**PRACTICE: SUMMER CAMP #1**

| **UNIFORM** | **NOTES** | **SPECIAL TEAMS** | **PRE-PRACTICE** |
| --- | --- | --- | --- |
| HELMETS |  | PUNT/PR | **BLITZ PICKUP****SETTLE AND NEUSE / PAT N GO** |

| **FORMATION** | **MOTION** | **RUNS** | **PLAY ACTION** | **QUICK** | **DEEP** | **SCREENS** |
| --- | --- | --- | --- | --- | --- | --- |
| ACEEARLY / LATE LT / RT TRIO / TREY  | HUSTLE YODA  | TEXAS PORTLAND | LAP 619  | 617 / 619 8 | 6 66 | RANDY 1 LINGO 3 |

| **TIME** | **OL** | **RB** | **WR** | **QB** | **Y** |
| --- | --- | --- | --- | --- | --- |
| **3:00** | **BLITZ PU** | **SETTLE AND NEUSE** |
| **3:05** | **BLITZ PU** | **PAT N GO**  |
| **3:10** | **TEAM FLEX** |
| **3:15** |
| **3:20** | **TEAM SCREEN OR 20 PLAYS** |
| **3:25** |
| **3:30** | **INDY** | **INDY** | **ROA** |
| **3:35** | **INDY** | **INDY** |
| **3:40** | **INDY** | **7 V 7**  |
| **3:45** | **INDY** |
| **3:50** | **INSIDE** | **INDY** | **INSIDE** |
| **3:55** | **INDY** |
| **4:00** | **REDZONE, 3RD DOWN, OR RPO/PA** |
| **4:05** |
| **4:10** | **TEAM**  |
| **4:15** |
| **4:20** |
| **4:25** | **SPECIAL TEAMS** **PUNT / PR**  | **INDY** | **SPECIAL** **TEAMS** **PUNT/ PR**  |
| **4:30** | **INDY** |
| **4:35** | **INDY** |
| **4:40** | **INDY** |