**PRACTICE: SUMMER CAMP #1**

| **UNIFORM** | **NOTES** | **SPECIAL TEAMS** | **PRE-PRACTICE** |
| --- | --- | --- | --- |
| HELMETS |  | PUNT/PR | **BLITZ PICKUP**  **SETTLE AND NEUSE / PAT N GO** |

| **FORMATION** | **MOTION** | **RUNS** | **PLAY ACTION** | **QUICK** | **DEEP** | **SCREENS** |
| --- | --- | --- | --- | --- | --- | --- |
| ACE  EARLY / LATE  LT / RT  TRIO / TREY | HUSTLE  YODA | TEXAS  PORTLAND | LAP 619 | 617 / 619  8 | 6  66 | RANDY 1  LINGO 3 |

| **TIME** | **OL** | **RB** | **WR** | **QB** | **Y** |
| --- | --- | --- | --- | --- | --- |
| **3:00** | **BLITZ PU** | **SETTLE AND NEUSE** | | | |
| **3:05** | **BLITZ PU** | **PAT N GO** | | | |
| **3:10** | **TEAM FLEX** | | | | |
| **3:15** |
| **3:20** | **TEAM SCREEN OR 20 PLAYS** | | | | |
| **3:25** |
| **3:30** | **INDY** | **INDY** | **ROA** | | |
| **3:35** | **INDY** | **INDY** |
| **3:40** | **INDY** | **7 V 7** | | | |
| **3:45** | **INDY** |
| **3:50** | **INSIDE** | | **INDY** | **INSIDE** | |
| **3:55** | **INDY** |
| **4:00** | **REDZONE, 3RD DOWN, OR RPO/PA** | | | | |
| **4:05** |
| **4:10** | **TEAM** | | | | |
| **4:15** |
| **4:20** |
| **4:25** | **SPECIAL TEAMS**  **PUNT / PR** | | | **INDY** | **SPECIAL**  **TEAMS**  **PUNT/ PR** |
| **4:30** | **INDY** |
| **4:35** | **INDY** |
| **4:40** | **INDY** |