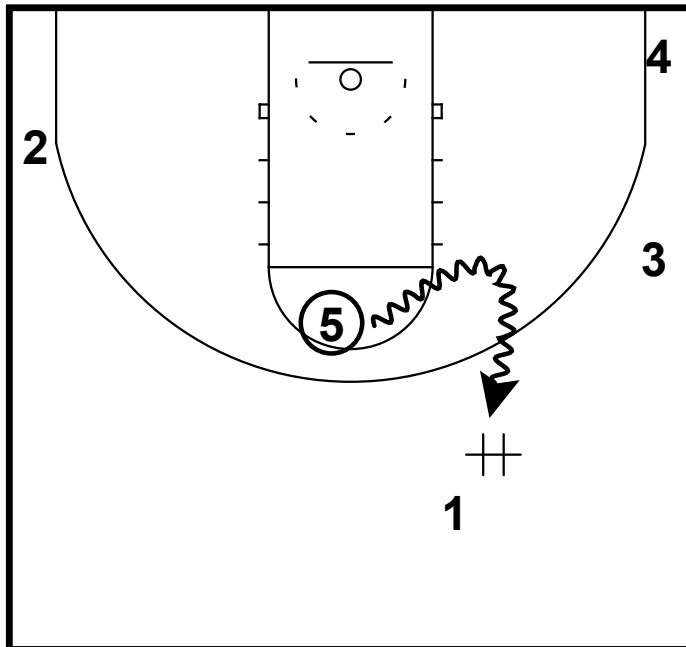
Swivel Ball Screens-3  
Iowa Ball Screen Offense



1. 5 swivels the ball screen to other side.
2. 2 attacks off ball screen.
3. 3 lifts behind the ball screen.

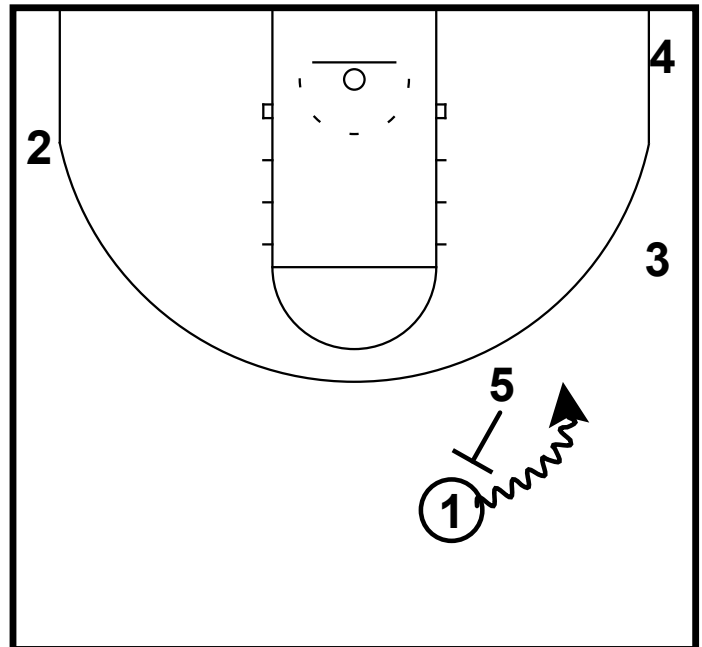
# Iowa Ball Screen Offense

Swivel Ball Screens-4  
Iowa Ball Screen Offense



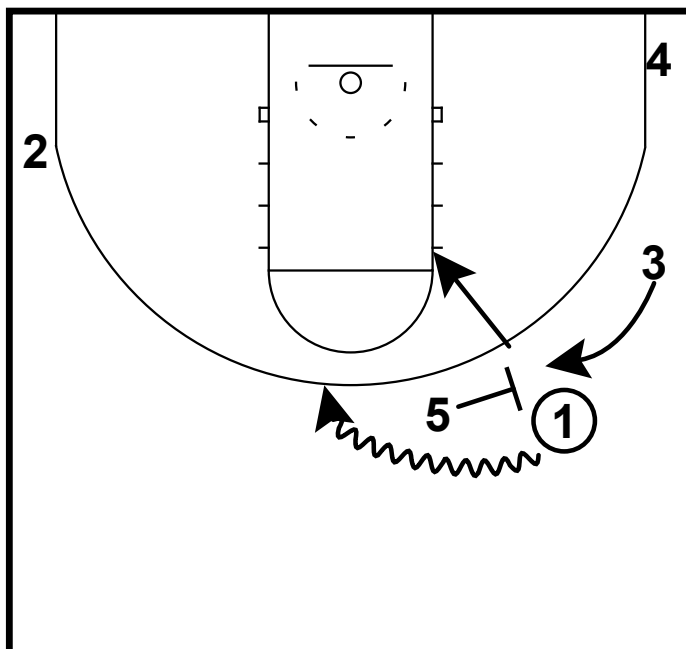
1. Begins with a handoff from 5 to 1.

Swivel Ball Screens-4  
Iowa Ball Screen Offense



1. 5 sets a quick soft ball screen for 1.
2. 1 uses screen to set up swivel.

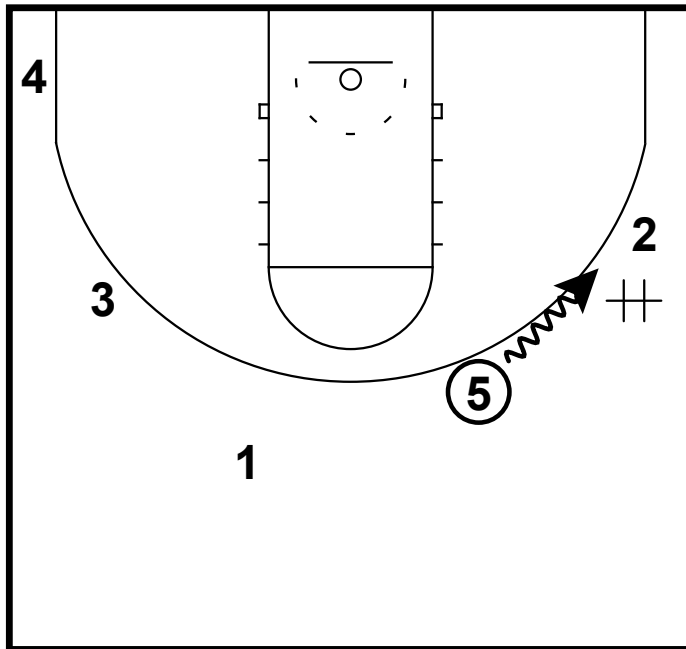
Swivel Ball Screens-4  
Iowa Ball Screen Offense



1. 1 uses swivel ball screen to attack into shot.
2. 5 rolls to paint.
3. 3 lifts behind the ball screen.

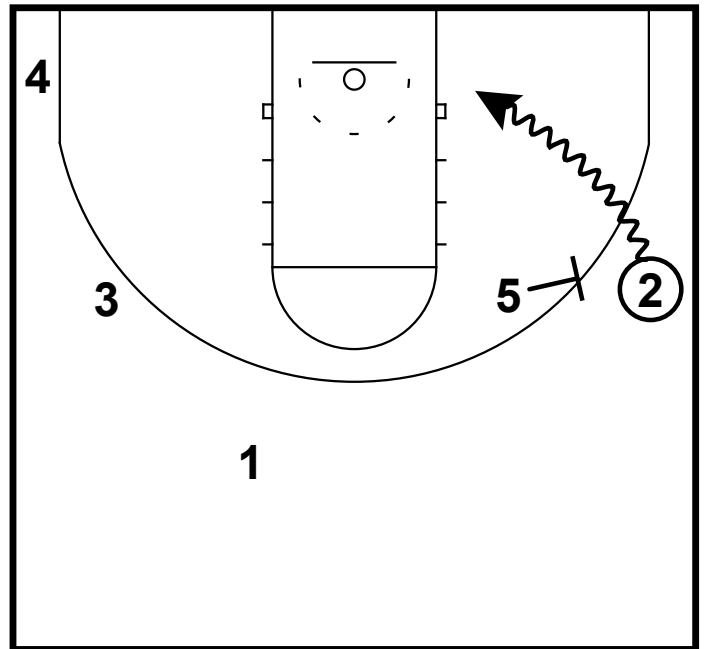
# Iowa Ball Screen Offense

Driving Against-1  
Iowa Ball Screen Offense



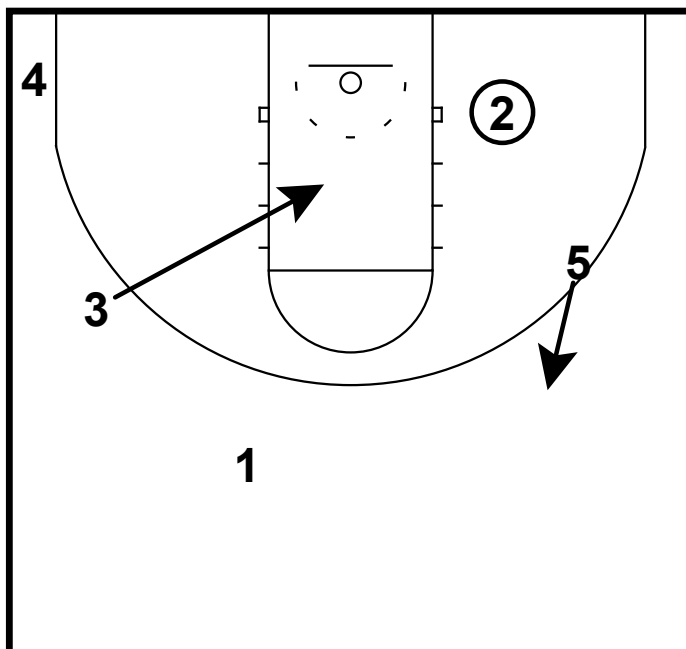
1. 5 dribble hand off with 2.

Driving Against-1  
Iowa Ball Screen Offense



1. 2 drives against the ball screen.

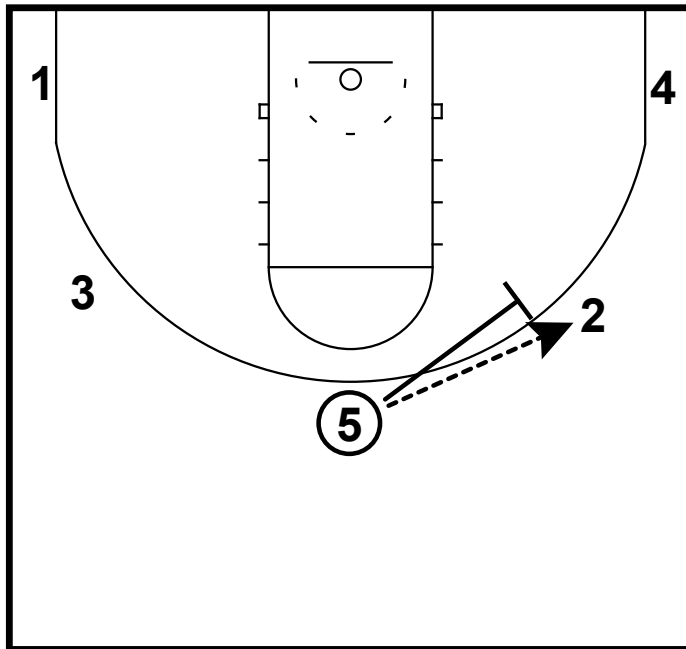
Driving Against-1  
Iowa Ball Screen Offense



1. 5 pops away from ball screen. 2.  
2. 3 45 cuts on the drive.

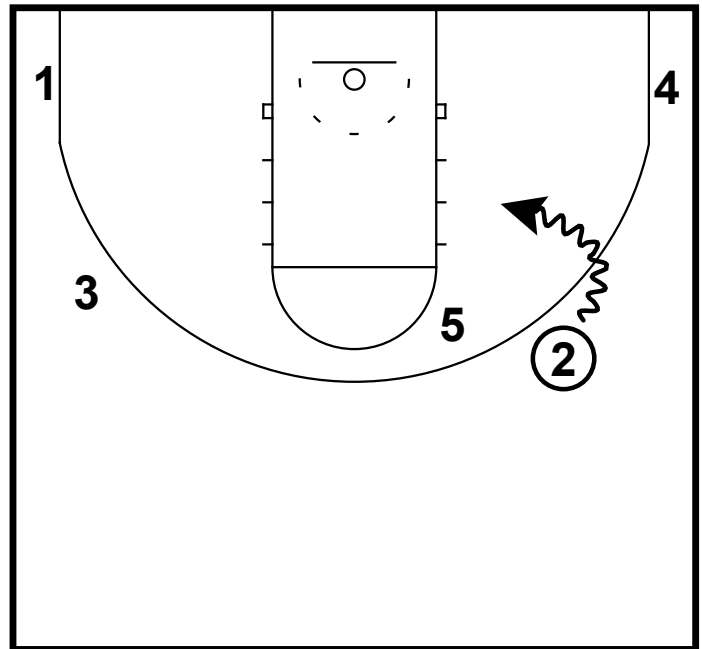
# Iowa Ball Screen Offense

Driving Against-2  
Iowa Ball Screen Offense



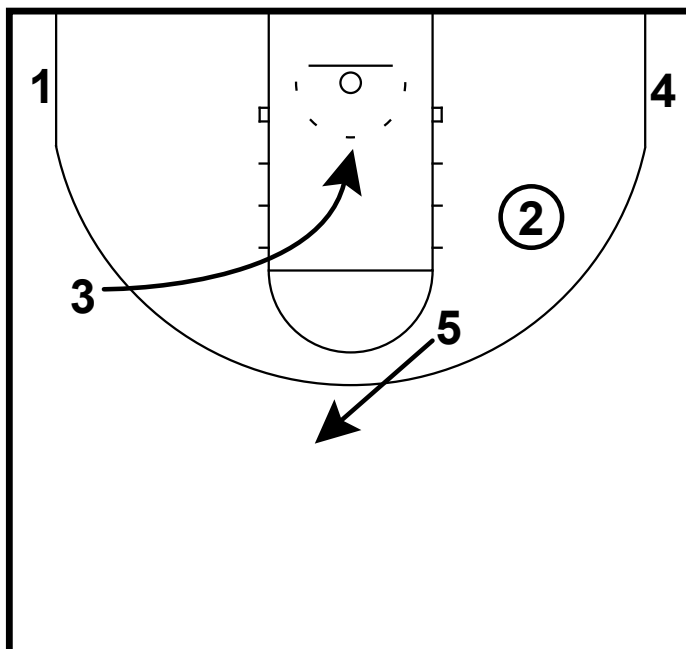
1. 5 out spacing.
2. 5 passes to 2 and follows ball screen.

Driving Against-2  
Iowa Ball Screen Offense



1. 2 drives against the screen.

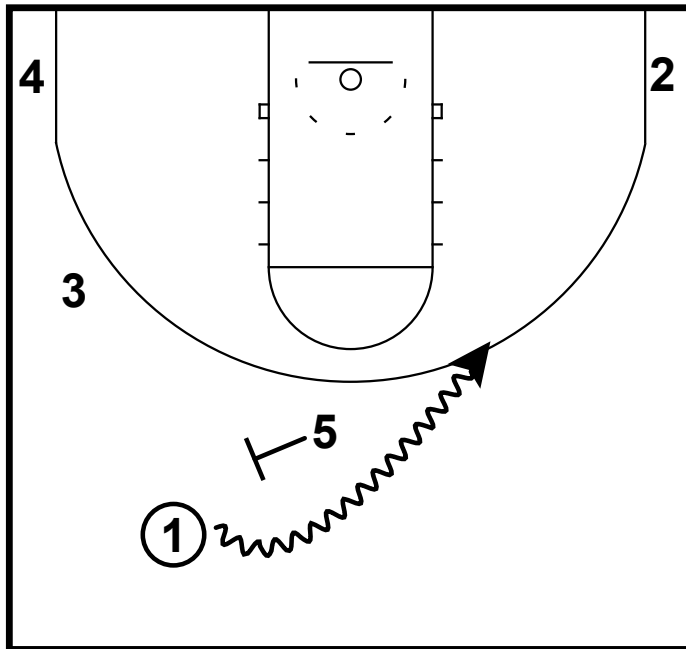
Driving Against-2  
Iowa Ball Screen Offense



1. Screener pops away.
2. 3 45 cuts to rim.

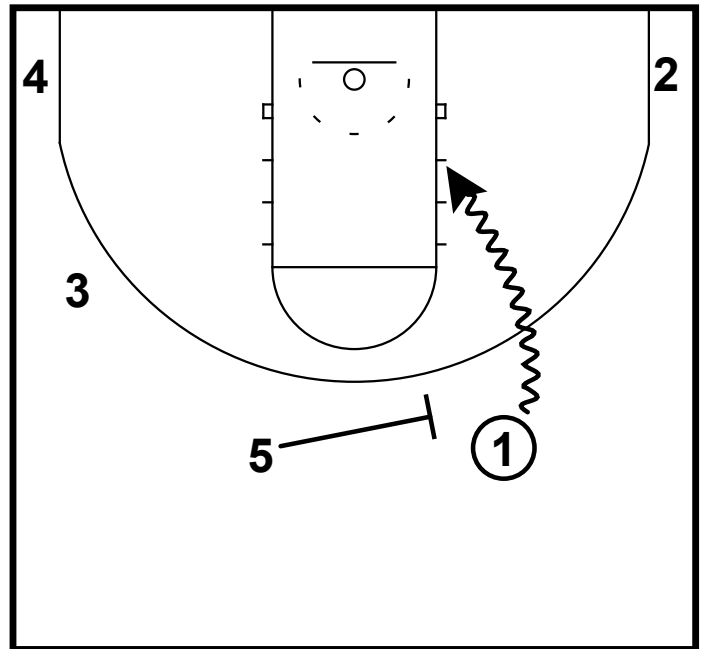
# Iowa Ball Screen Offense

Driving Against -3  
Iowa Ball Screen Offense



1. 5 sets high ball screen for 1.
2. 1 comes off slow setting up re screen.

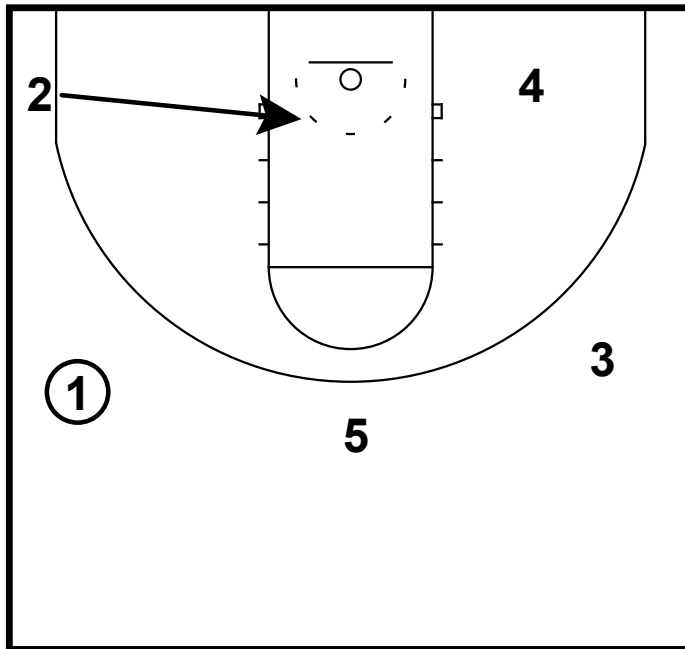
Driving Against -3  
Iowa Ball Screen Offense



1. 1 drives against the ball screen for layup.

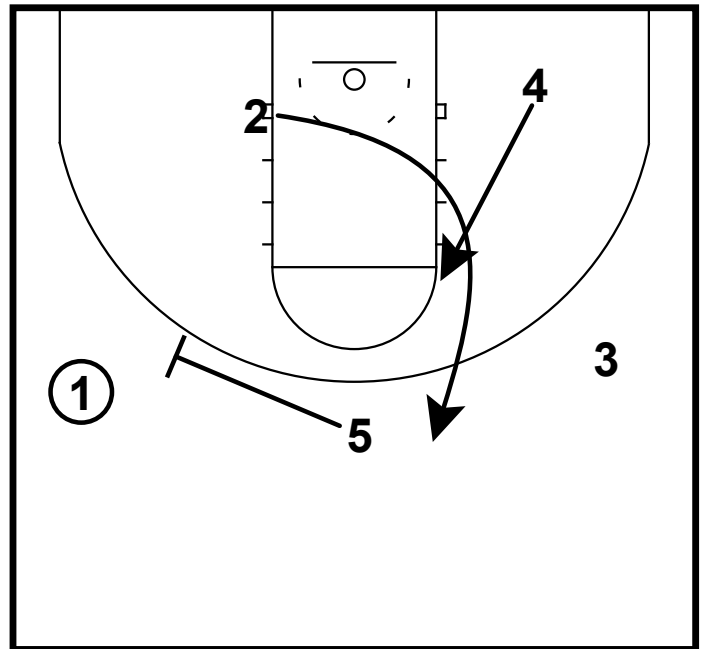
# Iowa Ball Screen Offense

Clearing Empty Side -1  
Iowa Ball Screen Offense



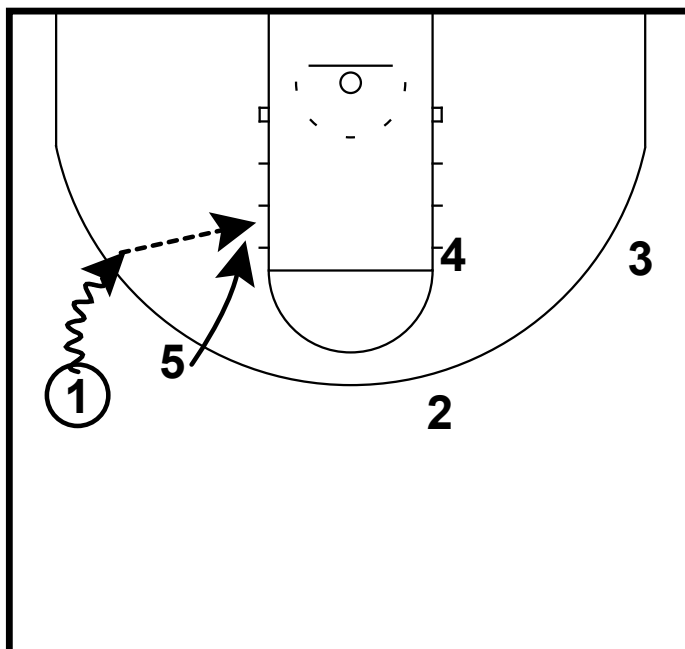
1. Before action is initiated the 2 is pushed through to empty strong side corner.

Clearing Empty Side -1  
Iowa Ball Screen Offense



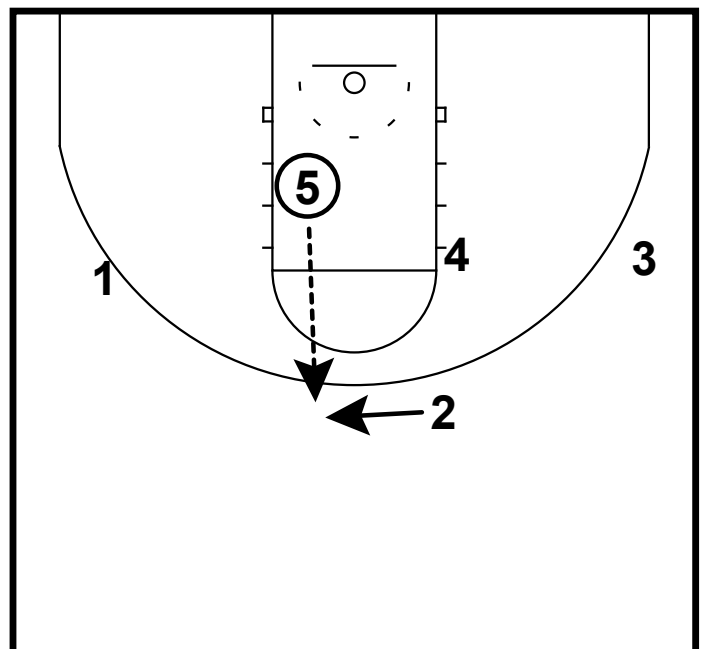
- 1.5 follows into wing ball screen.
2. 2 continues through to the top.
3. 4 is finding space on opposite elbow.

Clearing Empty Side -1  
Iowa Ball Screen Offense



1. 1 rejects to empty side.
2. 5 short rolls.

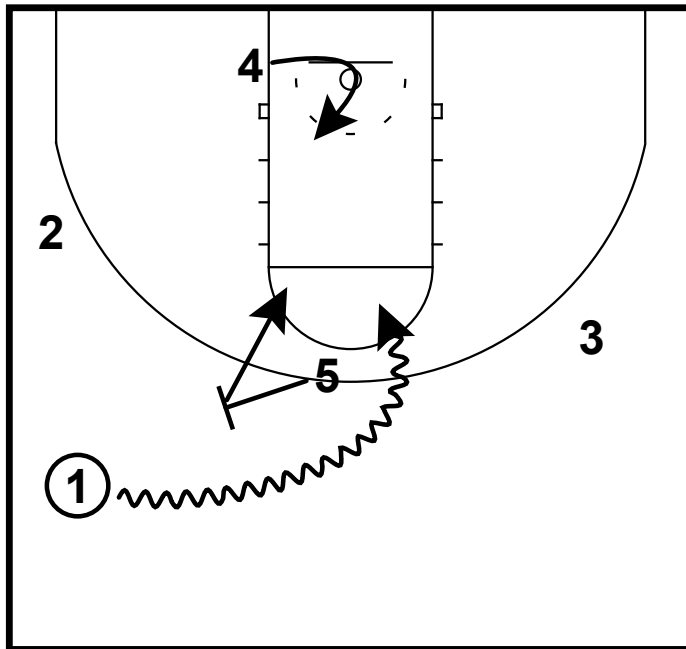
Clearing Empty Side -1  
Iowa Ball Screen Offense



1. Possession ends on a kick out to 2.

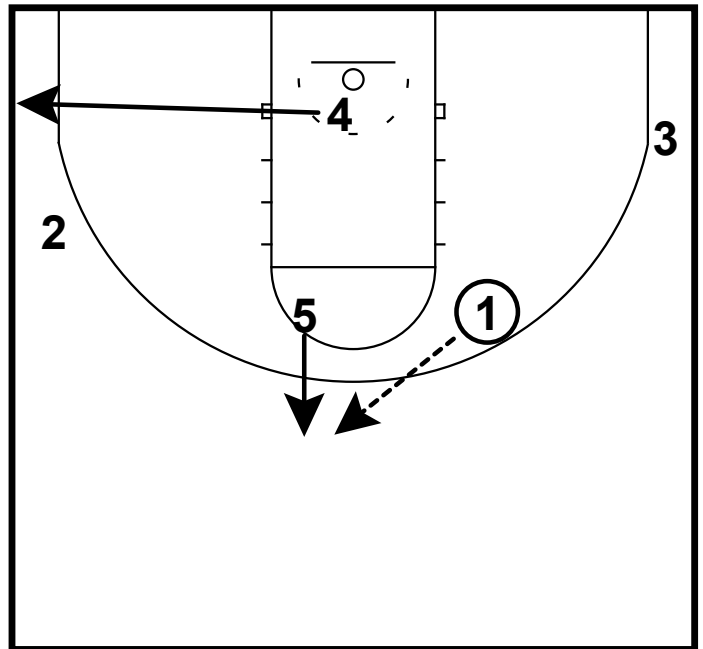
# Iowa Ball Screen Offense

Extended Ball Screens -1  
Iowa Ball Screen Offense



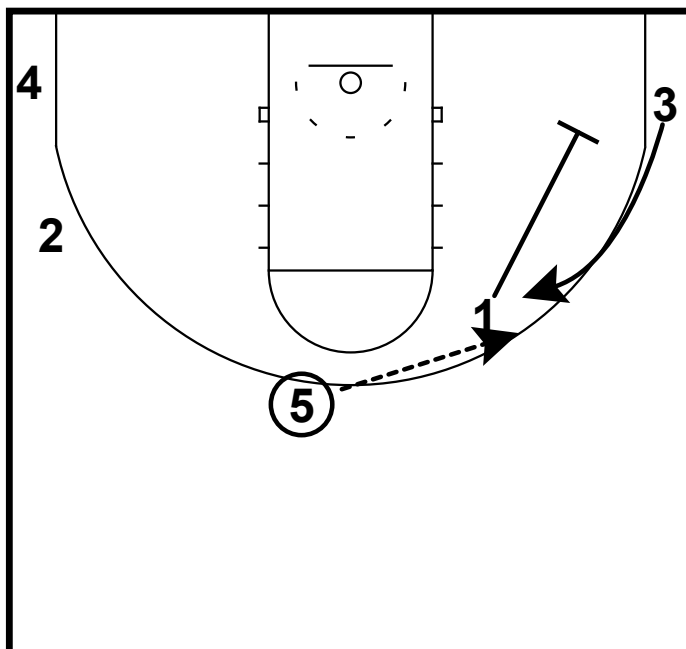
1. 5 sets high ball screen for 1 and short rolls.
2. 4 ducks in on the drive.

Extended Ball Screens -1  
Iowa Ball Screen Offense



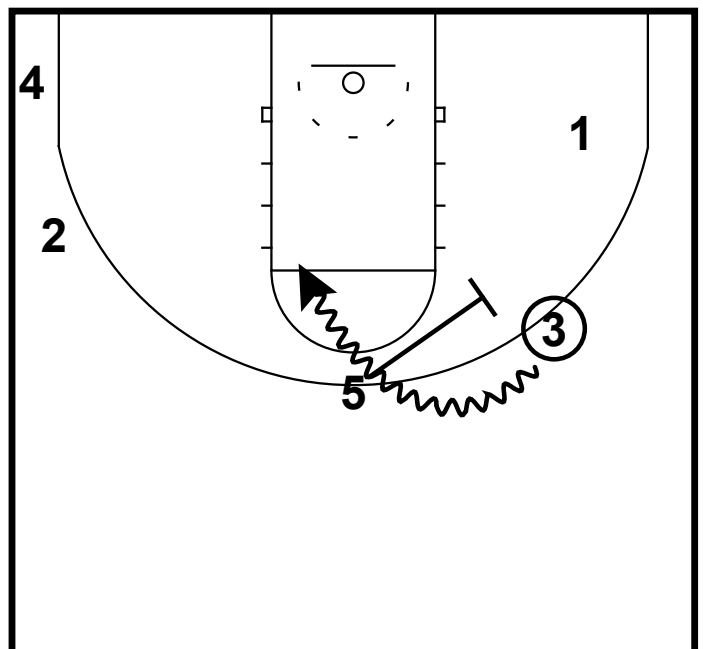
1. 5 then pops.
2. 1 passes to 5.
3. 4 clears to corner

Extended Ball Screens -1  
Iowa Ball Screen Offense

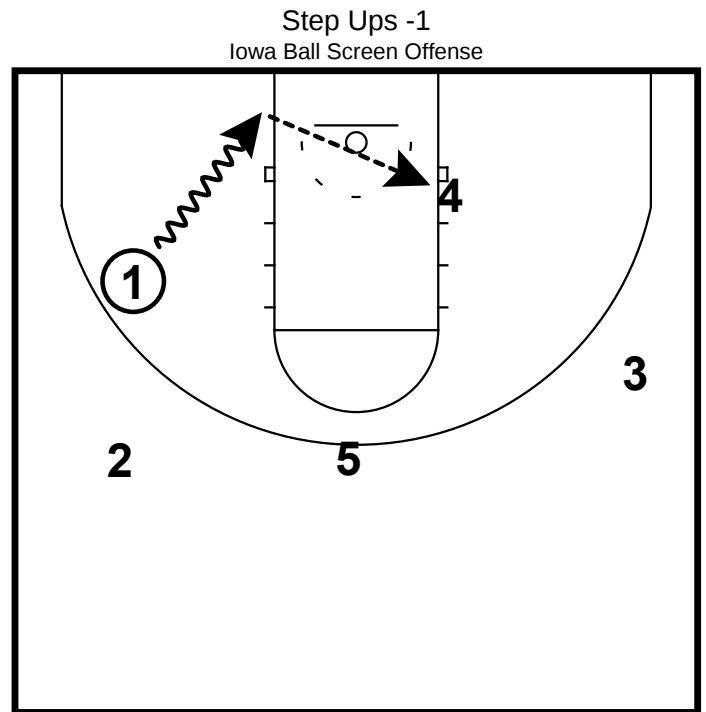
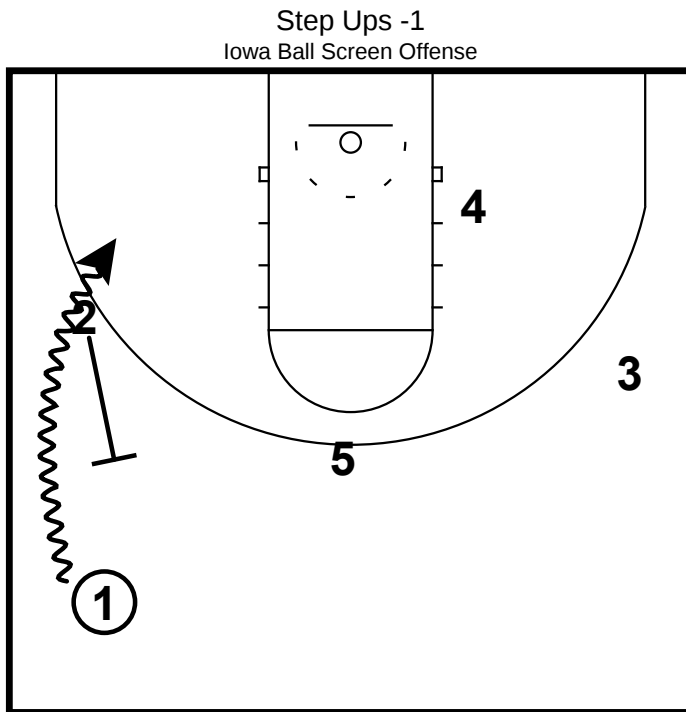


1. 1 sets pin down for 3.
2. 5 hits 3.

Extended Ball Screens -1  
Iowa Ball Screen Offense



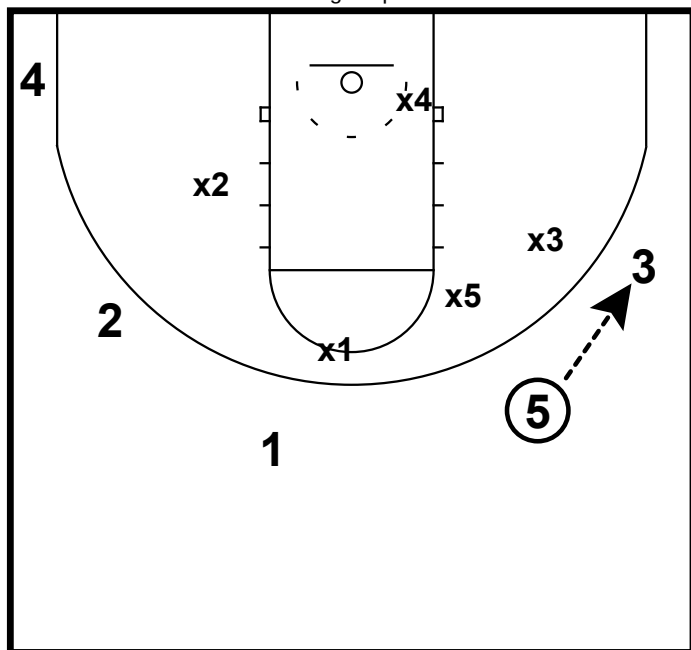
# Iowa Ball Screen Offense



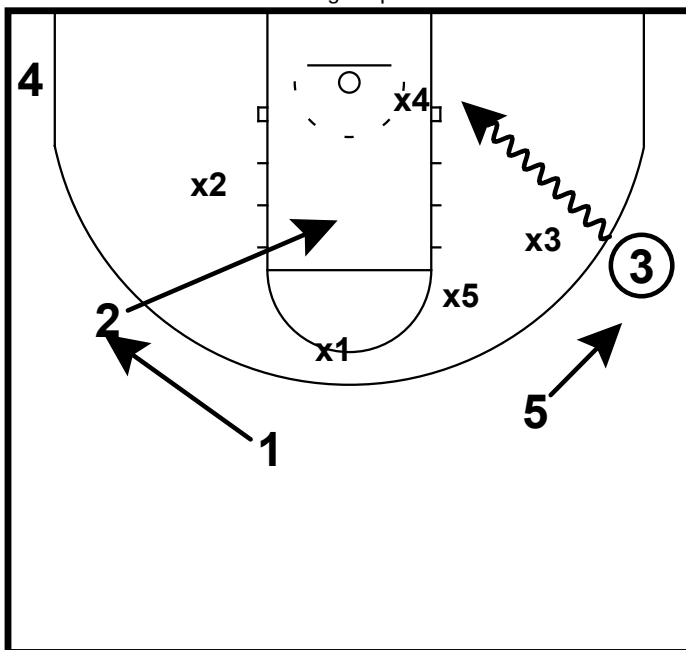
1. 2 guard steps up to set ball screen for 1.

# Cutting and 3pt Offense

45 Cuts -1  
Iowa Cutting & 3pt Offense

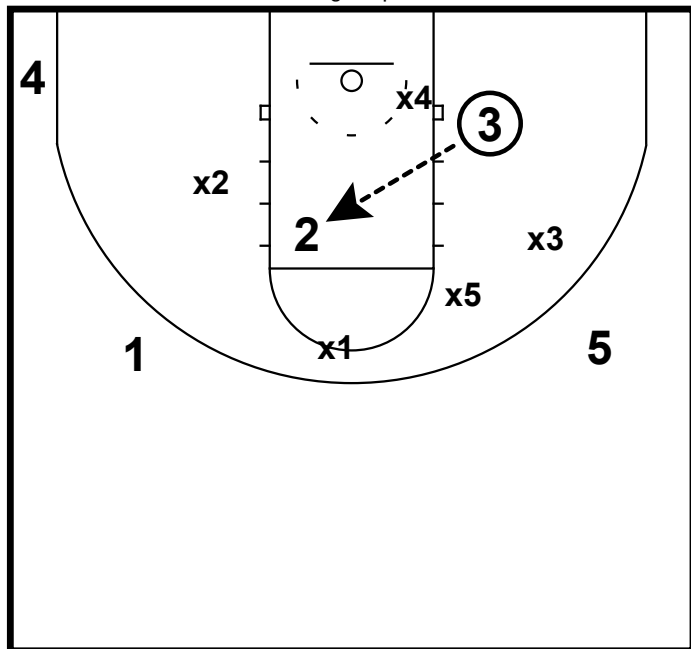


45 Cuts -1  
Iowa Cutting & 3pt Offense



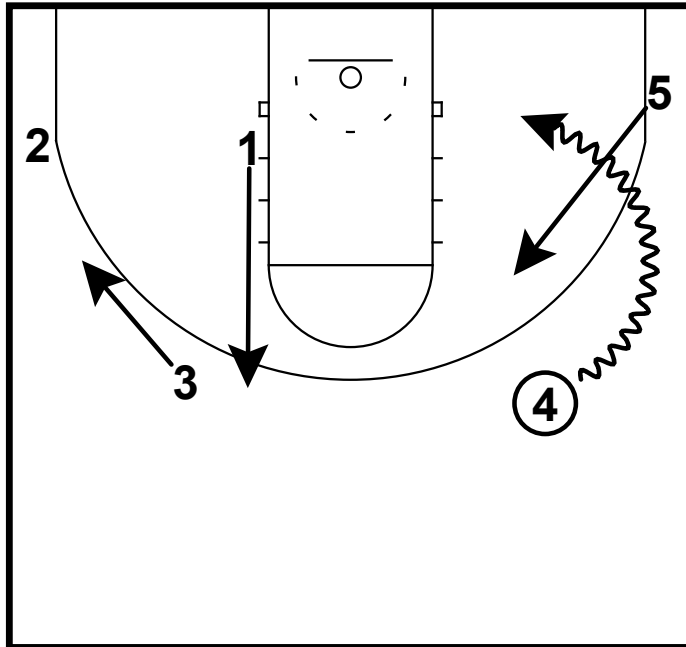
1. 3 drives baseline.
2. 5 cuts behind the drive
3. 2 45 cuts for layup.

45 Cuts -1  
Iowa Cutting & 3pt Offense



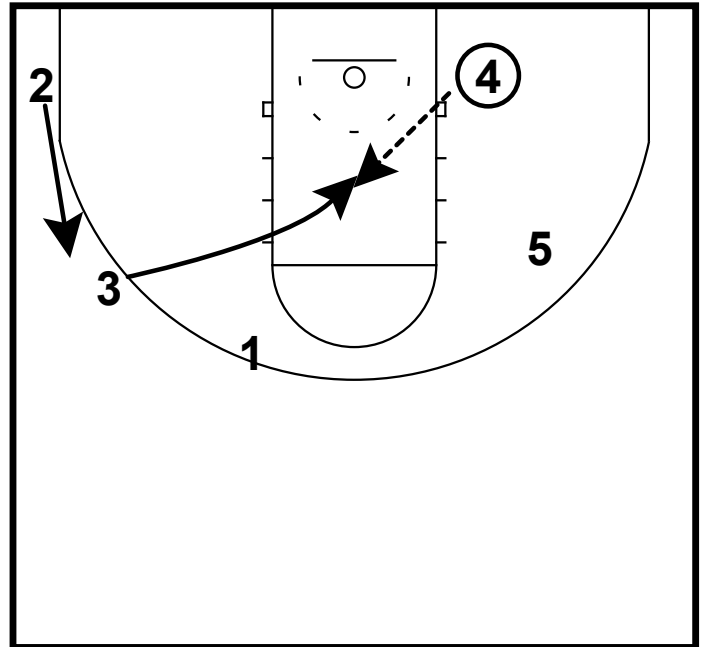
# Cutting and 3pt Offense

45 Cuts - 2  
Iowa Cutting & 3pt Offense



1. 4 baseline drives off of 5's shallow cut.
2. 1 is relocating from earlier drive.

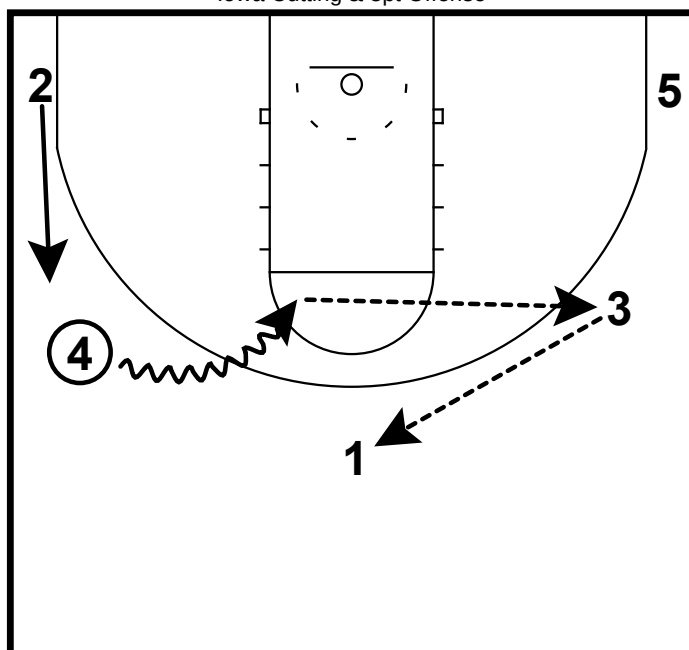
45 Cuts - 2  
Iowa Cutting & 3pt Offense



1. 4 hits 3 on the 45 cut.
2. 2 lifts to space from the 45 cut.

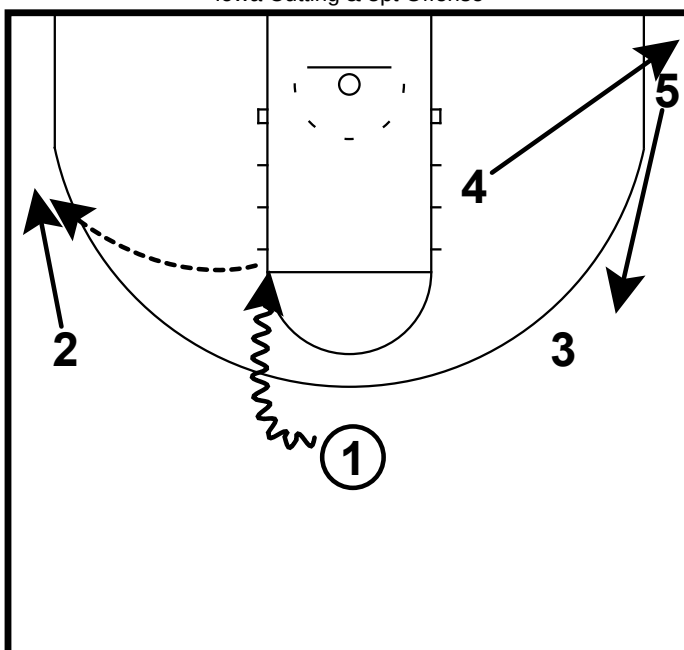
# Cutting and 3pt Offense

Kick 3's -1  
Iowa Cutting & 3pt Offense



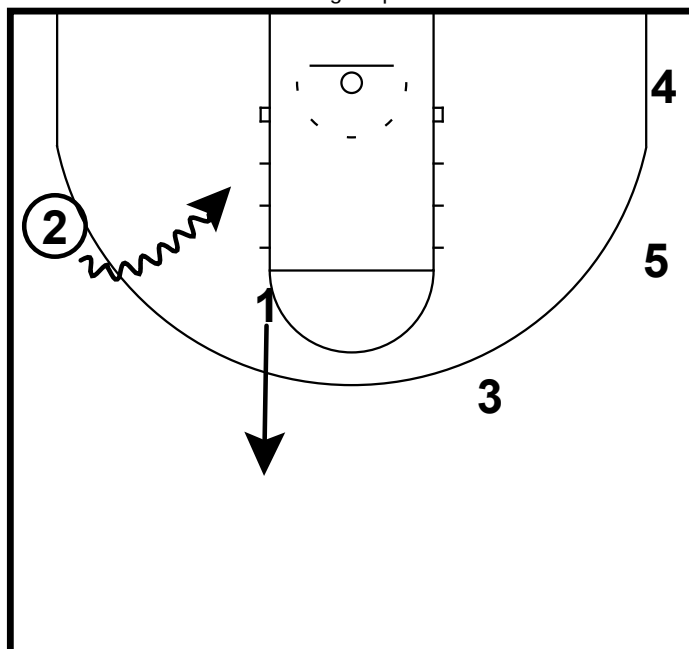
1. 4 attacks the paint and kicks to 3.
2. 2 lifts behind the drive.
3. 3 makes quick pass to 1.
4. 4 relocates to corner.

Kick 3's -1  
Iowa Cutting & 3pt Offense



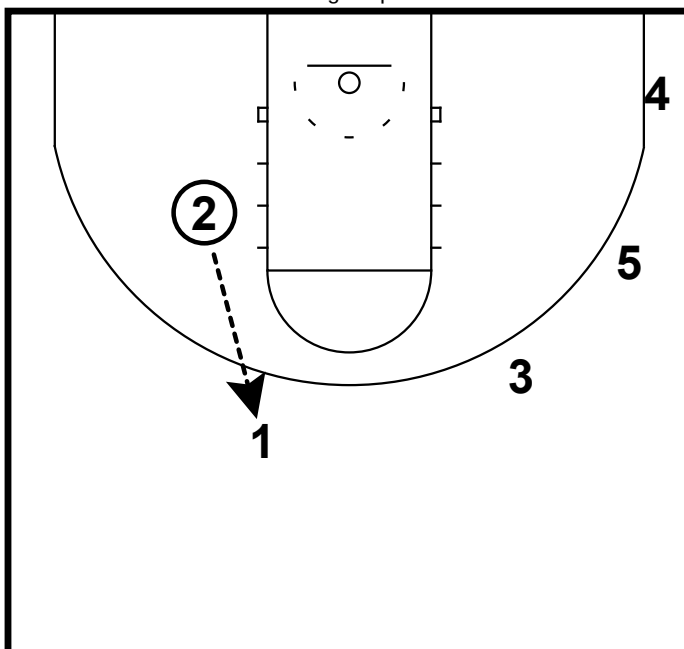
1. 1 attacks and 2 slides with the drives.
2. 1 kicks to 2.
3. Weakside lifts behind the drive. Leaving top of key vacant.

Kick 3's -1  
Iowa Cutting & 3pt Offense



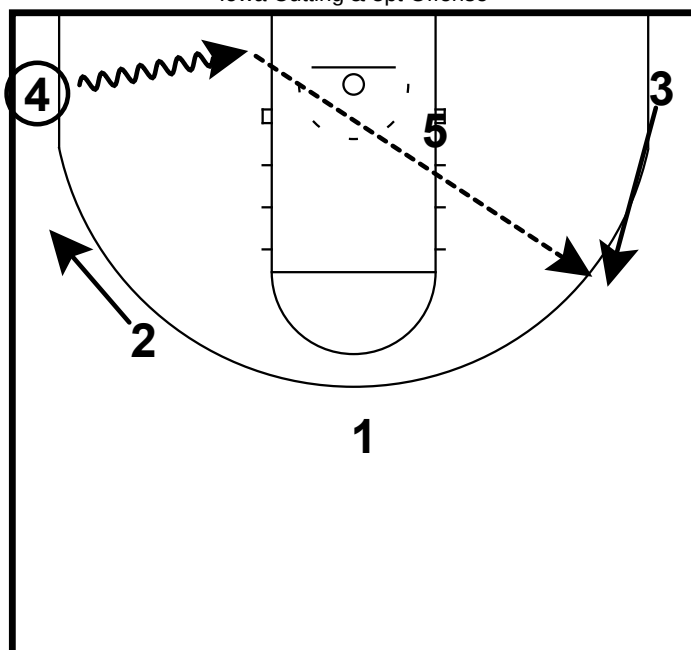
1. 1 relocates to top of the key.
2. 2 drives and kicks to 1 for open 3.

Kick 3's -1  
Iowa Cutting & 3pt Offense



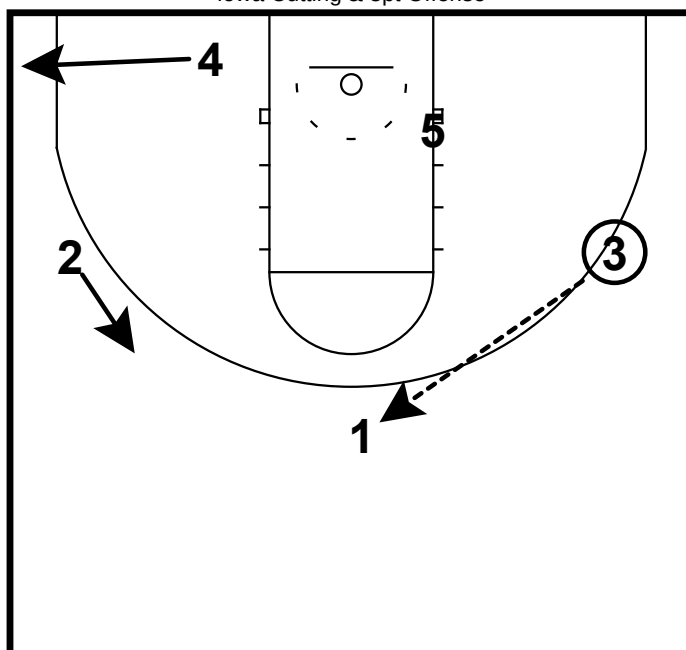
# Cutting and 3pt Offense

Kick 3's -2  
Iowa Cutting & 3pt Offense



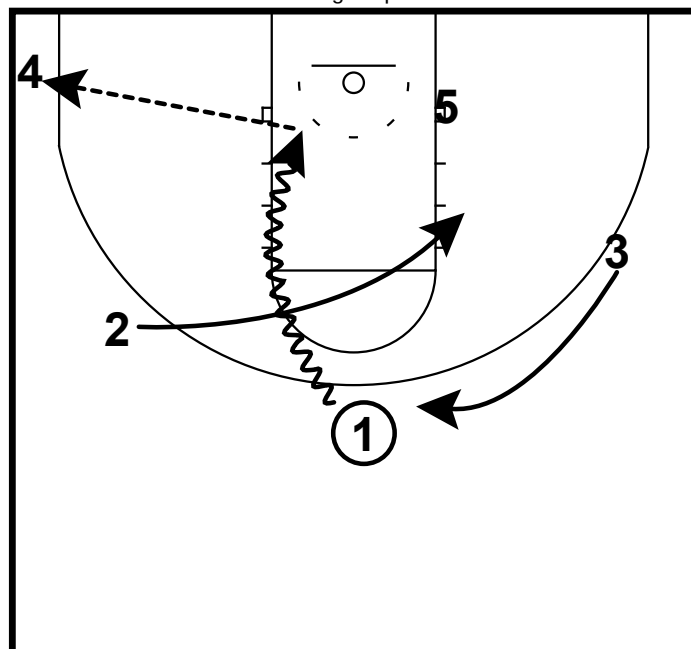
1. 4 drives baseline.
2. 2 cuts behind the drive.
3. 3 lifts to be insight of driver.

Kick 3's -2  
Iowa Cutting & 3pt Offense



1. 4 relocates back to corner.
2. 3 reverses ball to 1 at top of key.
3. 2 lifts back to balance side of the floor.

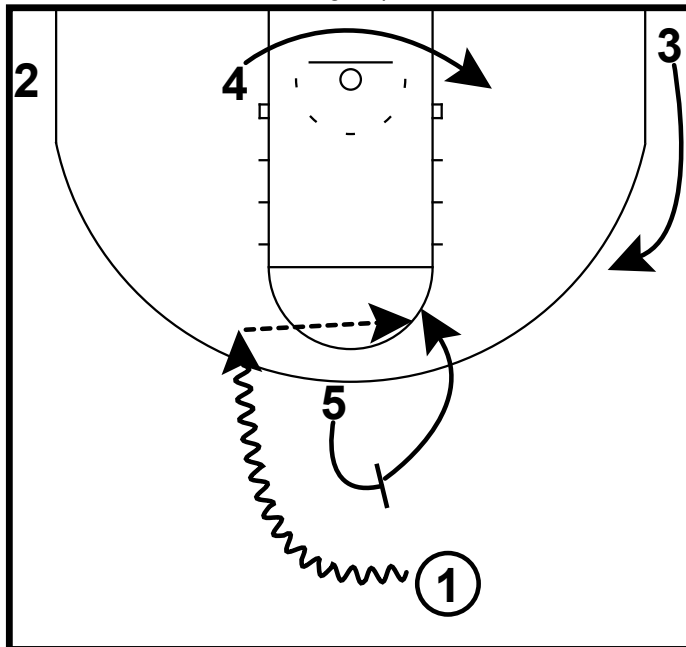
Kick 3's -2  
Iowa Cutting & 3pt Offense



1. 1 drives to the paint.
2. 2 cuts off the no help.
3. 3 lifts behind the drive.
4. 1 kicks to 4 in corner for open 3.

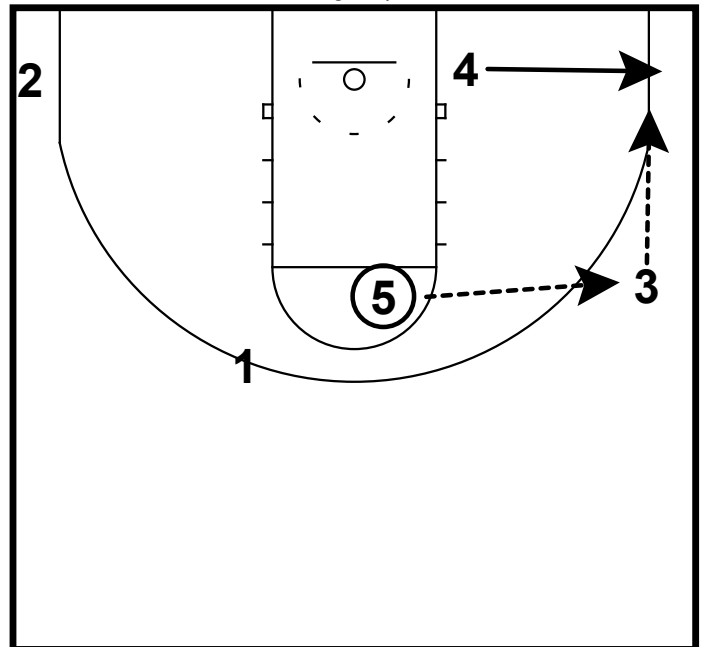
# Cutting and 3pt Offense

Kick 3's - 3  
Iowa Cutting & 3pt Offense



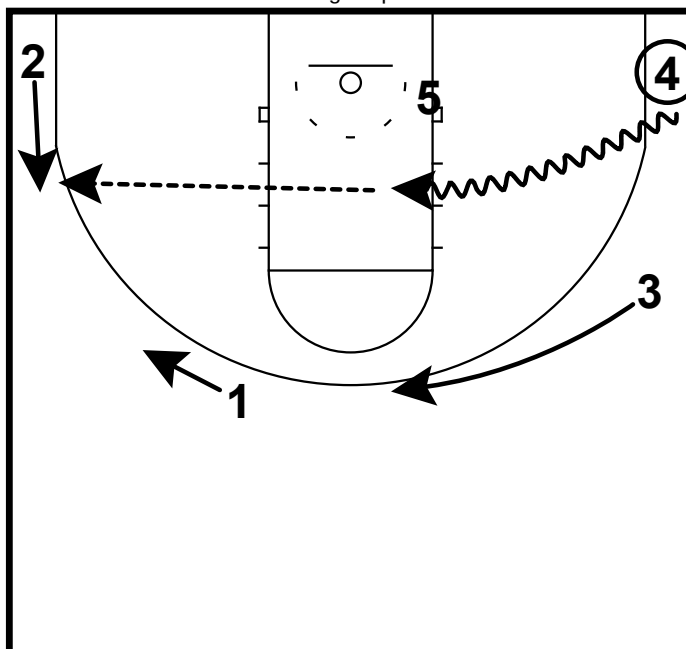
1. 5 sets ball screen for 1 and short rolls to free throw line.

Kick 3's - 3  
Iowa Cutting & 3pt Offense



1. 3 and 4 circle out to perimeter.
2. 5 kicks to 3 and 3 makes one more pass to corner.

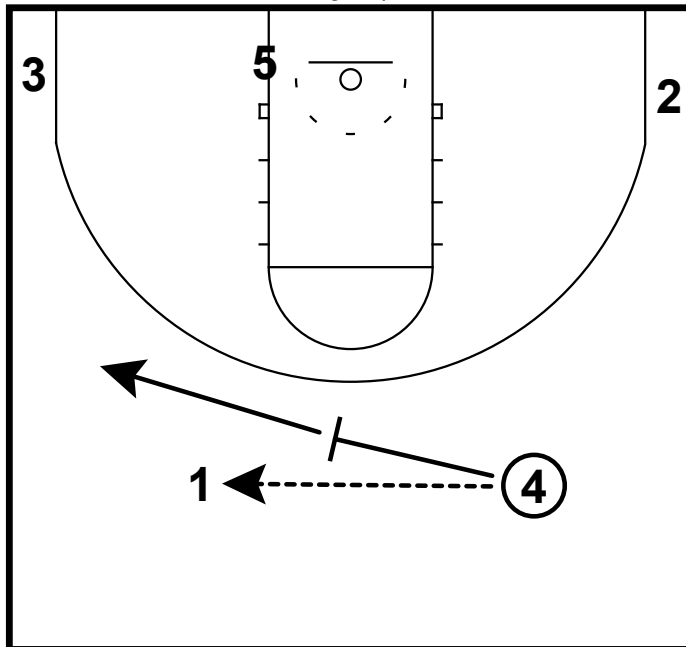
Kick 3's - 3  
Iowa Cutting & 3pt Offense



1. 4 drives to middle.
2. 3 and 1 slide with the drive.
3. 2 lifts to be in sight of driver.

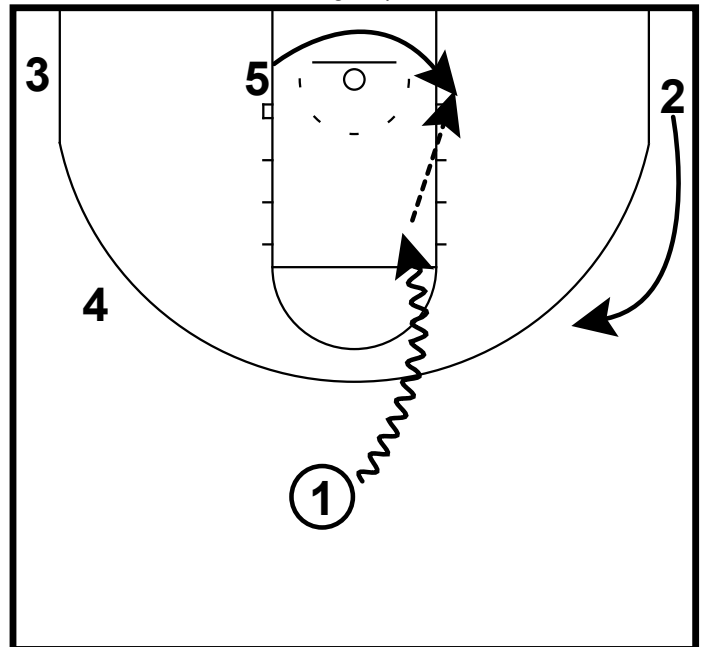
# Cutting and 3pt Offense

Kick 3's - 4  
Iowa Cutting & 3pt Offense



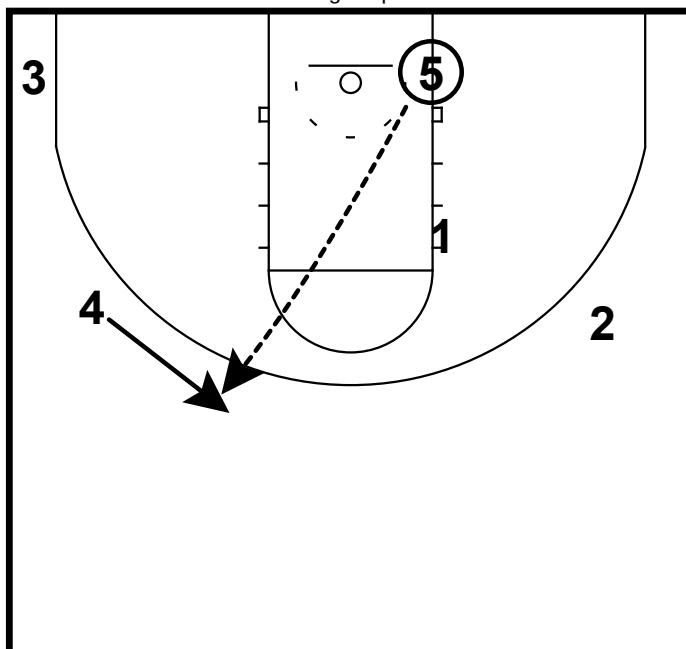
1. 4 sets ball screen for 1.
2. 4 clears to space

Kick 3's - 4  
Iowa Cutting & 3pt Offense



1. 1 drives it to paint.
2. 5 slides behind the defense
3. 1 dumps off to 5.

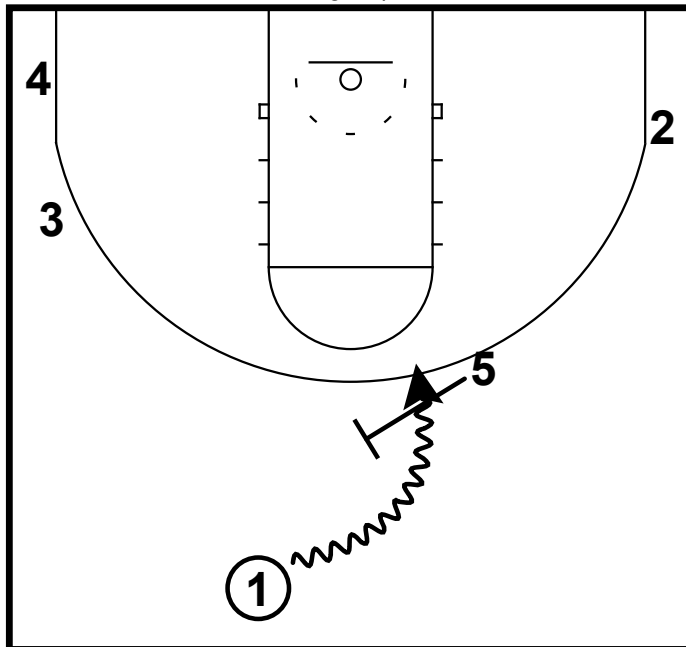
Kick 3's - 4  
Iowa Cutting & 3pt Offense



1. On 5 catch, 2 lifts to create space for 1's relocation.
2. 4 lifts to be insight of passer.

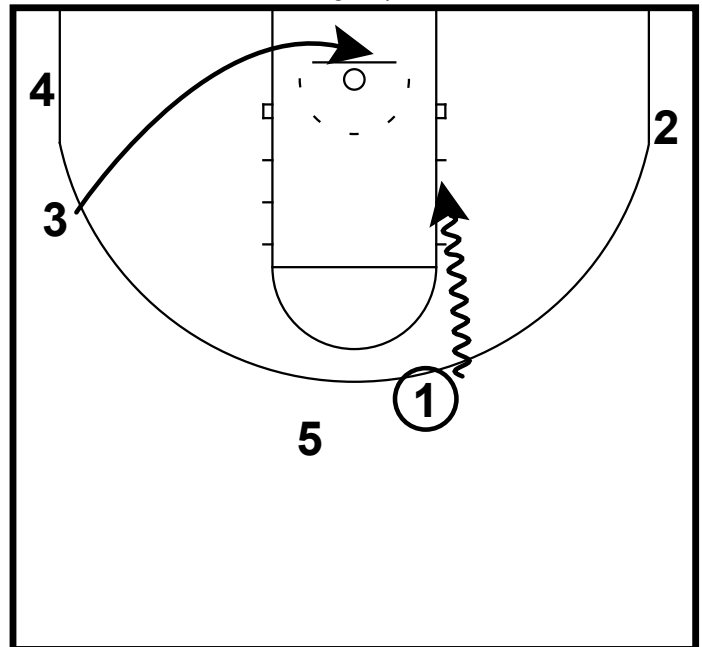
# Cutting and 3pt Offense

Skip 3's -1  
Iowa Cutting & 3pt Offense



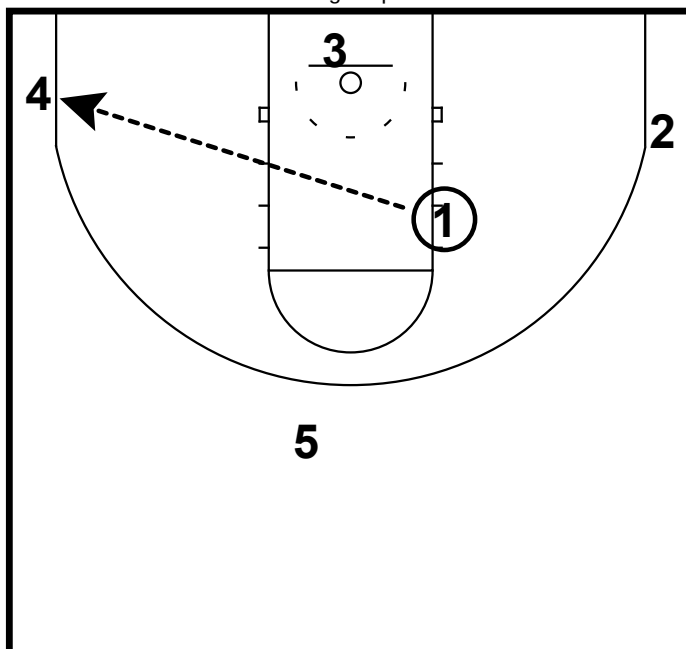
1. 5 sets ball screen for 1.
2. 5 pops.

Skip 3's -1  
Iowa Cutting & 3pt Offense



1. On 1's drive. 3 baseline cuts.

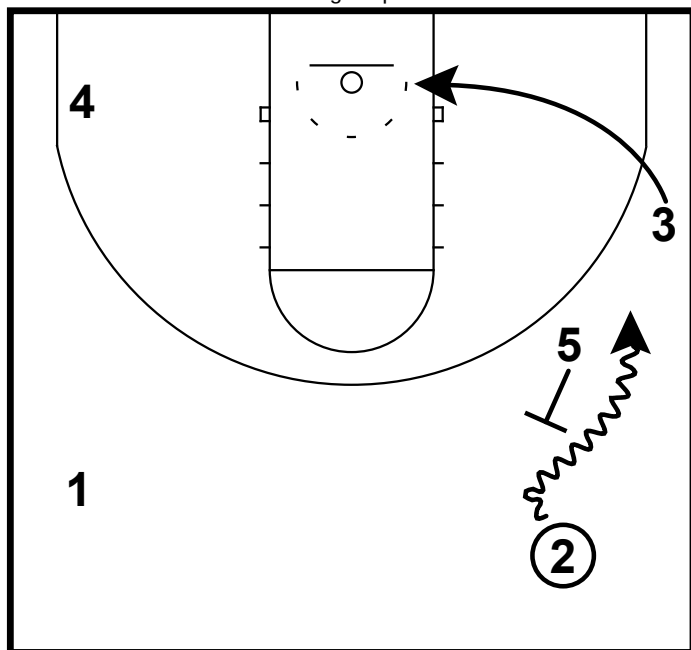
Skip 3's -1  
Iowa Cutting & 3pt Offense



1. 1 skips to 4 for open 3.

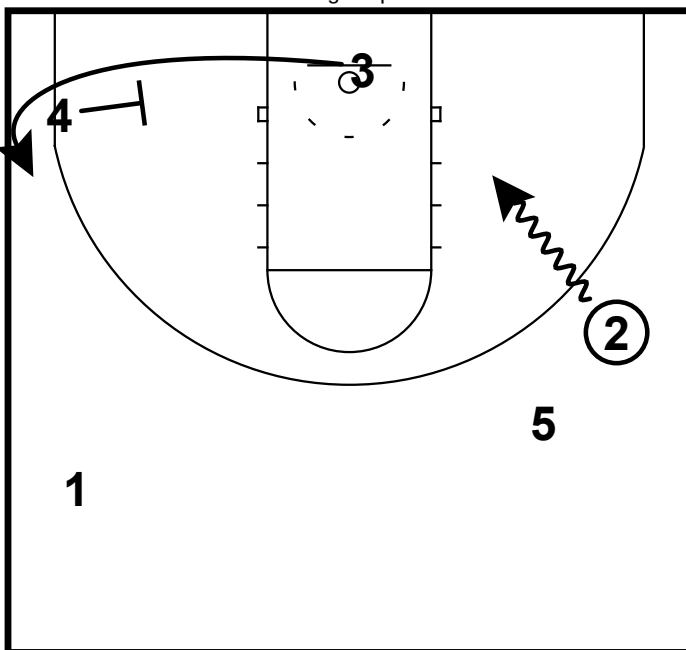
# Cutting and 3pt Offense

Skip 3's - 2  
Iowa Cutting & 3pt Offense



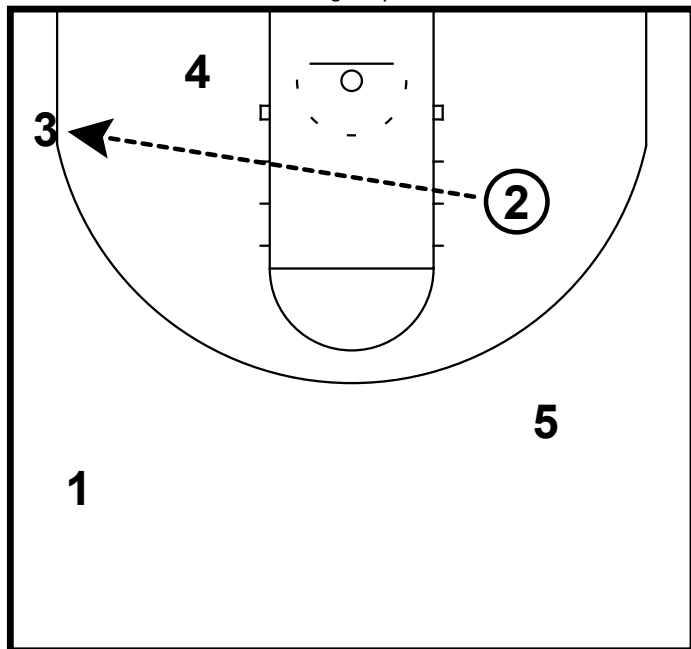
1. 5 sets ball screen for 2.
2. 3 cuts through to weak side.

Skip 3's - 2  
Iowa Cutting & 3pt Offense



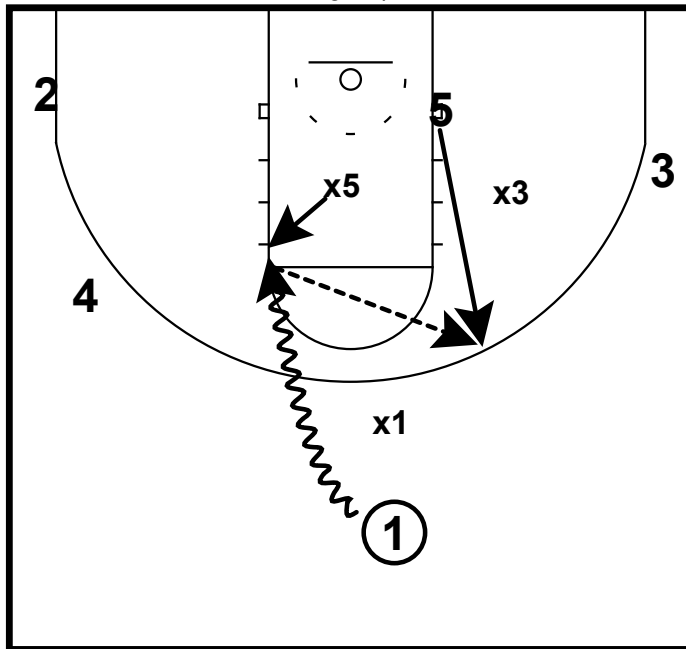
1. 4 cuts from corner and sets in screen for 3.
2. 2 throws skip pass to 3 for open 3.

Skip 3's - 2  
Iowa Cutting & 3pt Offense



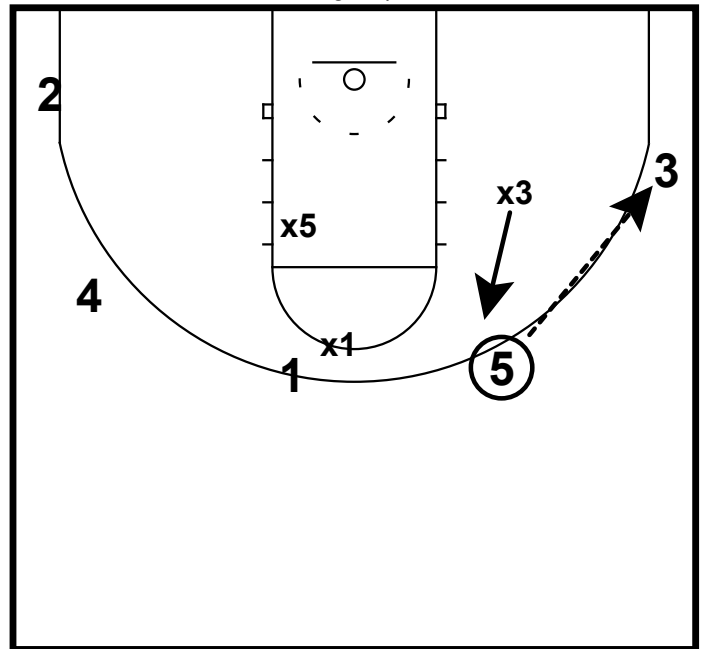
# Cutting and 3pt Offense

Swing 3's - 1  
Iowa Cutting & 3pt Offense



1. 1 attacks to draw x5
2. 5 flashes up.

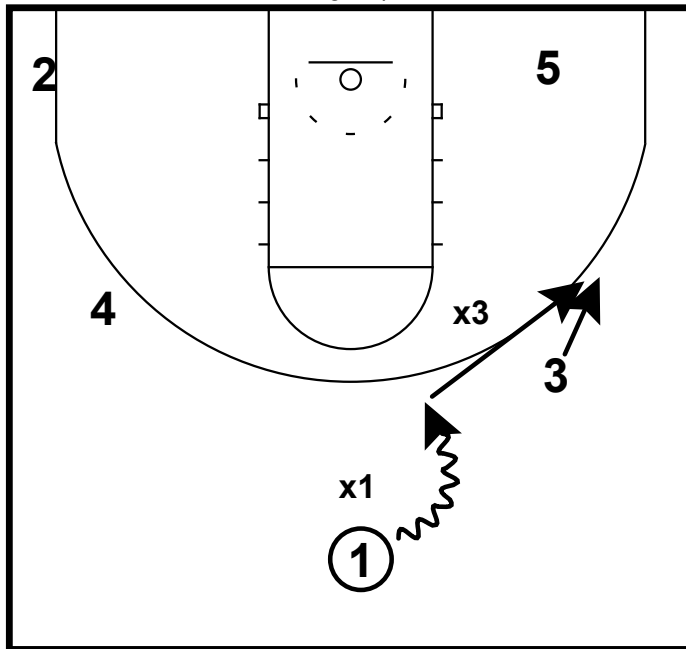
Swing 3's - 1  
Iowa Cutting & 3pt Offense



1. 5 swings to the 3 vs the 2v1

# Cutting and 3pt Offense

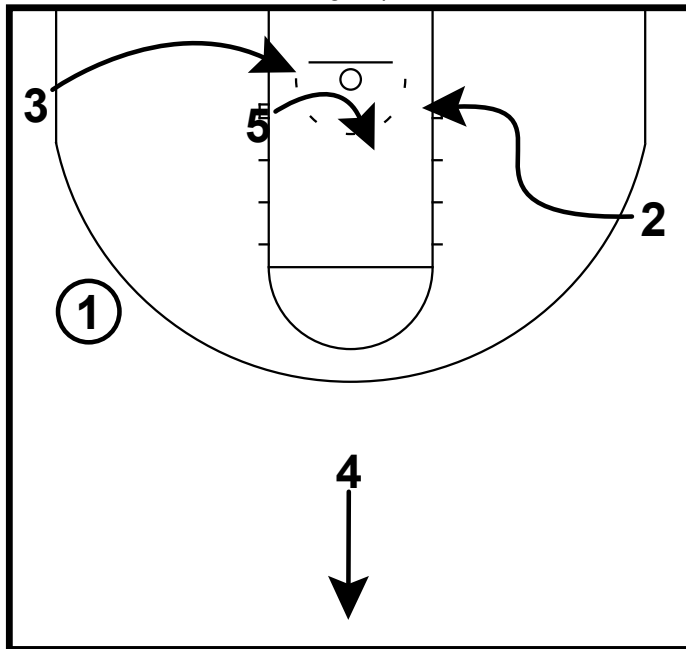
Swing 3's - 2  
Iowa Cutting & 3pt Offense



1. 1 attacks gap and draws stunt from help defender.
2. 3 slides a step for open shot

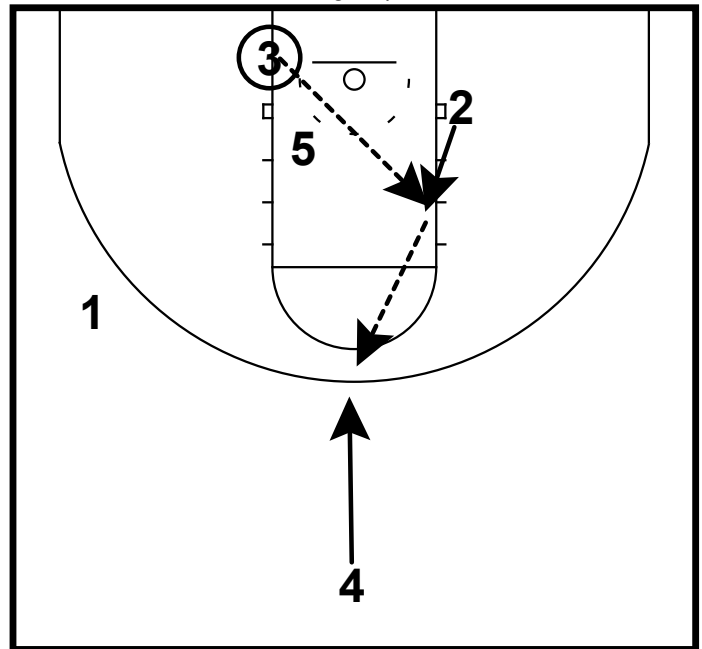
# Cutting and 3pt Offense

Kick Outs off O-Reb's - 1  
Iowa Cutting & 3pt Offense



1. 1 shoots.
2. 3, 5, 2 crash baseline side of O-Reb.
3. 4 gets back

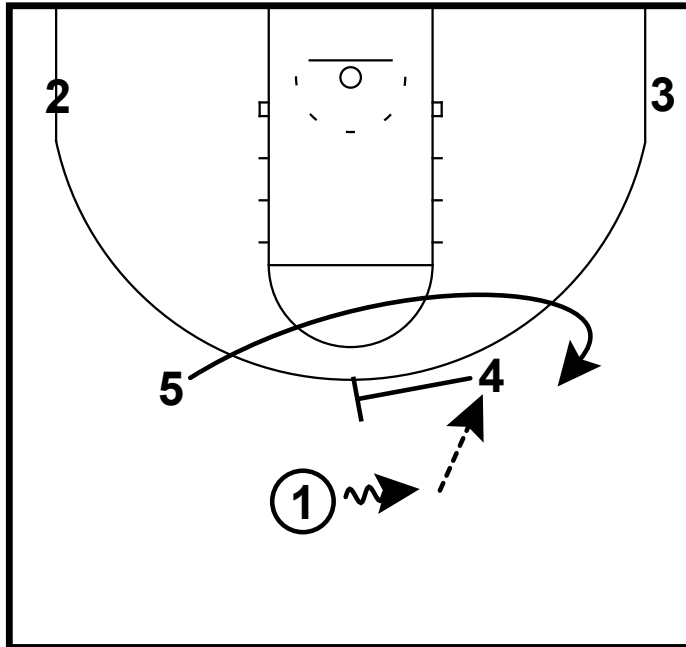
Kick Outs off O-Reb's - 1  
Iowa Cutting & 3pt Offense



1. 3 gets the rebound and kicks to 2.
2. 2 immediately looks for 4 coming back into the play for 3.

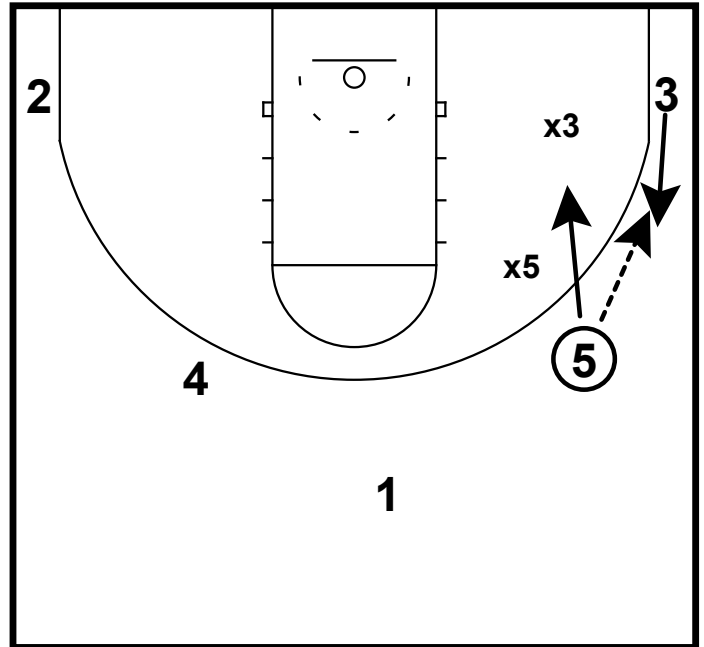
# Cutting and 3pt Offense

Shallow Cut 3's - 1  
Iowa Cutting & 3pt Offense



1. 4 sets ball screen on 1 and pops
2. 5 shall cuts underneath ball screen for wing entry

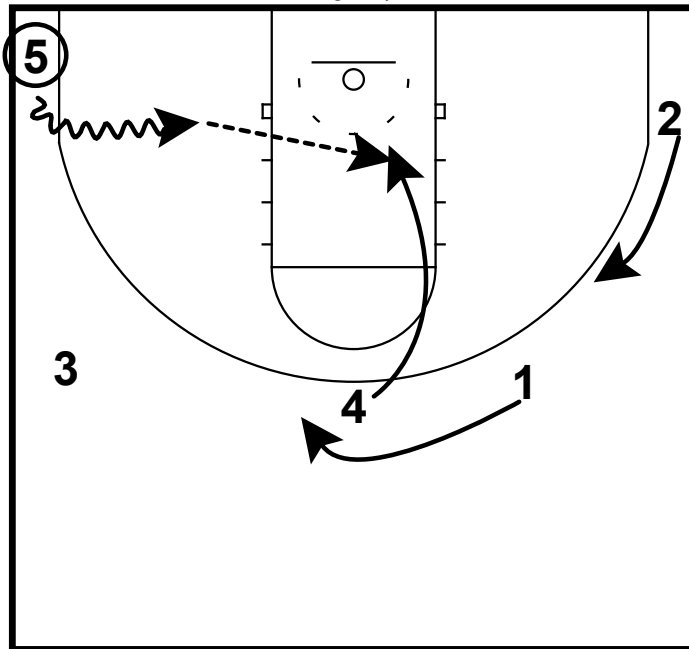
Shallow Cut 3's - 1  
Iowa Cutting & 3pt Offense



1. 3 cuts up.
2. 5 passes to 3 immediately on the catch and cuts below into his defender

# Cutting and 3pt Offense

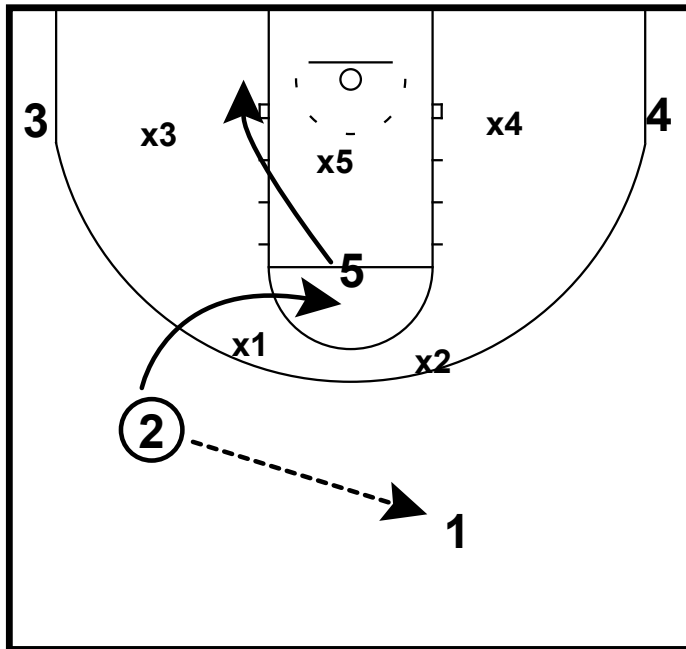
Slot Cuts -1  
Iowa Cutting & 3pt Offense



1. 5 drives from corner.
2. 4 cuts from the slot.
3. 1 and 2 guards lift behind the cut.

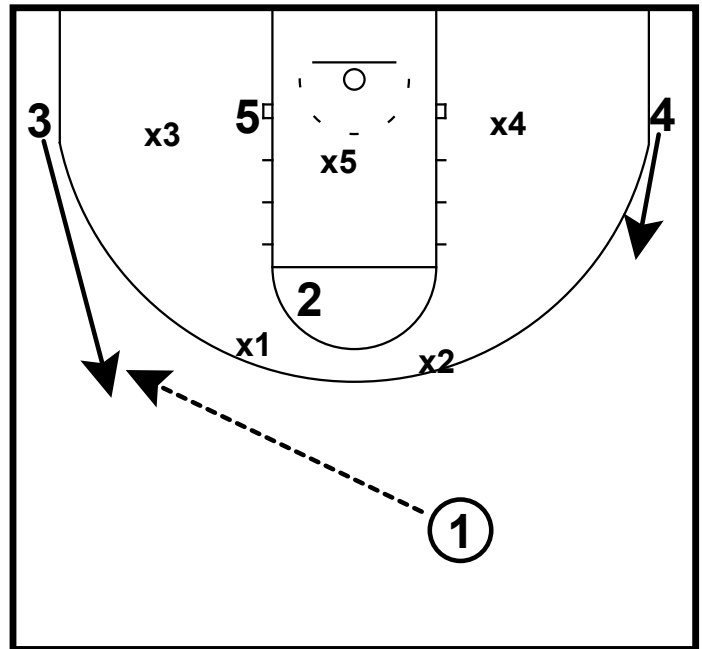
# Penetration & Post Offense

Good Ball Movement-1  
Iowa Penetration & Post Offense



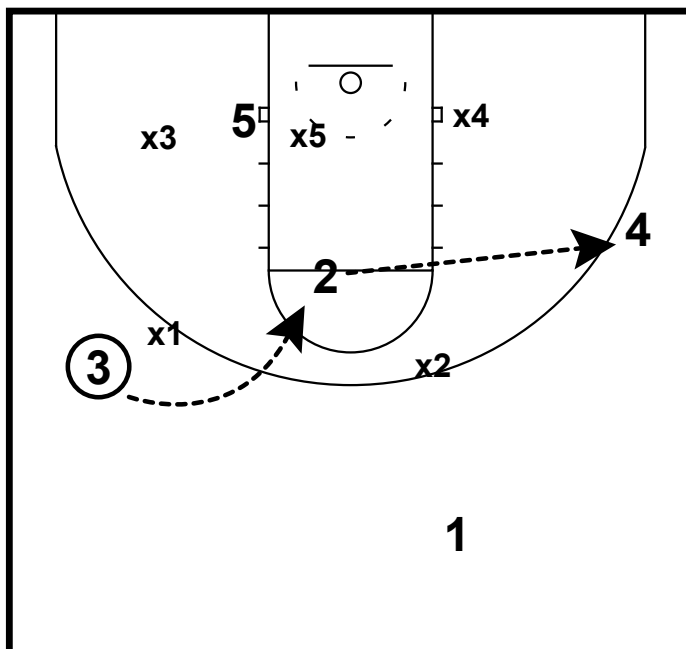
1. On zone recognition 5 empties high post for low block.
2. 2 reverses ball to top and fills high post.

Good Ball Movement-1  
Iowa Penetration & Post Offense



1. Corners lift and 1 reverses ball to 3.

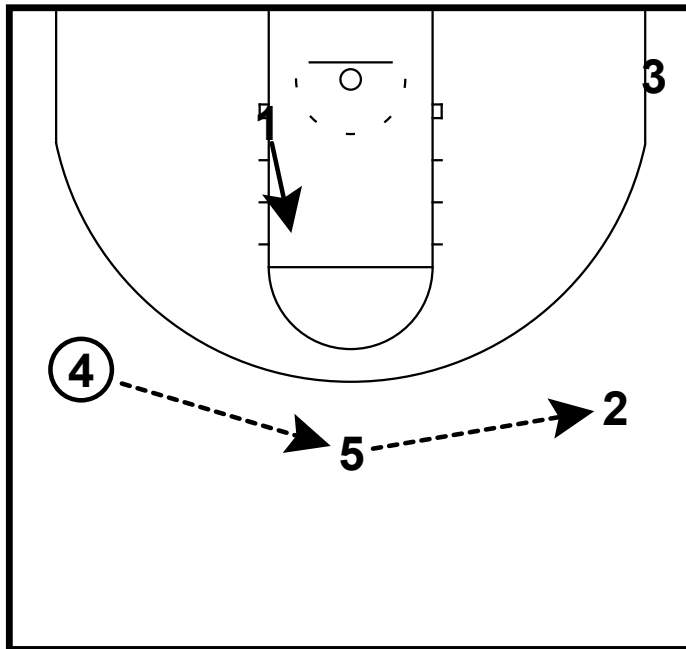
Good Ball Movement-1  
Iowa Penetration & Post Offense



1. 3 enters to high post and ball is kicked out opposite for open 3.

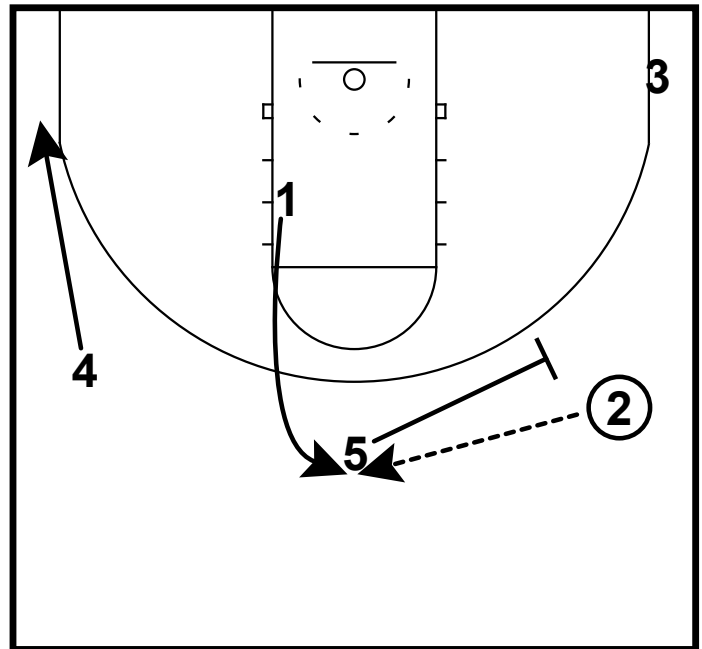
# Penetration & Post Offense

Good Ball Movement- 2  
Iowa Penetration & Post Offense



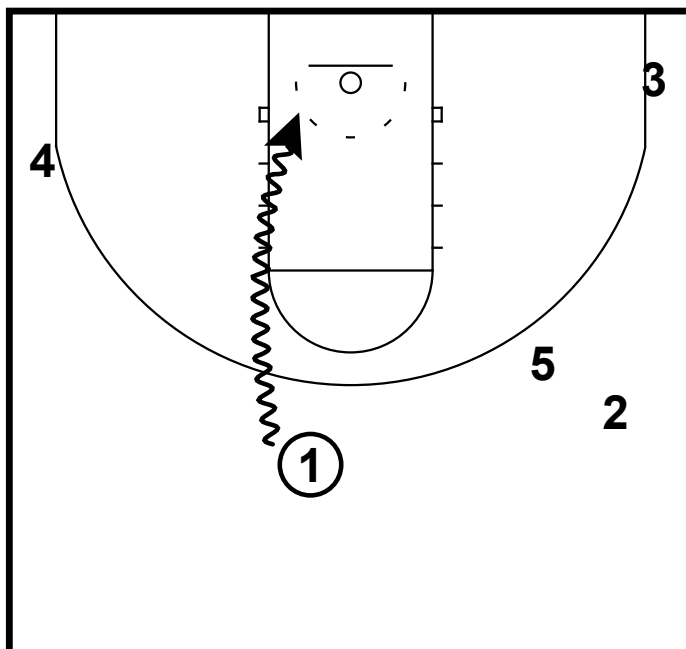
1. Ball reversal to 2.
2. 1 begins to lift from the paint.

Good Ball Movement- 2  
Iowa Penetration & Post Offense



1. 5 follows ball screen to 2.
2. 1 lifts to top of key.
3. 2 hits 1 before initiating into ball screen action.

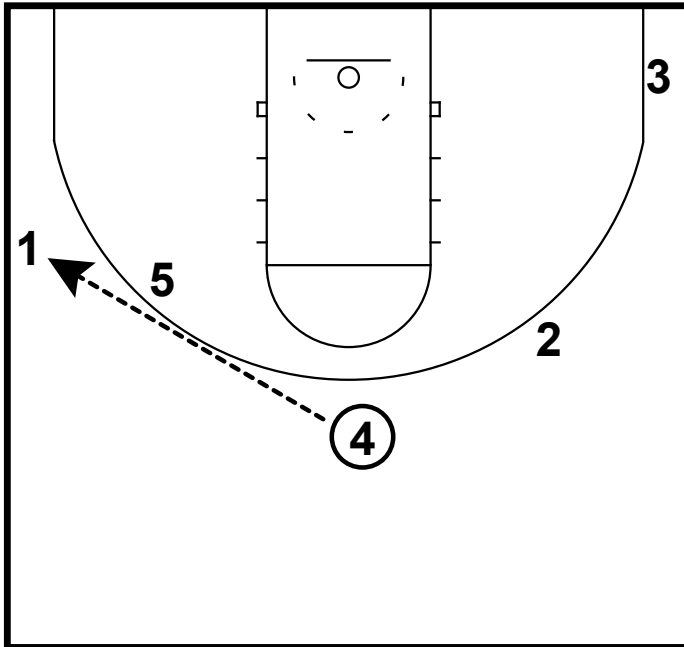
Good Ball Movement- 2  
Iowa Penetration & Post Offense



1. 1 attacks off the catch for rim attack.

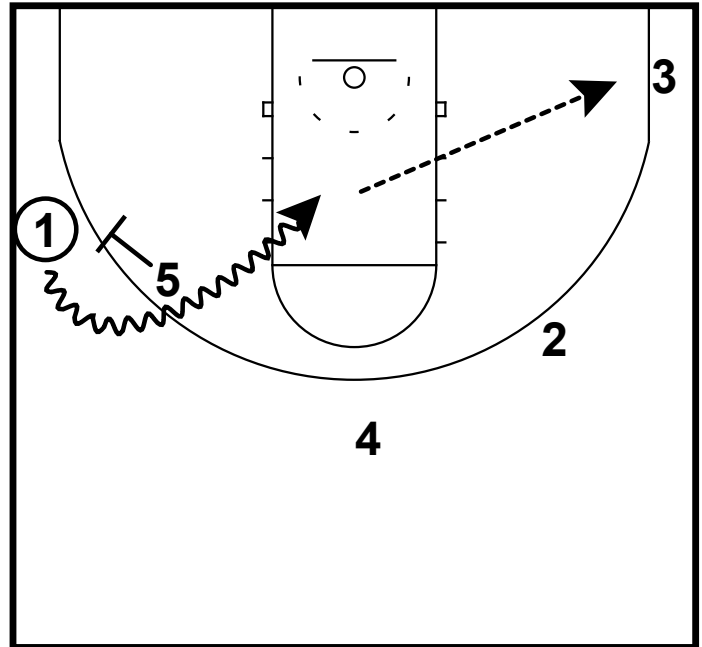
# Penetration & Post Offense

Good Ball Movement-3  
Iowa Penetration & Post Offense



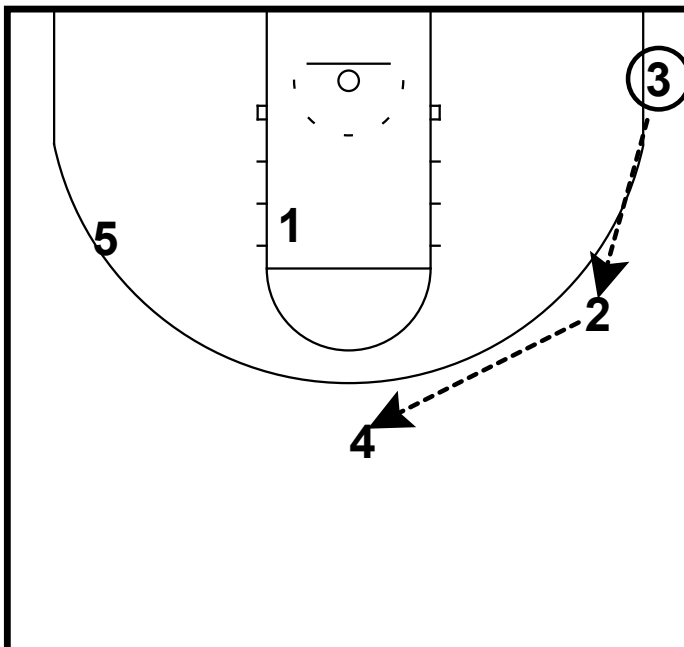
1. Ball is reversed to 1 on the wing.

Good Ball Movement-3  
Iowa Penetration & Post Offense



1. 5 sets a small brush screen for 1.  
2. 1 attacks middle of the paint and kicks to corner.

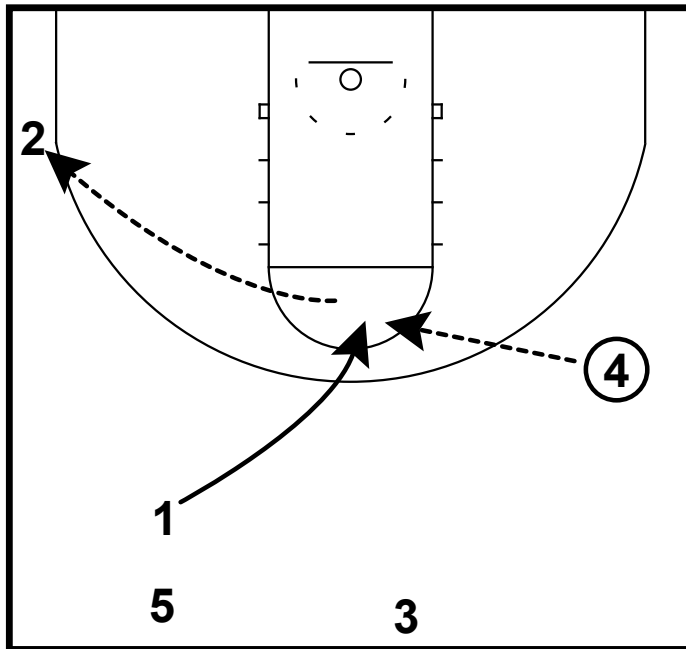
Good Ball Movement-3  
Iowa Penetration & Post Offense



1. Ball reversal to top of key for open 3.

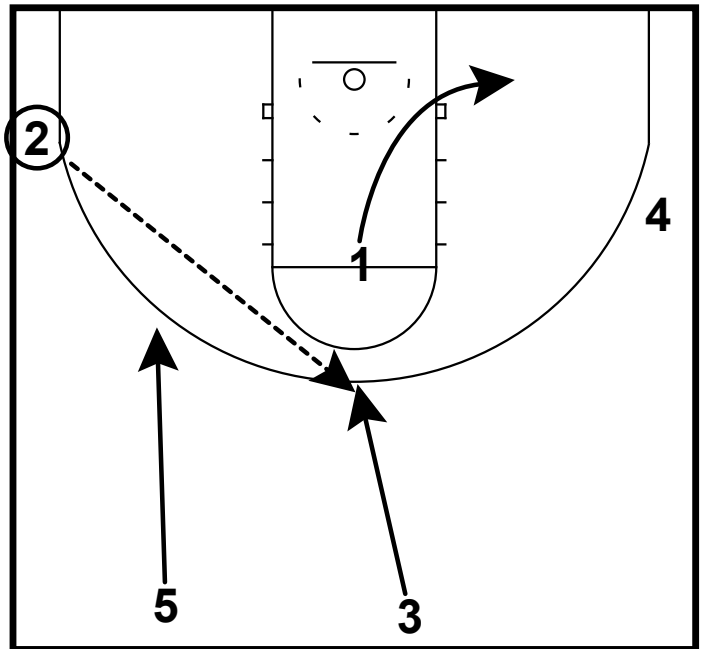
# Penetration & Post Offense

Good Ball Movement-4  
Iowa Penetration & Post Offense



1. In transition, 4 passes to a cutting 1 and then reverses out to the 2.

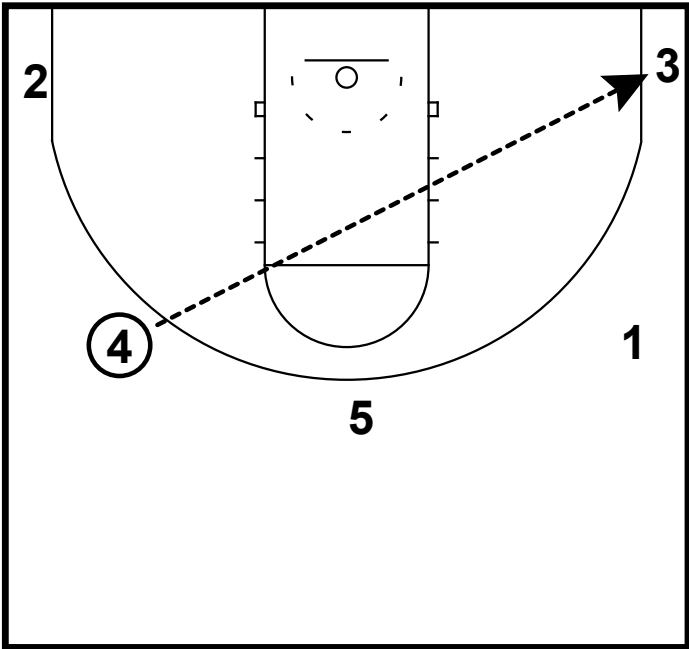
Good Ball Movement-4  
Iowa Penetration & Post Offense



1. 5 and 3 trail the play.  
2. 2 hits 3 on the trail for an open 3.

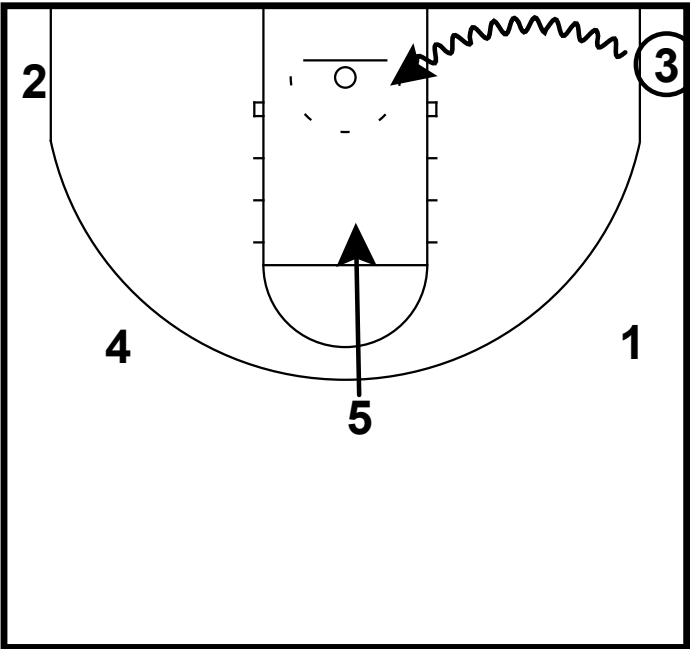
# Penetration & Post Offense

Baseline Drives-1  
Iowa Penetration & Post Offense



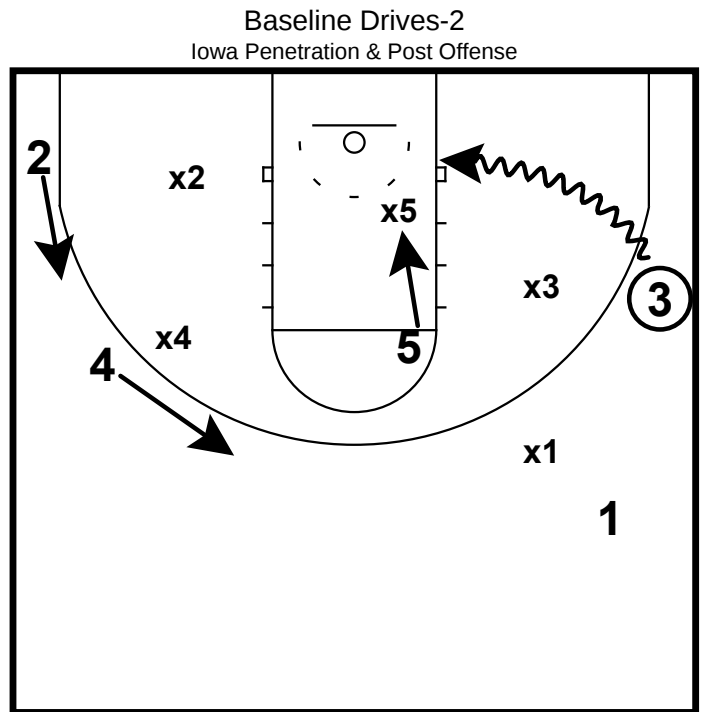
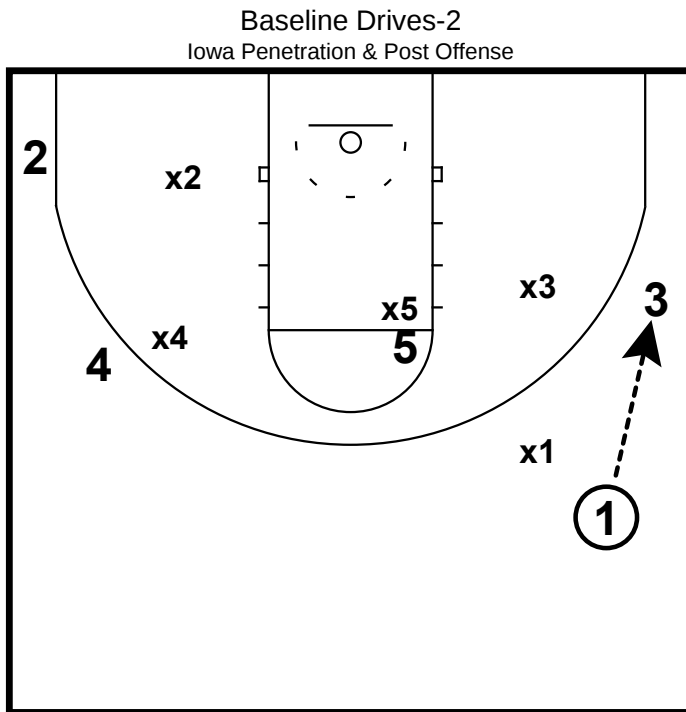
1. Action starts from a skip to the corner.

Baseline Drives-1  
Iowa Penetration & Post Offense



1. On baseline drive, slot player cuts to rim

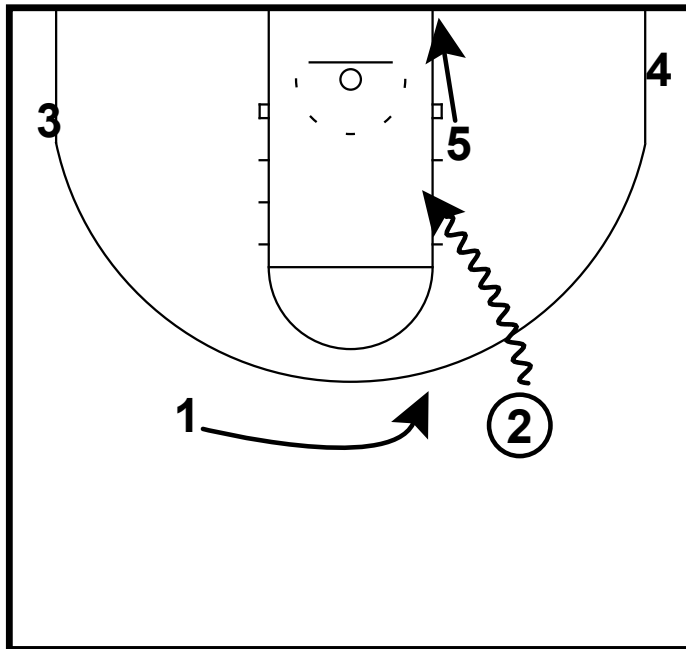
# Penetration & Post Offense



1. On the pass 3 quickly rips baseline.
2. 5 dives to rim.
3. 2 and 4 on weakside circle up to be in vision of ball.

# Penetration & Post Offense

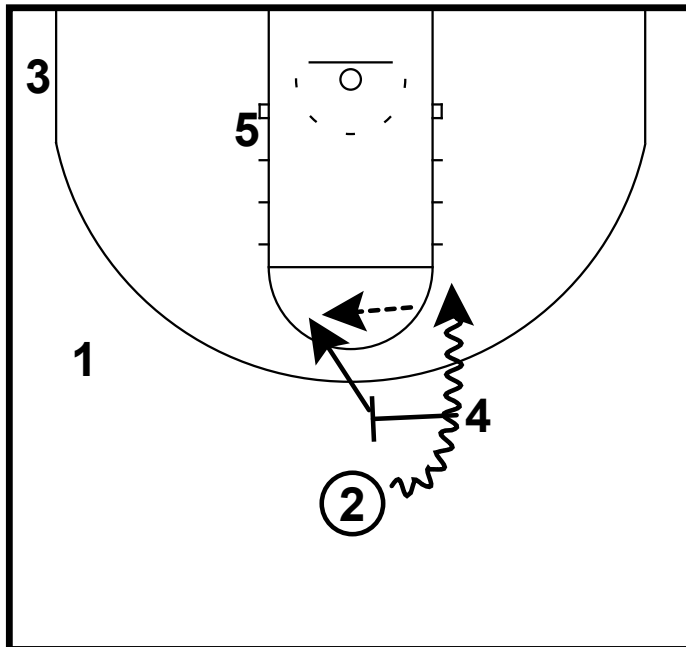
Dropping to Dunker Spot-1  
Iowa Penetration & Post Offense



1. On the drive from 2 towards the player on the block(5) the 5 drops to dunker spot.
2. 1 circles behind the drive.

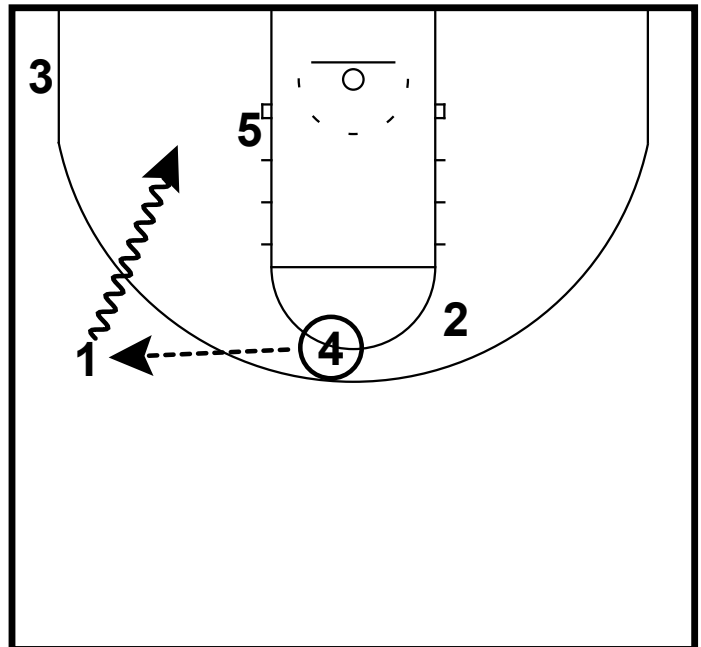
# Penetration & Post Offense

Dropping to Dunker Spot-2  
Iowa Penetration & Post Offense



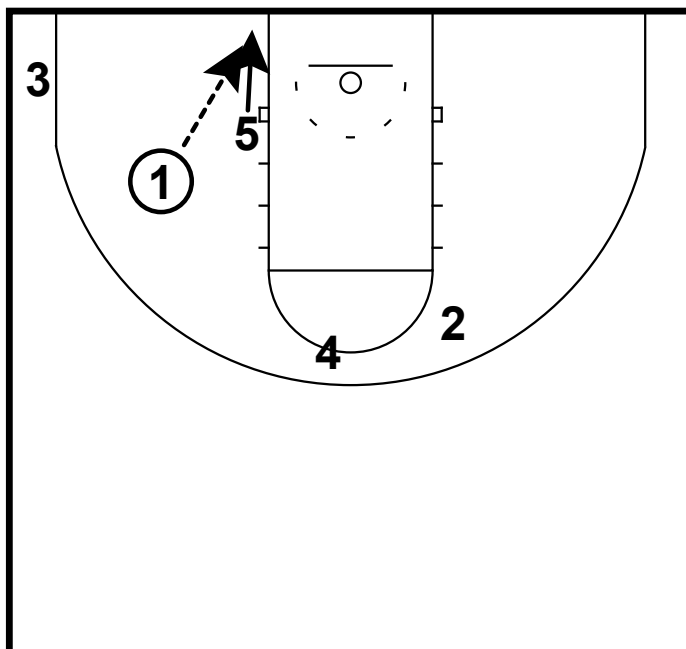
1. Possession starts with high ball screen and short roll.

Dropping to Dunker Spot-2  
Iowa Penetration & Post Offense



1. On kick out to 1. 1 attacks rim at the 5

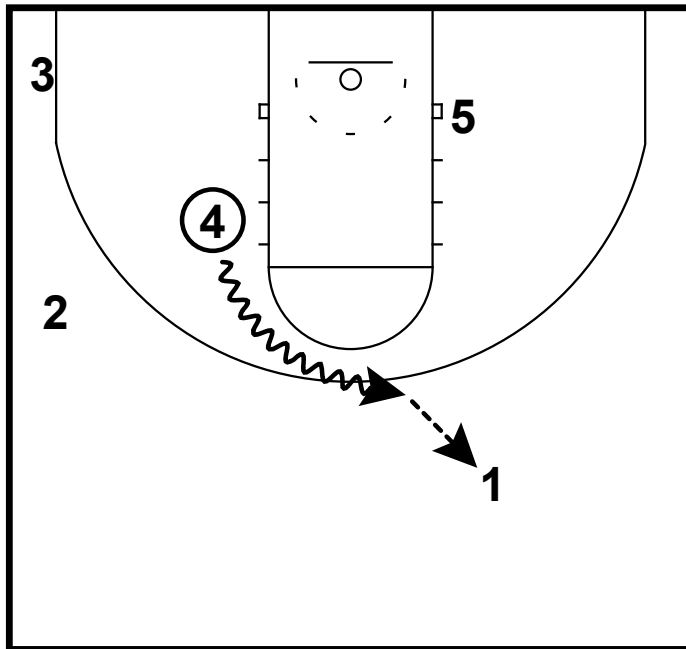
Dropping to Dunker Spot-2  
Iowa Penetration & Post Offense



1. On drive towards player on the block the player(5) drops to dunker spot for drop off.

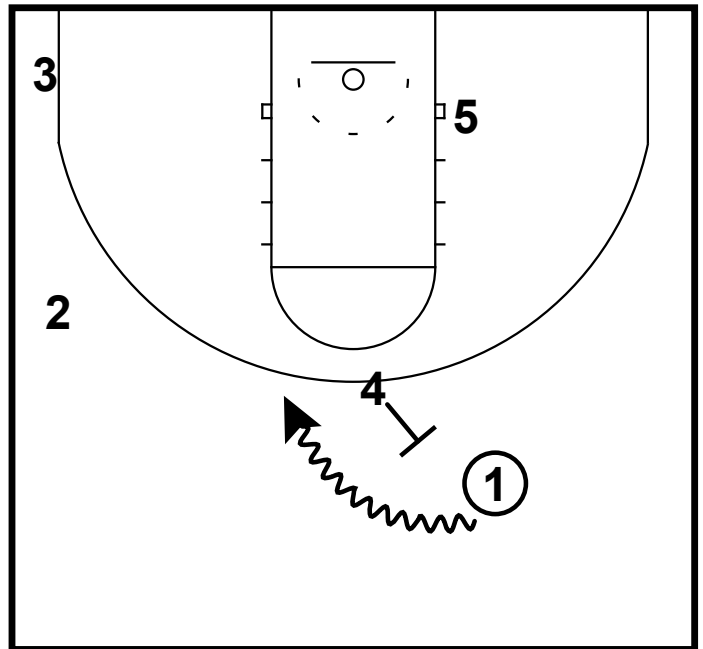
# Penetration & Post Offense

Pulling Back to Iso -1  
Iowa Penetration & Post Offense



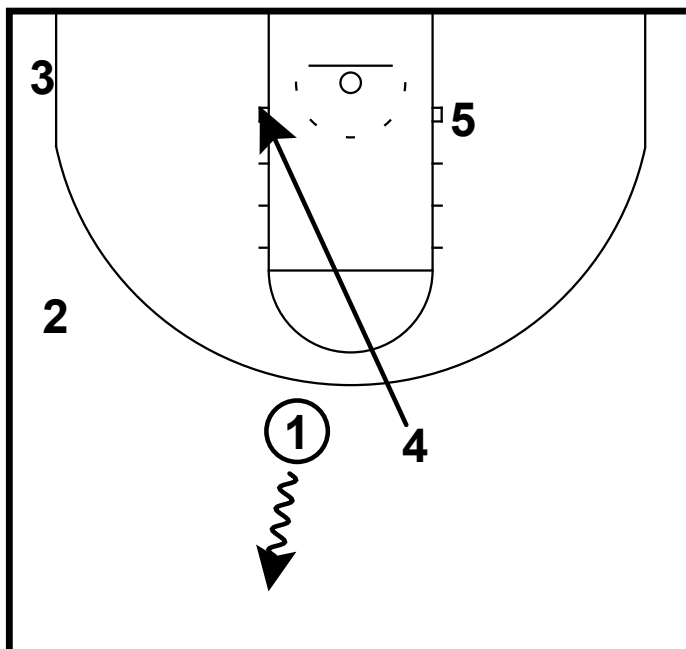
1. 4 dribble hand offs with 1 to initiate high ball screen.

Pulling Back to Iso -1  
Iowa Penetration & Post Offense



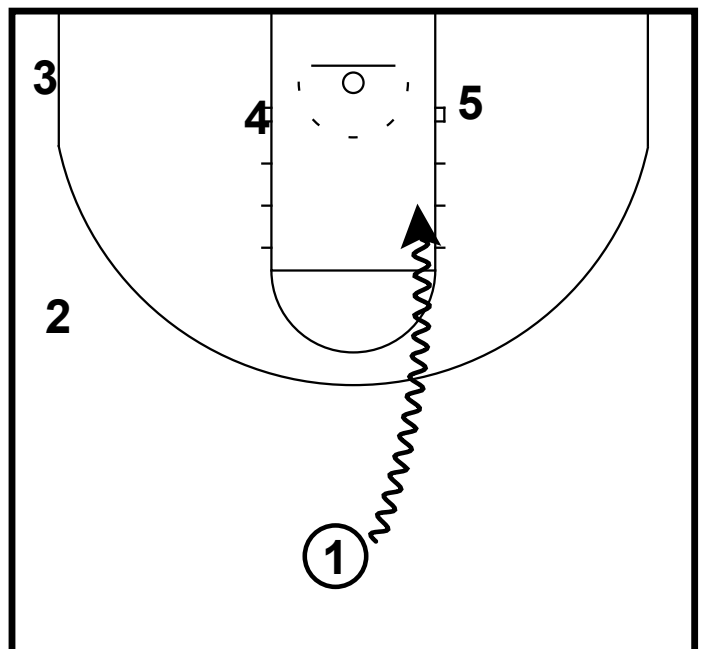
1. 4 sets high ball screen for 1.

Pulling Back to Iso -1  
Iowa Penetration & Post Offense



1. 4 rolls to rim.  
2. Defense switches and 1 pulls ball back to attack mismatch.

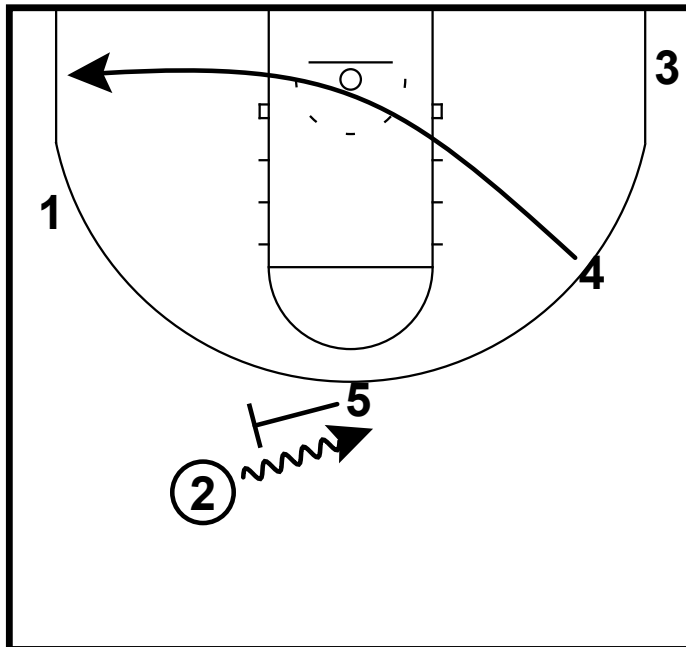
Pulling Back to Iso -1  
Iowa Penetration & Post Offense



1. 1 goes Iso against the mismatch.

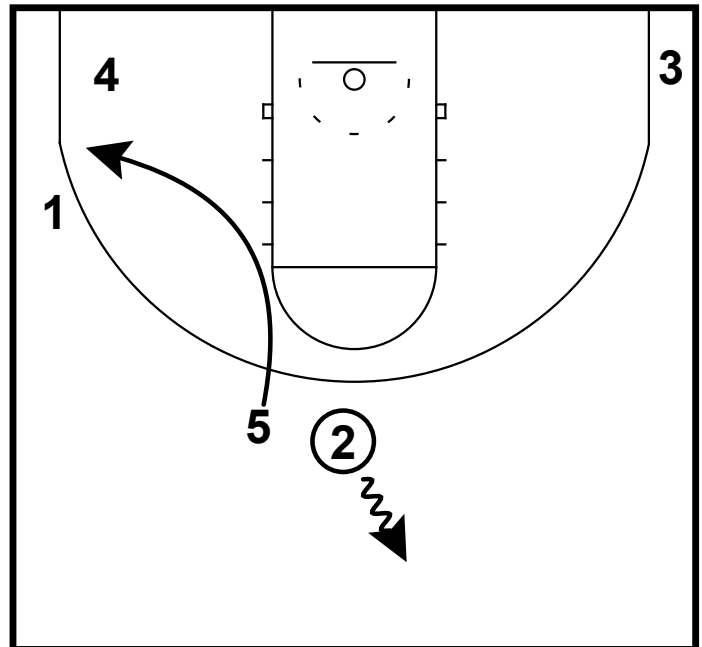
# Penetration & Post Offense

Pulling Back to Iso -2  
Iowa Penetration & Post Offense



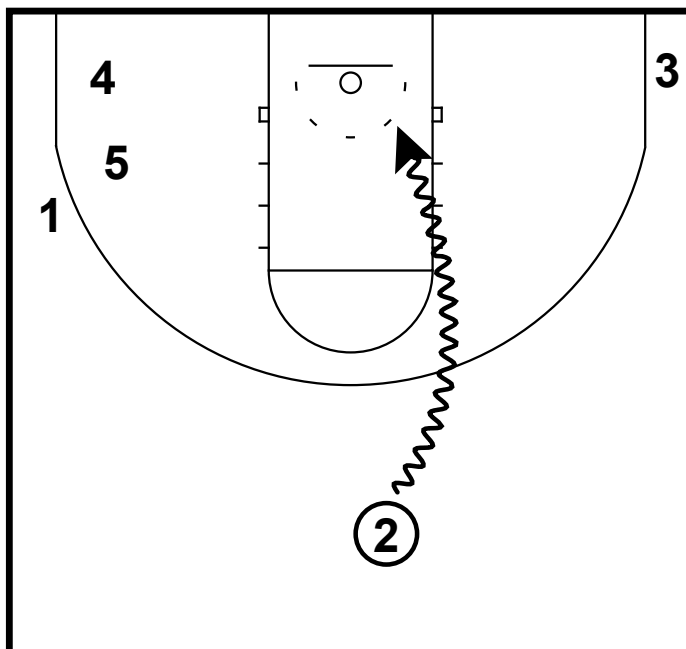
1. 5 sets bal screen for 2.
2. 4 cuts through to create space.

Pulling Back to Iso -2  
Iowa Penetration & Post Offense



1. 5 rolls then clears when defense switches.
2. 2 pulls back to attack mismatch on the switch.

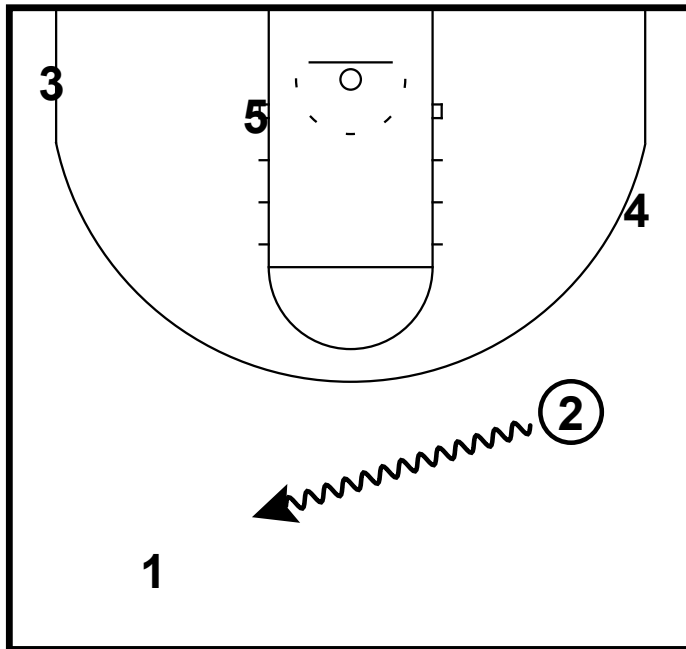
Pulling Back to Iso -2  
Iowa Penetration & Post Offense



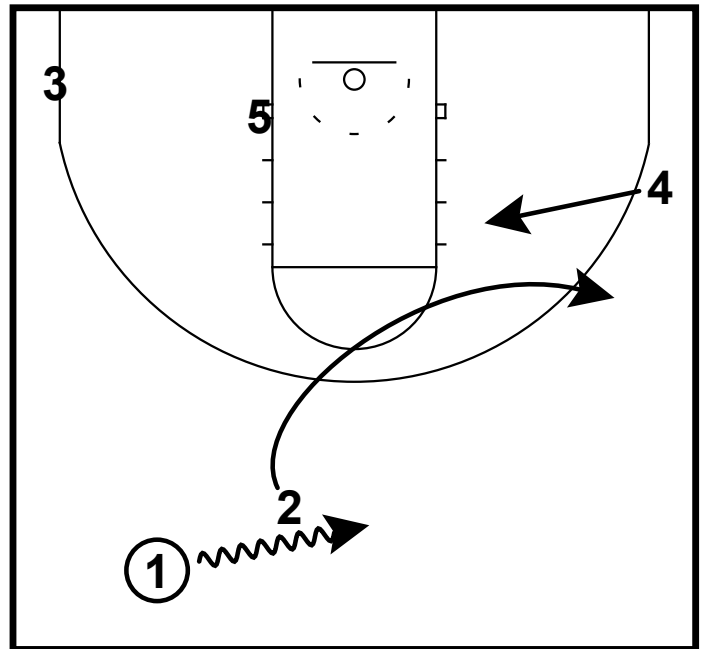
1. 2 attacks rim on the Iso

# Penetration & Post Offense

Pulling Back to Iso -3  
Iowa Penetration & Post Offense

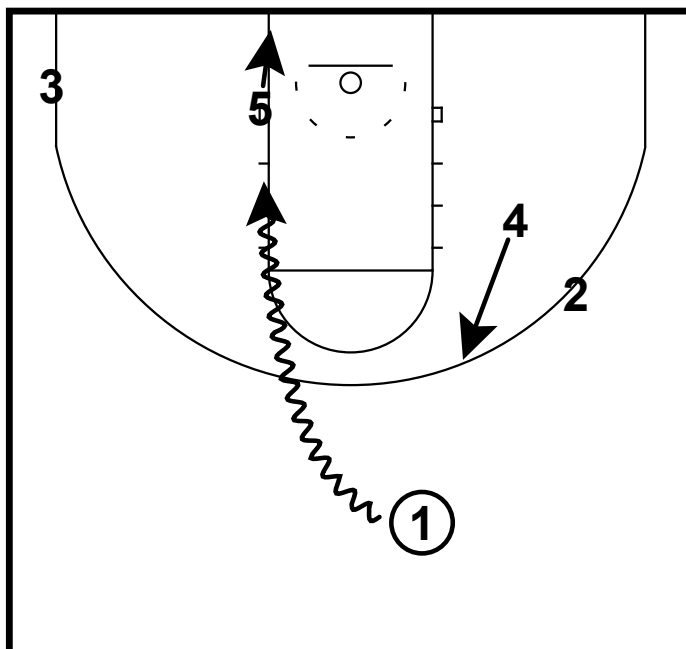


Pulling Back to Iso -3  
Iowa Penetration & Post Offense



1. 2 clears
2. 4 moves toward paint ready to pop behind drive.

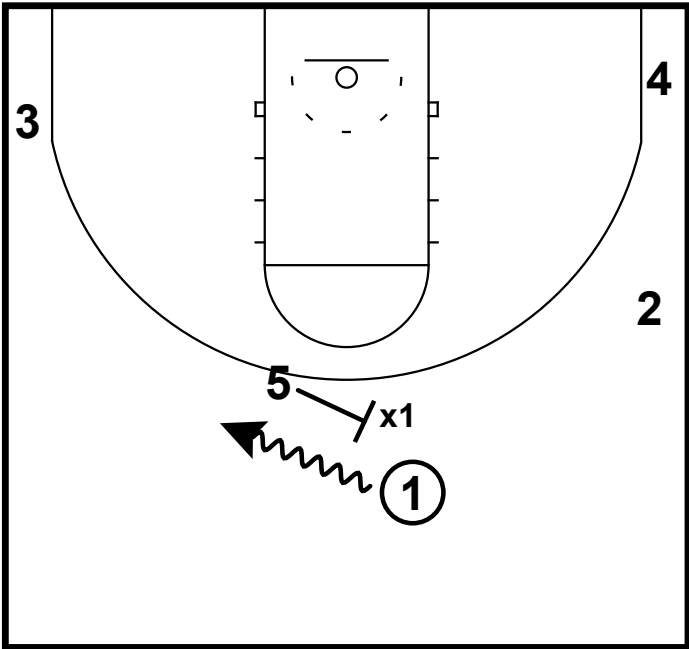
Pulling Back to Iso -3  
Iowa Penetration & Post Offense



1. 1 attacks iso
2. 4 pops behind drive.

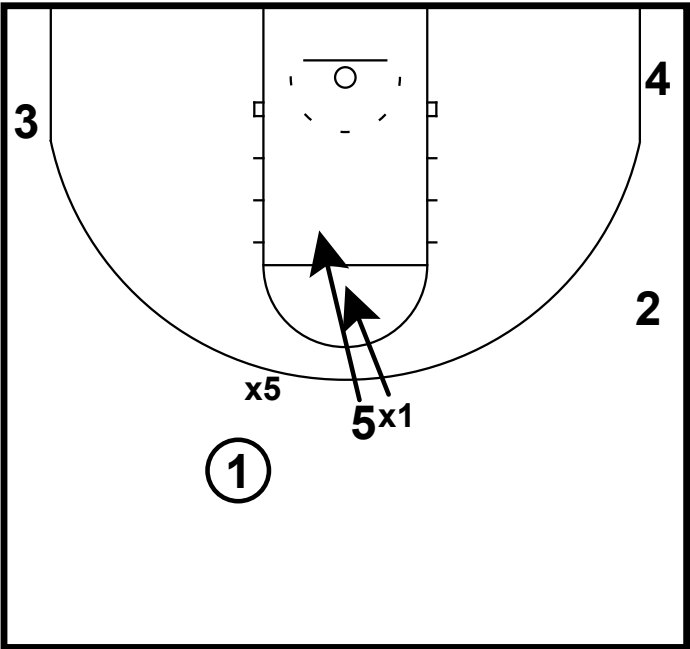
# Penetration & Post Offense

Attacking Off Seals-1  
Iowa Penetration & Post Offense



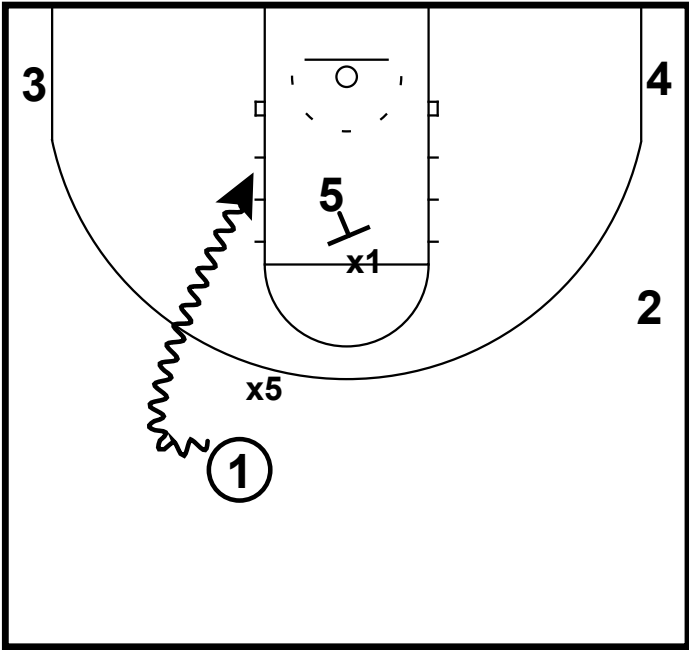
1. High ball screen from 5 to 1.

Attacking Off Seals-1  
Iowa Penetration & Post Offense



1. Defense switches.  
2. 5 short rolls and holds seal on x1

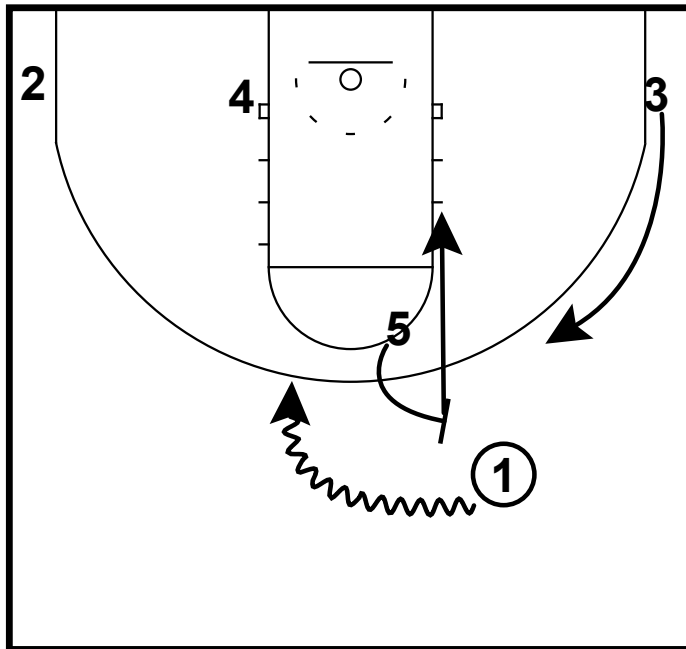
Attacking Off Seals-1  
Iowa Penetration & Post Offense



1. 1 drives the lane that is created by the 5 sealing x1

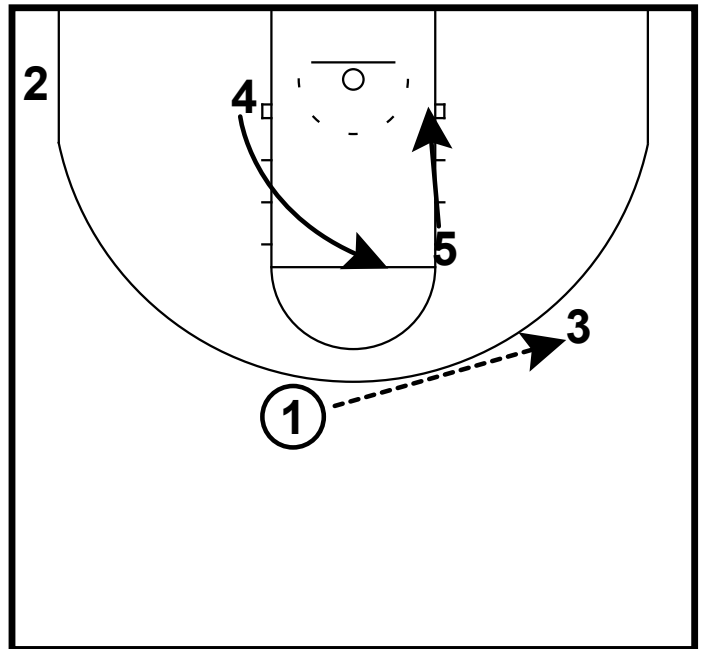
# Penetration & Post Offense

Hi-Lo -1  
Iowa Penetration & Post Offense



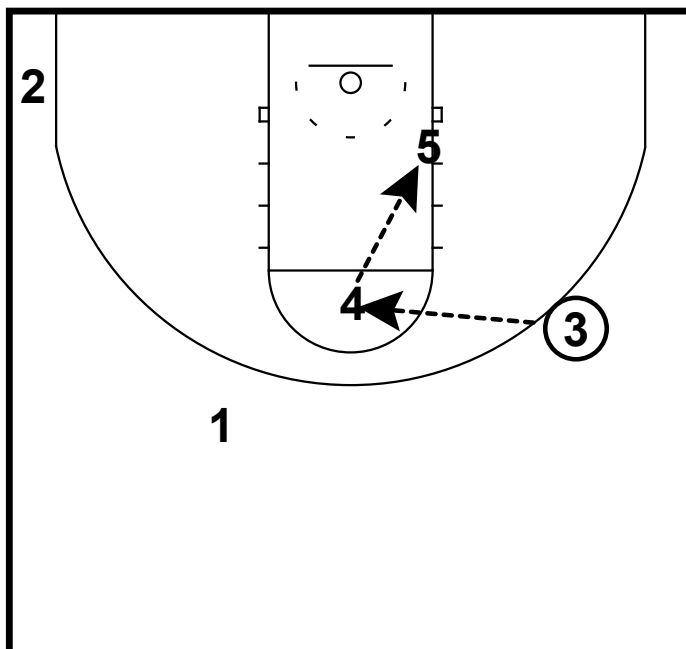
1. Possession starts with high ball screen for 1.
2. 5 rolls and 3 lifts from corner behind the ball screen.

Hi-Lo -1  
Iowa Penetration & Post Offense



1. 1 passes to the 3 on the lift.
2. 4 flashes to high post.

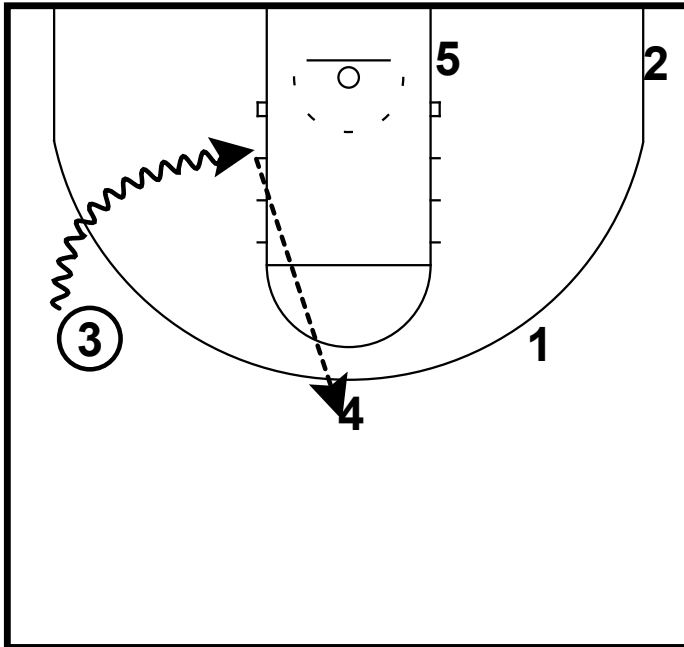
Hi-Lo -1  
Iowa Penetration & Post Offense



1. 3 enters to high post.
2. Hi-Lo to finish the possession for a layup.

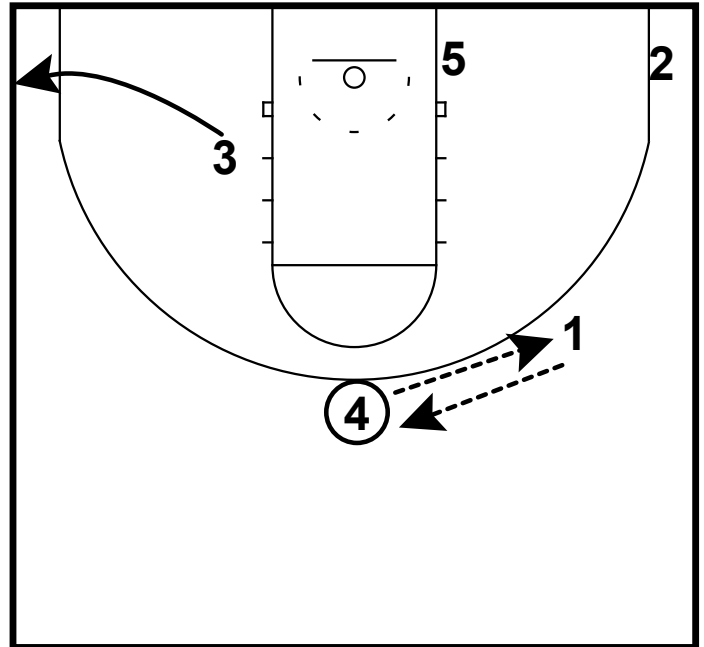
# Penetration & Post Offense

Slot Drives  
Iowa Penetration & Post Offense



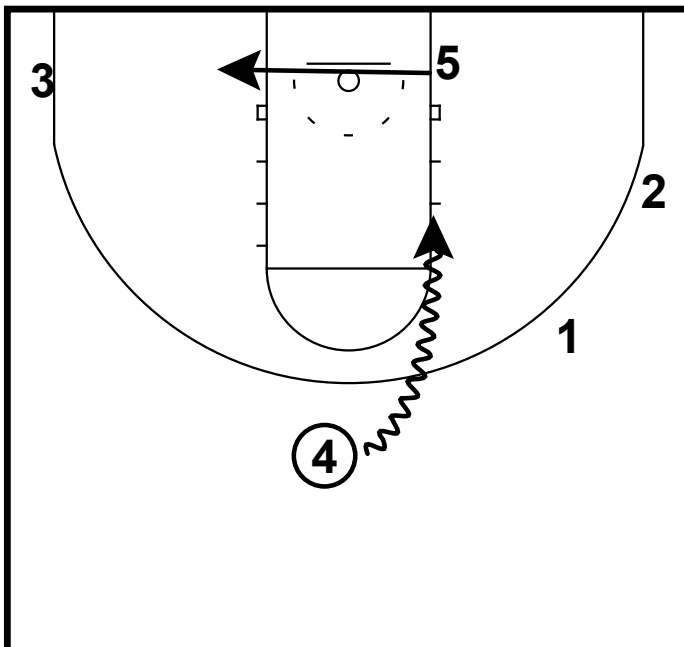
1. 3 drives baseline and kicks to 4 in the slot.

Slot Drives  
Iowa Penetration & Post Offense



1. 4 reverses to 1 and 1 kicks it right back to 4 in slot.
2. 3 relocates back to corner.

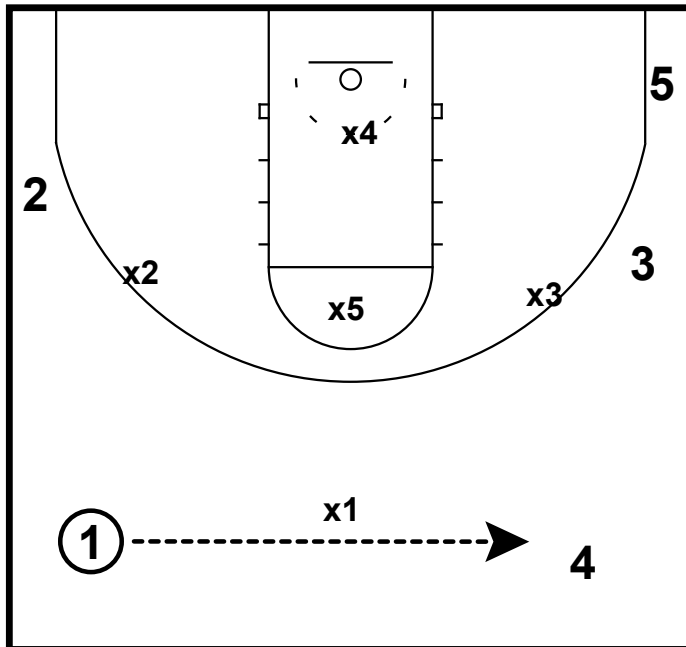
Slot Drives  
Iowa Penetration & Post Offense



1. On 4's slot drive 5 in the dunker spot relocates to opposite block.

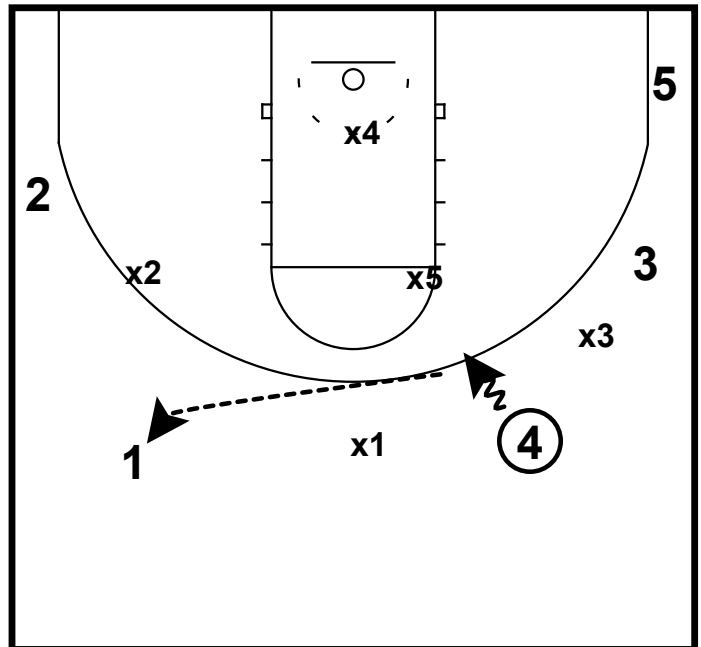
# Zone - Press Offense

Zone - 1  
Zone Offense



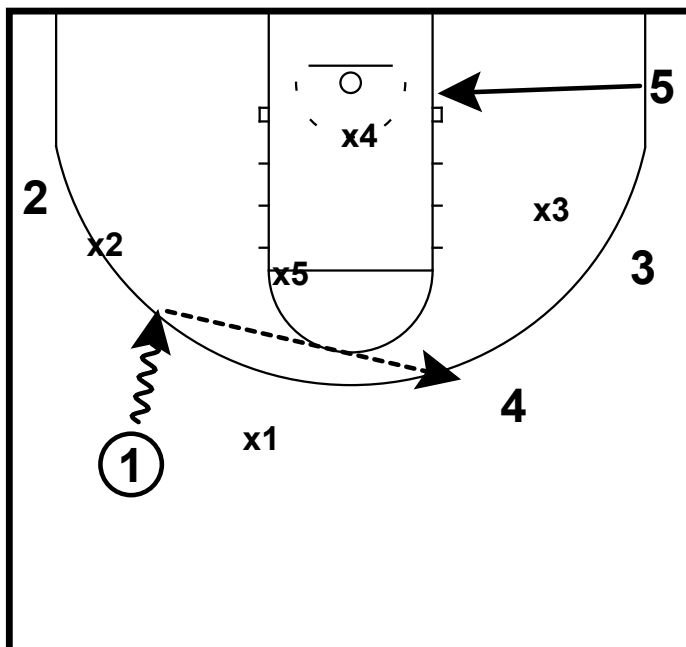
1. 1 and 4 reverse the ball to move the defense.

Zone - 1  
Zone Offense



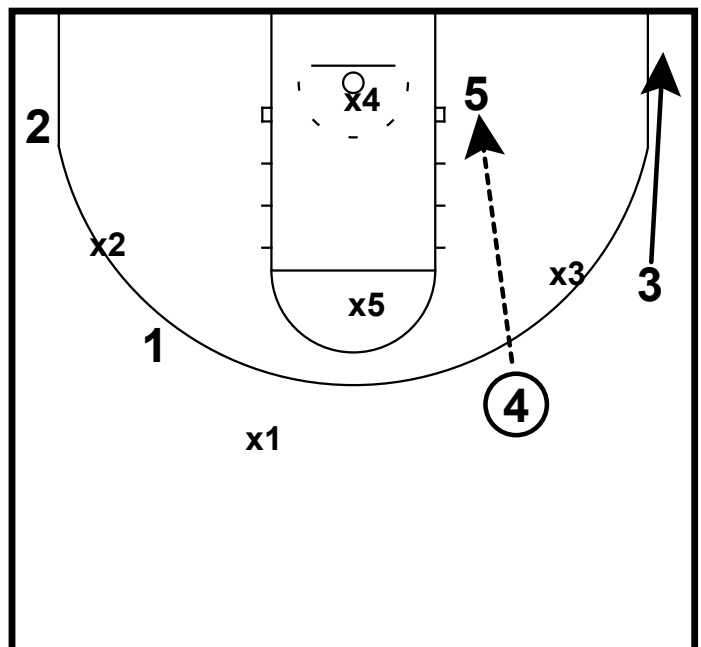
1. 4 attacks a gap and pass fakes to reverse again.

Zone - 1  
Zone Offense



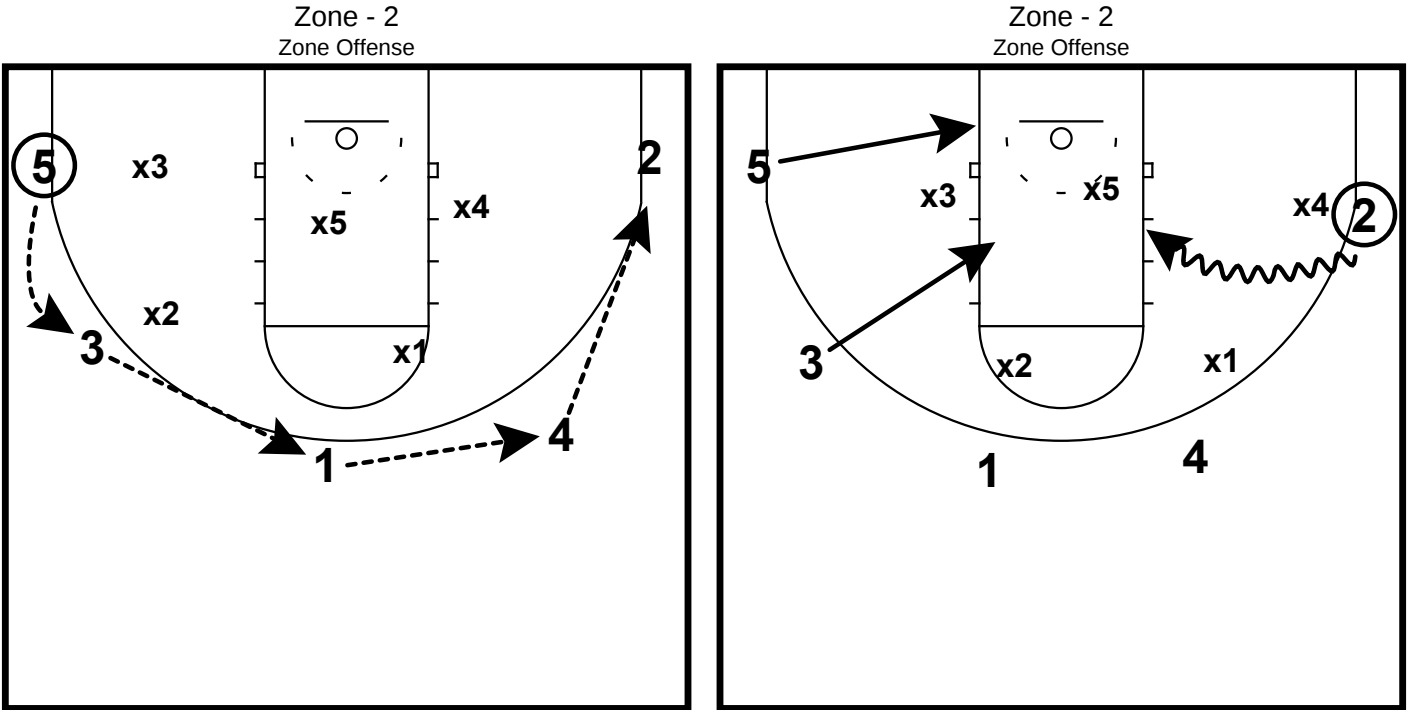
1. 1 attacks the gap and reverses the ball again.  
1. 5 cuts to block when ball is opposite.

Zone - 1  
Zone Offense



1. 3 slides to empty corner.  
2. 4 makes entry to 1v1 post on the block

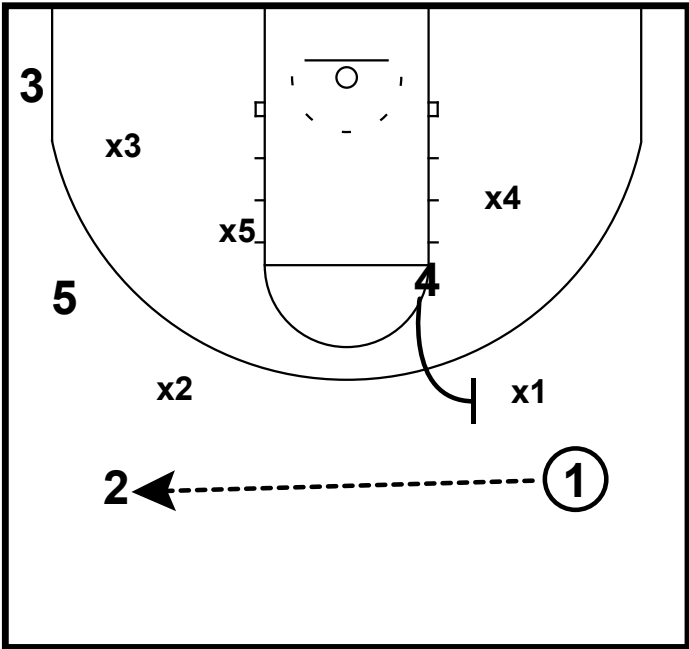
# Zone - Press Offense



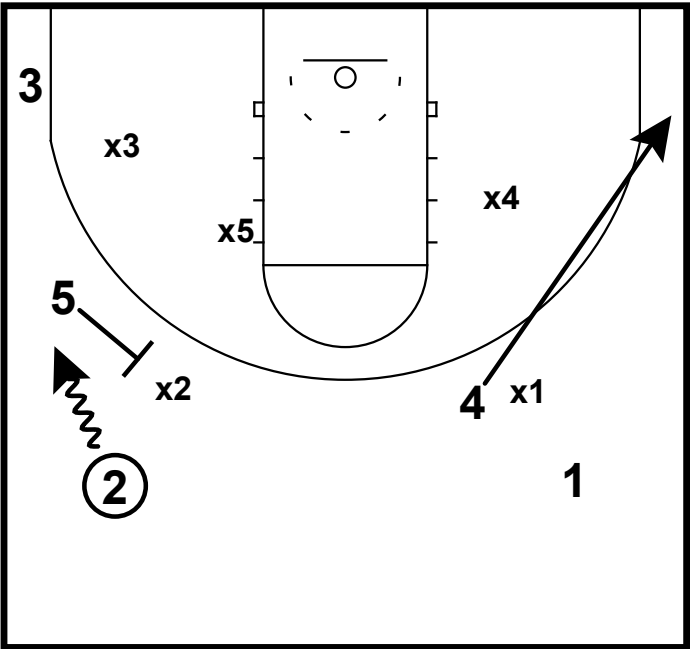
1. As ball is driven to paint weakside cuts to rim.

# Zone - Press Offense

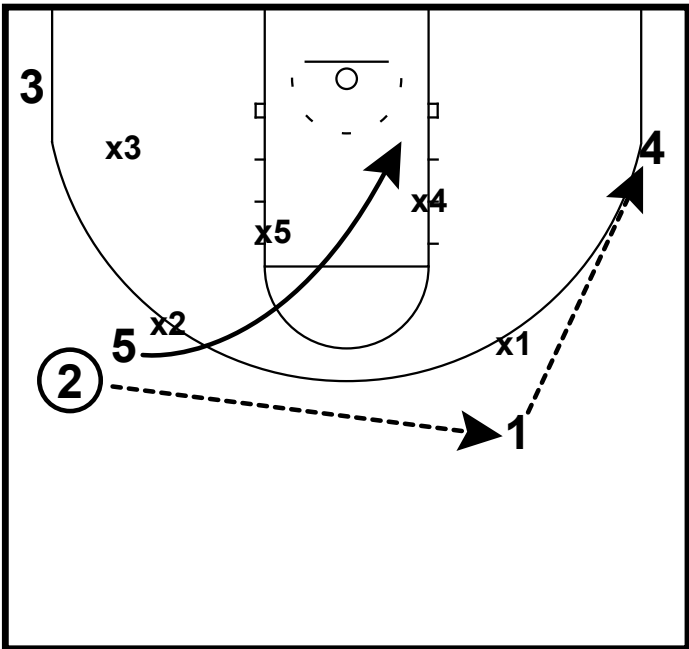
Zone - 3  
Zone Offense



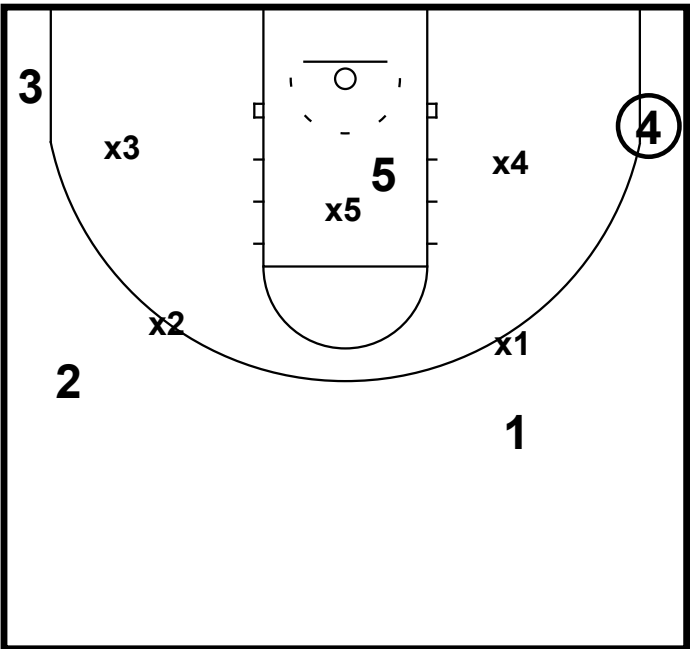
Zone - 3  
Zone Offense



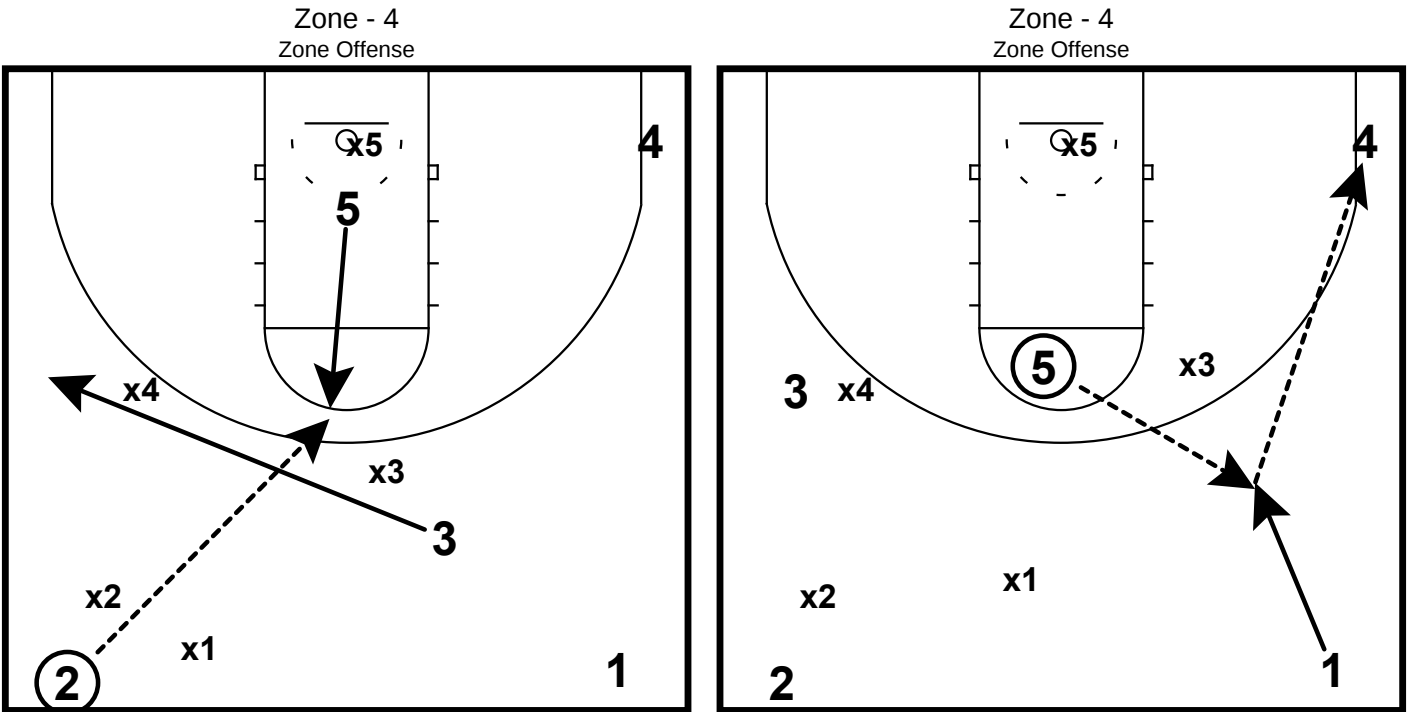
Zone - 3  
Zone Offense



Zone - 3  
Zone Offense

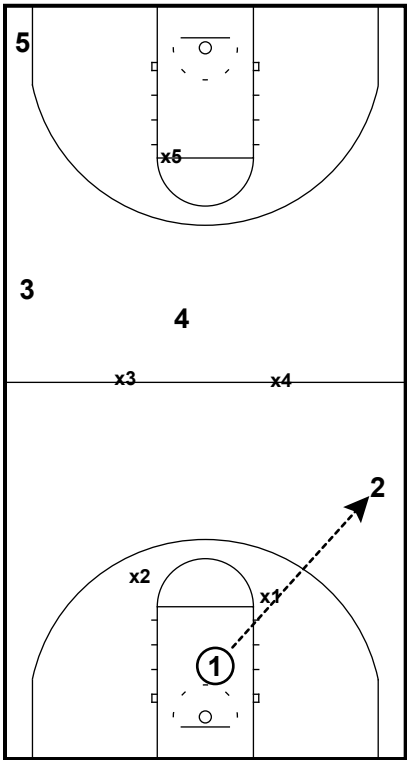


# Zone - Press Offense

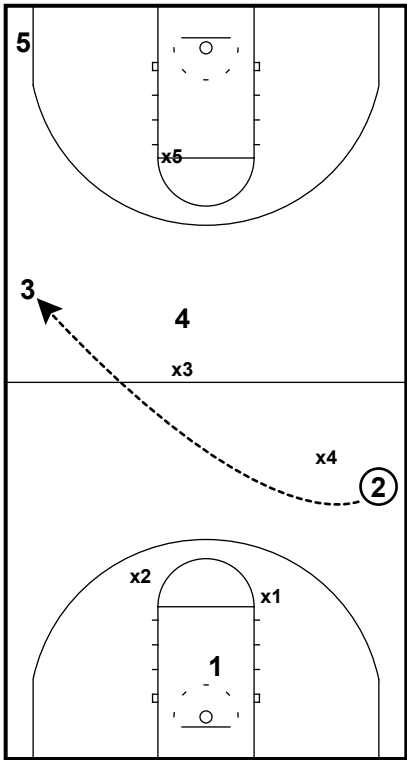


# Zone - Press Offense

Press Offense 1  
Zone Offense



Press Offense 1  
Zone Offense



Press Offense 1  
Zone Offense

